

MOVIPREP Instructions for Colonoscopy

Date of procedure: add date **Arrive at:** add time *Please select*

Location of Department:

Ochsner Medical Center Please select

Please select

Please select

As soon as possible:

- Pick up your prep from pharmacy and over the counter
DULCOLAX LAXATIVE TABLETS

On the day before your procedure...

What You **CAN** do:

- You may have **clear liquids ONLY**—see below for list.

What You **CANNOT** do:

- **Do not EAT solid food**, drink milk or anything colored red.
- Do not drink alcohol.
- Do not take oral medications within 1 hour of starting each dose of MOVIPREP.
- No gum chewing or candy morning of procedure

Liquids That Are **OK** to Drink:

- Water
- Sports drinks (Gatorade, Power-Aid)
- Coffee or tea (no cream or nondairy creamer)
- Clear juices without pulp (apple, white grape)
- Gelatin desserts (no fruit or toppings)
- Clear soda (sprite, coke, ginger ale)
- Chicken broth (**until 12 midnight the night before procedure**)

Note:

- (Please disregard the insert instructions from pharmacy).
- MOVIPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. MOVIPREP Bowel Prep Kit may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of MOVIPREP Bowel Prep Kit.

It is not uncommon to experience some abdominal cramping, nausea and/or vomiting when taking the prep. If you have nausea and/or vomiting while taking the prep, stop drinking for 20 to 30 minutes then continue.

How to take prep:

MOVIPREP Bowel Prep Kit is a (2-day) prep.

All four (4) powder packets (**A & B**) are required for a complete preparation for colonoscopy. Mix as directed prior to use. You **must** drink water with each dose of MOVIPREP, and additional water after each dose.

DOSE 1—Day Before Colonoscopy add date

Drink at least 6 to 8 glasses of clear liquids from time you wake up until you begin your prep and then **continue until bedtime** to avoid dehydration.

12:00 pm (NOON) Take four (4) Dulcolax (Bisacodyl) tablets with at least 8 ounces or more of clear liquids.

- Empty **ONE** (1) powder packet of (**A & B**) into the mixing container.
- Add lukewarm water to the top line of the container and mix until all the powder has disappeared.
- Refrigerate the container.

6:00 pm:

You must complete **Steps 1 through 3** before going to bed as shown below:

- **Step 1**—Drink **ALL** the liquid in the container within one (**1**) hour.
- **Step 2**—You **must** drink another 16-ounces of clear liquids.
- **Step 3**—Repeat mixing instructions for the **2nd dose** and refrigerate for the morning of the procedure.

IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), stop or slow the rate of drinking the additional water until your symptoms decrease.

DOSE 2—Day of the Colonoscopy add date at
Please select

For this dose, repeat **Steps 1 and 2 shown above**.

You may continue drinking water/clear liquids until **4 hours before your colonoscopy** or as directed by the scheduling nurse add time.

MOVIPREP Instructions for Colonoscopy

For more information about your procedure, please watch this informational video.

Options for viewing:

- **Using a keyboard:** *press and hold the control tab (Ctrl) and left mouse click to follow link*
[Colonoscopy Video – YouTube](#)

OR

- *Type link address into your web browser's address bar:*
<https://www.youtube.com/watch?v=XZdo-LP1xDQ>
- **Using a mobile phone:** *tap on web address/link.*

Comments: