

# *February 2024*

## *Calendar of Events*

### *Baton Rouge Region*



**2024 Renewal Fees are due now for your membership to remain active.**  
**You can renew online via the Cloud: [ochsner.my.site.com/goldenopportunity](https://ochsner.my.site.com/goldenopportunity).**  
**You can also mail checks (\$20 per person) to the GO office.**  
**Thank You to those who have submitted payment already.**

#### **RSVP REQUIRED FOR ALL EVENTS**

Please check your email often. There may be instances when unexpected and exciting activities or information will be added after the Calendar of Events have been distributed.

#### **FEBRUARY 8 (THURSDAY): MONTHLY MEETING – HEALTHY EATING DEMONSTRATION**

Ochsner 65 Plus Community Room, 7949 Jefferson Hwy #B Personal Transportation  
Speaker: Eva Davis, LSU Agriculture Nutritionist  
How many serving sizes do you eat at one time? Are you watching your fat intake? You will be surprised at what we consume daily. Ms. Eva Davis will direct our path in healthy eating.  
Snack provided.  
10:00am – 12:00pm Limit of 40 Attendees FREE

#### **FEBRUARY 9 (FRIDAY): COFFEE CALL**

3132 College Dr Suite F, Baton Rouge, LA 70808 Personal Transportation  
Let us meet for that Liquid Gold to kick off a great start for the rest of the day. See you there!  
10:00am – 11:00am Limit of 20 Attendees ON YOUR OWN

#### **FEBRUARY 12 (MONDAY): COOKING WITH CHEF NINO AT OCHSNER 65 PLUS**

Ochsner 65 Plus Community Room, 7949 Jefferson Hwy #B Personal Transportation  
Chef Nino will entertain you with his jokes while doing his cooking demonstration. Attendees will delight in the tastings of his culinary masterpiece.  
10:30 am – 11:30 pm Limit of Attendees FREE

#### **FEBRUARY 15 (THURSDAY): DAY TRIP - ANNUAL DAY AT THE RACES**

Join us at the New Orleans Fairgrounds for fun, excitement, thrills, intrigue, and adventure. And best of all, a chance to win a lot of money! It's the third oldest thoroughbred race meet in the U.S., with over six hundred of the newest slots. It's famously known as "the home of big thrills" in New Orleans. Cost will include lunch, admission, racing program, and non-alcoholic beverages. The races will start at 12:45pm, with the dining room opening at 12pm for seating. Buffet Menu: Assorted Freshly Baked Rolls, Garden Salad with Peppercorn Ranch Dressing, Chicken Alfredo Penne Pasta, Chicken & Andouille Jambalaya, Sautéed Vegetable Medley, Traditional Bread Pudding topped with Brandy Sauce. Tea, Water, Coffee, and a cash bar are available for drinks.  
Bus departs 8:00am Ochsner Cancer Center 17050 Medical Center Drive  
Bus returns at approximately 5:00pm Limit of 50 Attendees \$89pp

#### **FEBRUARY 21 (WEDNESDAY): CULINARY RUN – DRUSILLA SEAFOOD RESTAURANT**

3482 Drusilla Lane Baton Rouge, Louisiana 70809 Personal Transportation  
Drusilla's is a family-owned business that has been a Baton Rouge staple for about 40 years. They offer an extensive menu of fried, broiled, and blackened seafood dishes. Drusilla's serves the most authentic Louisiana cuisine in the city; consistently recognized as the "Best Seafood in Baton Rouge" by local food critics and loyal customers.  
11:00am - 1:00pm Limit of 25 Attendees ON YOUR OWN

## **FEBRUARY 29 (THURSDAY): MOVIE REVIEW – TO BE ANNOUNCED**

AMC Theater located at 16040 Hatteras Ave, Baton Rouge, LA 70816

Personal Transportation

\$7.36 (includes tax) and enjoy a snack pack at the cost of \$6.00.

10:00am

Limit of 75 Attendees

ON YOUR OWN

## **UPCOMING EVENTS:**

### **MARCH 2 (SATURDAY): DAY TRIP - “AIN’T TOO PROUD” THE LIFE AND TIMES OF THE TEMPTATIONS**

Join us for an unforgettable experience at the Saenger Theater. This electrifying, new smash-hit Broadway musical follows The Temptations extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. With their signature dance moves and silky-smooth harmonies, they rose to the top of the charts creating an amazing 42 Top Ten Hits with 14 reaching number one. “*Ain’t Too Proud*” tells the thrilling story of brotherhood, family, loyalty, and betrayal, as the group’s personal and political conflicts threatened to tear them apart during a decade of civil unrest in America.

2PM Performance, more details to come.

\$132pp

## **UPCOMING TRIPS:**

**APRIL 29 – MAY 2 (MONDAY – THURSDAY): ROAD TRIP - BLUE BELL SPRING FLING**

**AUGUST 18 – 25, 2024 (SUNDAY–SUNDAY): EXTENDED TRIP – 7 DAY WESTERN CARIBBEAN CRUISE**

**SEPTEMBER 6 – 14 (FRIDAY – SATURDAY): EXTENDED TRIP – CRUISE TO ALASKA**



We are still collecting gently used books, media, and craft items for injured recruits in our country’s military basic training installations. The items are shipped to military basic training facilities for injured recruits in medical rehabilitation units. Please bring your items to the GO office.

**Our Departure for Baton Rouge trips is always at the following location unless noted otherwise.  
17050 Medical Center Dr, Baton Rouge, LA 70816, in front of the Cancer Center**

**Please send your mail to the new office address:**

**Ochsner 65Plus - Golden Opportunity - 7949 Jefferson Hwy, Suite B - Baton Rouge, LA 70809**

**A dedicated telephone line** has been set up with Ochsner Scheduling Department for GO members to schedule medical appointments without any delays. **Baton Rouge: 225-761-5824**

**\*\*Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. Please check availability with the GO office before mailing a check and send separate checks for events.**

**RSVP IS REQUIRED FOR ALL EVENTS.**

**All trips are non-refundable.** Every attempt will be made to sell your seat to someone on the wait list if you need to cancel.  
**YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.**

### **For Additional Information Contact:**

Cassie Broussard, Program Coordinator

[cabroussard@ochsner.org](mailto:cabroussard@ochsner.org)

225-755-4984 office

[ochsner.org/go](http://ochsner.org/go)

Ochsner 65Plus

Golden Opportunity

7949 Jefferson Hwy, Suite B

Baton Rouge, LA 70809