

Direct Service Partners

A'sani Heartbeat Foundation 4930 Washington Ave., New Orleans

- . (504) 414-1353 www.asaniheartbeat.org
- M-F: 9 AM 5PM

Catholic Charities Archdiocese of New

- Orleans/Access Pregnancy . 921 Aris Ave, Suite B, Metairie 70002
- . (504) 832-1503
- www.ccano.org/access-pregnancy-services . T. W. Th: 9AM - 4PM

City of Kenner/Conchita Sully Hispanic Resource Center

- · 4312 Florida Ave, Kenner 70065
- . (504) 469-2570
- www.kenner.la.us/452/Conchita-Lacayo-Sulli-Hispanic-Resource-

3rd Wednesday of Month 10 AM - 12 PM

Crescent City Family Services

- . (504) 282-2424
- · www.ccfamilyservices.info/about

· 3rd Thursday of Month 9:30 AM - 12 PM

- First Pilgrims Baptist Church 1228 Arts St, New Orleans 70117
 - . (504) 944-0504
 - www.firstpilgrimbaptist.com/contact-4

Wed, 11AM - 2PM

- Louisiana Children's Museum . 15 Henry Thomas Dr. New Orleans 70124
 - · www.lcm.org
 - . W-Sat. 9:30 AM 4:30 PM
 - Sun. 11:30 AM 4:30 PM

Love Your Neighbor NOLA . 5301 Crowder Blvd., New Orleans 70127

- . (504) 215-7480
- https://www.loveyourneighbornola.com/ · Every other Sat. 11 AM -1 PM
- Luke's House Clinic
 - · 2222 Simon Bolivar Ave, New Orleans 70113
 - https://www.lukeshouseclinic.org/
 - . T-Th: 5 8PM (Hours change frequently!)

New Orleans East Opportunity Center . 12000 Hayne Blvd, New Orleans, LA 70128

- . (504) 400-9872 · www.eqaschools.org
- . M-F: 8 AM 4 PM

New Orleans Public Library

- Rosa Keller Library and Community Center 4300 S. Broad New Orleans 70125
- Dr. MLK Jr. Library 1611 Fats Domino Ave., New Orleans 70117
 - www.nolalibrary.org/

M-Th: 10 AM - 7 PM, Sat. 10 AM - 5 PM

- New Orleans Women's Wellness
 - 533 S. Galvez St., New Orleans 70119 M/W: 9 AM - 12 PM

Operation Pathways

- 3708 Garden Oaks Dr. New Orleans, LA 70114
- https://operationpathways.org/
- M-F: 9 AM 5PM

Operation Restoration @ The Closet . 3400 S. Claiborne, Ste E, NOLA 70125

- · (504) 684-9222
- www.or-nola.org M-F: 9 AM - 5PM

Pillar Homecare/Azariah Group

- 4480 Gen. De Gaulle Dr., Ste 100 NOLA 70131
- . (504) 581-8726
- www.pillarhomecare.com · Call for distribution times

Second Harvest Food Bank of Greater New Orleans and Acadiana

- . 700 Edwards Ave. NOLA 70123
- . 504.734.1322
- www.no-hunger.org . M-F 10 AM - 2 PM

The Wellness Collective by Ballerinas of the

- Bayou . 2901 Gen. De Gaulle Dr, 102/201 NOLA 70114
- . 504-603-6257 · www.botbwellnesscollective.org
 - . 1st and 3rd Wed, of Month 3-8 PM

Training Grounds Inc. TrainingGrounds-We Connect Family Resource HUB

- . 2200 Lafitte Ave NOLA 70119
- . 504-240-8379 www.mytraininggrounds.org
- · Diapers : Every Tuesday
- . Times: 10am-12pm resume 2pm-4pm



Adult Incontinence Products

Period Supplies

Junior League of

email: diaperbank@jino.org | website: www.jino.org

SAFE INFANT FEEDING ZONE

TUESDAYS 12:30 PM - 2:30 PM



TO GET SUPPORT FROM TRAINED INFANT FEEDING SPECIALIST WHILE PLAYING **WITH YOUR LITTLE ONE!**



G TrainingGrounds



Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States, United Kingdom, Canada,

Australia and Republic of Ireland.





The Krewe of Dolly engages the community through special appearances and events to support causes close to Dolly's heart with a focus on children's literacy in New Orleans. Stated simply, What Would Dolly Do?

KODIMAGINATIONLIBRARY@GMAIL.COM





SERVICES AND BENEFITS AVAILABLE FROM WIC:

- Breast pumps and supplies for breastfeeding moms per WIC guidelines
- Breastfeeding peer counseling to help with breastfeeding concerns and provide support
- Healthy food packages include fresh fruits and vegetables, whole grain bread, brown rice, canned tuna/salmon, eggs, cheese, low fat milk, iron-fortified cereal, dry beans, peanut butter and fruit juice
- Nutrition education including healthy eating tips and recipes
- Referrals to community and health care programs

WIC INCOME GUIDELINES:

- ▶ To be eligible, applicants must have a total household income at or below a level set by the USDA.
- Current income guidelines can be viewed at: louisianawic.org
- Income eligibility is determined by gross income, and some exclusions may apply.
- Applicants with proof of Medicaid, SNAP or TANF automatically meet income requirements.
- One pregnant woman may count as two household members for income eligibility.



There are even more ways to get up-to-date health information, news and emergency updates from LDH.

www.facebook.com/LaDeptHealth





For more information, visit our website at **louisianawic.org**



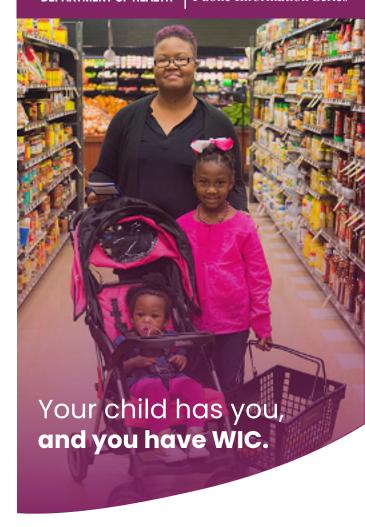
WOMEN, INFANTS AND CHILDREN (WIC)

"This institution is an equal opportunity provider" WIC 38 - Rev. 12/23

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LOUISIANA DEPARTMENT OF HEALTH

Public Information Series





Louisiana WIC Program An Equal Opportunity Provider

WHAT IS WIC?

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides healthy foods, breastfeeding support, nutrition education and referrals to other social services to women who are pregnant, breastfeeding or postpartum. Infants and children up to their fifth birthday may also receive benefits.

WHO IS ELIGIBLE FOR WIC?

- Women who are pregnant
- Women who are breastfeeding
- Women who just had a baby
- Infants and children up to age 5, including foster care.

And, who meet eligibility requirements

To receive WIC benefits, you must live in the state of Louisiana.



HOW TO BECOME A WIC PARTICIPANT

- Visit our website, louisianawic.org, or call (800) 251-BABY (251-2229) to locate the clinic nearest you.
- ▶ Call that clinic to make an appointment and to find out if you are eligible for WIC.
- You will need to bring proof of income, residency, and identification to your WIC appointment

my WIC

INTRODUCING myWIC

myWIC is a simple, easy way for Louisiana WIC participants to take advantage of all the benefits WIC has to offer.

With myWIC, participants can

- Scan items to find out if they are WIC approved
- Manage appointments
- Keep track of benefits.
- Upload documents, and more!

Become a WIC participant today, and start using the <u>FREE</u> myWIC app!

Different languages are accommodated in our WIC clinics through the use of **Language Line**, which is an over the phone translation service. This service is no charge to participants, and can be used either in-person or over the phone.

For income, bring proof of all income sources for every person with income living in your house:

 Proof of participation in Medicaid, SNAP or TANF if applicable (participants of these programs have the right income for WIC)

If no one in your household participates in Medicaid, SNAP or TANF, please bring any of the following:

- ▶ Pay stubs showing "gross income" for the last 30 days
- Current income tax records
- ▶ Letter from employer with salary amount
- ▶ Proof of Social Security or unemployment benefits
- Alimony or child support payments
- Other proof (ask clinic)

For residency (where you live), bring one of these items:

- ▶ Rent/mortgage receipt
- Utility bill
- Other proof (ask clinic)

For identification, each person applying for WIC, caregiver and/or proxy, should bring one of these items:

- ▶ Driver's license (physical copy or LA Wallet)
- Birth certificate
- ▶ State, school or military ID card
- Other proof (ask clinic)