SUTAB Instructions for Colonoscopy

**Date of procedure:** add date  
**Arrive at:** add time

**Location of Department:**  
Ochsner Medical Center  
Please select

**As soon as possible:**  
- **Pick up your prep from the pharmacy**

**On the day before your procedure…**

**DO NOT:**
- **Do not EAT solid food** drink milk or anything colored red.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- No gum chewing or candy morning of procedure
- **If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.**

**DO:**

- **Drink clear liquids ONLY** - Drink at least 6 to 8 glasses of clear liquids from time you wake up until you begin your prep to avoid dehydration.

**Liquids That Are OK to Drink:**
- Water
- Sports drinks (Gatorade, Power-Aid)
- Coffee or tea (no cream or nondairy creamer)
- Clear juices without pulp (apple, white grape)
- Gelatin desserts (no fruit or toppings)
- Clear soda (sprite, coke, ginger ale)
- Chicken broth **(until 12 midnight the night before procedure)**

*** (Please disregard the insert instructions from pharmacy and follow these instructions).

**Note:**
- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.

**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause, or slow the rate of drinking the additional water until your symptoms decrease.

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**How to take prep:**

SUTAB is a (2-day) prep. A total of 24 tablets are required for complete preparation for colonoscopy.

**DOSE 1—Day Before Colonoscopy**  
**add date** at **add time.**

**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.

**STEP 3** After 1 hour of completing step 2, drink **at least 32 ounces** of additional water/clear liquids until bedtime, **but more is better.**

**DOSE 2—Day of the Colonoscopy**  
**add date** at **add time.**

**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.

**STEP 3** After 1 hour of completing step 2, drink **at least 32 ounces** of additional water/clear liquids **until 4 hours before your colonoscopy** then nothing else by mouth or as directed by the scheduling nurse **add time.**

For more information about your procedure, please watch this informational video.

**Options for viewing:**
- **Using a keyboard:** press and hold the control tab (Ctrl) and left mouse click to follow link  
  [Colonoscopy Video – YouTube](https://www.youtube.com/watch?v=XZdoLP1xDQ)

  **OR**

- Type link address into your web browser’s address bar:  
  [Colonoscopy Video – YouTube](https://www.youtube.com/watch?v=XZdoLP1xDQ)

  **OR**

- **Using a mobile phone:** tap on web address/link.

**Comments:**