

February 2024 Calendar of Events Greater New Orleans Region



2024 Renewal Fees are due before 12/31/23 for your membership to remain active.

You can renew online via the Cloud: ochsner.my.site.com/goldenopportunity.

You can also mail (\$20 per person) to the GO office.

Thank You to those who have submitted payment already.

RSVP REQUIRED FOR ALL EVENTS

Registration for new events (indicated with *) available Monday, January 15 at 8:00am on the CLOUD.**

To access the cloud, type the following into your search engine: <https://ochsner.my.site.com/goldenopportunity>

All West Bank & South Shore Registrations should be mailed to:

Golden Opportunity - Attn: Sabrina Champagne - 4225 Lapalco Blvd. 2nd Floor - Marrero, LA 70072

*****FEBRUARY 5 AND 26 (MONDAY): WB COMMUNITY EVENT – LINE DANCE CLASS**

1861 Ames Blvd, Marrero, LA

Personal Transportation

Dance Instructor: Margie Clark-Harris. Line dancing is an enjoyable and fun way to get together and have a good time. It is a great way to let go of stress and dance.

11:00 am

Limit of 35 Attendees

FREE

*****FEBRUARY 6 (TUESDAY): SS MONTHLY MEETING**

Piccadilly - 2222 Clearview Parkway Suite 107, Metairie, LA

Personal Transportation

Speaker: Brenda Melara, Community Outreach Specialist. It's Carnival time, and everybody's having fun! Come out and enjoy a luncheon meeting. Fraud and Healthcare Scams are top on senior's radar. Brenda will discuss ways to protect yourself.

11:00am

Limit of 35 Attendees

OWN YOUR OWN

*****FEBRUARY 7 (WEDNESDAY): WB MONTHLY MEETING**

1771 Stumpf Blvd., Terrytown, LA

Personal Transportation

Theme: Laissez Les Bons Temps Rouler

It's Carnival Time! Time is so important, so spend it doing something you enjoy, make the most of it and Let the Good Times Roll! Roll on in with your Mardi Gras Attire! It's time to crown a new King & Queen! Menu: Fried fish, baked macaroni, corn, salad, bread, and dessert.

Doors open at 10:15am

Limit of 150 Attendees

\$18pp

*****FEBRUARY 9 (FRIDAY): SS COMMUNITY EVENT- WALK WITH "GO"**

Lakeside Mall – 3301 Veterans Memorial Blvd. Metairie, LA 70002

Personal Transportation

Walking is very effective at building a baseline cardiovascular fitness level, and is a great form of exercise, especially for those who have not been active. Please show your attendance by registering. (Meet at the food court)

9:00am

Unlimited Attendees

FREE

*****FEBRUARY 13 (TUESDAY): HAPPY MARDI GRAS**

I will be out of the office Monday, February 12th – February 14th.

*****FEBURARY 15 (THURSDAY): DAY TRIP – “GO” DAY AT THE NEW ORLEANS FAIRGROUNDS**

Join us at the New Orleans Fairgrounds for fun, excitement, thrills, intrigue, and adventure. And best of all, a chance to win a lot of money! It's the third oldest thoroughbred race meet in the U.S., with over six hundred of the newest slots. It's famously known as “the home of big thrills” in New Orleans. Cost will include lunch, admission, racing program, and non-alcoholic beverages. The races will start at 12:45pm, with the dining room opening at 12pm for seating. Buffet Menu: Assorted Freshly Baked Rolls, Garden Salad with Peppercorn Ranch Dressing, Chicken Alfredo Penne Pasta, Chicken & Andouille Jambalaya, Sautéed Vegetable Medley, Traditional Bread Pudding topped with Brandy Sauce. Tea, Water, Coffee, and a cash bar are available for drinks.

Bus departs WB 9:00am / SS 9:30am

Limit of 50 Attendees

\$75pp

Bus returns WB 4:30pm / SS 4:00pm

*****FEBRUARY 16 (FRIDAY): SS MORNING FUEL – CAFÉ LATTE DA**

5860 Citrus Blvd Ste. A, Harahan, LA

Personal Transportation

Let's meet for morning fuel. The convenience of breakfast has become a quick and easy option for nutrients and energy. Wake up and fuel up!

10:00am

Limit 35 Attendees

ON YOUR OWN

*****FEBRUARY 20 (TUESDAY): MOVIE REVIEW**

Theater and movie will be announced on Friday February 16th. Please show your attendance by registering in advance.

*****FEBRUARY 21 (WEDNESDAY): WB COMMUNITY EVENT – WALK WITH “GO”**

197 Westbank Expwy. Suite 33, Gretna.- Oakwood Mall

Personal Transportation

Walking is simple, free and one of the easiest ways to get more active. (Meet at the food court).

10:00am

Unlimited Attendees

FREE

*****FEBRUARY 22 (THURSDAY): WB MORNING FUEL AT SHONEY'S**

420 Westbank Expressway, Gretna, LA

Personal Transportation

Let's meet for morning fuel. Refuel your body and boost brainpower so you can have a more productive day!

9:00am

Limit of 35 Attendees

ON YOUR OWN

UPCOMING TRIPS:

MARCH 31-APRIL 7 (SUNDAY-SUNDAY): EXTENDED TRIP – NCL CRUISE “SLICE OF PARADISE”

APRIL 2024: ROAD TRIP - LAS VEGAS, NEVADA (DATE AND DETAILS TBA)

JUNE 2-10, 2024 (SUNDAY- MONDAY): EXTENDED TRIP - NIAGARA FALLS, CANADA.

All WB Bus trips depart Ochsner WB 2500 Belle Chasse Hwy. Gretna. Please Park in the 3rd parking lot.

All SS Bus trips depart Ochsner MC River Road and Collins C Diboll Dr.

A dedicated telephone line has been set up with Ochsner Scheduling Department for GO members to schedule medical appointments without any delays. **West Bank: 504-371-9333 South Shore: 504-842-6538**

****Fees** must be received within 7 days of making the reservation to confirm your seat. If not received, your seat will be filled by another member. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.**

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.**

For Additional Information Contact:

Sabrina Champagne, Program Coordinator

sabrina.champagne@ochsner.org

504-371-6541 office

ochsner.org/go

Golden Opportunity

4225 Lapalco Blvd. 2nd Floor

Marrero, LA 70072