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| |  |  | | --- | --- | | **Monday, March 16, 2020**  Red Beans with Rice and Smoke Sausage  Fried Pork Chop  Grilled Salmon  Creamed Spinach  Fried Corn Nuggets  Corn Maque Choux  Parsley Roasted Potato  Vegetable Blend  **Combo**: Red Beans with Rice and Smoke Sausage, Side and 16oz Beverage  **Eat Fit: Grilled Salmon, Side, 16oz. Water or Tea**  **Tuesday, March 17, 2020**  Homemade Meatloaf  Baked Chicken Quarters  Grilled Mahi Mahi  Veggie Blend  Green Peas  Buttered Carrots  Corn  Mashed Potatoes  Fried Okra  **Combo:** Meatloaf, Side, 16oz Beverage  **Eat Fit:** Grilled Mahi, Side, 16oz Water or Tea    **Wednesday, March 18, 2020**  Chicken Pot Pie  Shrimp Etouffee  Grilled Chicken  Steamed Rice  Green Beans  Veggie Blend  Fried Broccoli Bites  Steamed Corn  Baked Potato Casserole  **Combo**: Chicken Pot Pie, Side, 16oz Beverage  **Eat Fit**: Grilled Chicken Breast, Side, 16oz. Water or Tea | **Thursday, March 19, 2020**  **Lasagna**  **Smothered pork Chop with Sausage and Potatoes**  **Grilled Tuna**  **Fried Green Beans**  **Honey Carrots**  **Sweet Potato Casserole**  **Garlic Bread**  **Green Bean Casserole**  **Buttered Corn**  Veggie Blend  **Combo**: Lasagna, Side, 16oz. beverage  **Eat Fit**: Grilled Tuna, Side, 16oz. Water or Tea    **Friday, March 20, 2020**  Fried Catfish  Crawfish Stuffed Catfish with Monica Sauce  Grilled Chicken Breast  French Fries  Buttered Carrots  Coleslaw  Broccoli and Cheese  Buttered Noodles  Green Peas  **Combo**: Fried Catfish, Side, 16oz Beverage  **Eat Fit**: Grilled Chicken Breast with Side, 16oz. Water or Tea  \*Menu & combo’s subject to change without notice  We always appreciate all input and suggestions!  Email your comments to Jeffrey Smith at: [jeffrey.smith@ochsner.org](mailto:jeffrey.smith@ochsner.org)  Thank you for your continued support! | |  |