

Multidisciplinary Approach to Renal Cell Carcinoma

Ochsner Multidisciplinary Cancer Update
October 9, 2025



Disclosure

- None

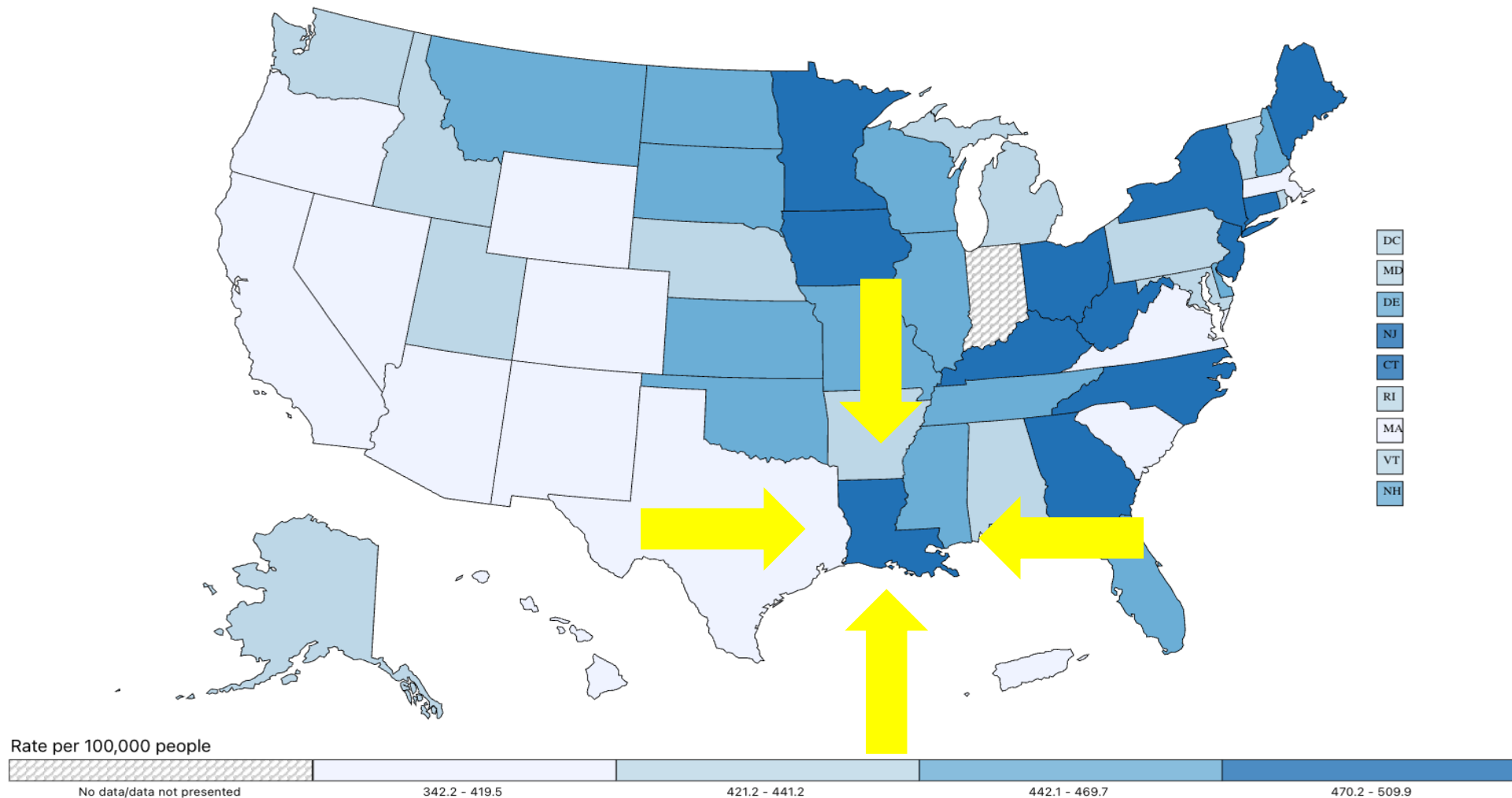


Patient Population

- **M>F → relative risk 1.7 men compared to women**
- **Median age 64**
- **8th most common cancer in the US**
- **~80000 new cases/annually / ~15,000 deaths**
- **20-30% diagnosed with metastatic disease**
- **12% 5yr survival in metastatic disease**



Rate of New Cancers in the United States, 2021



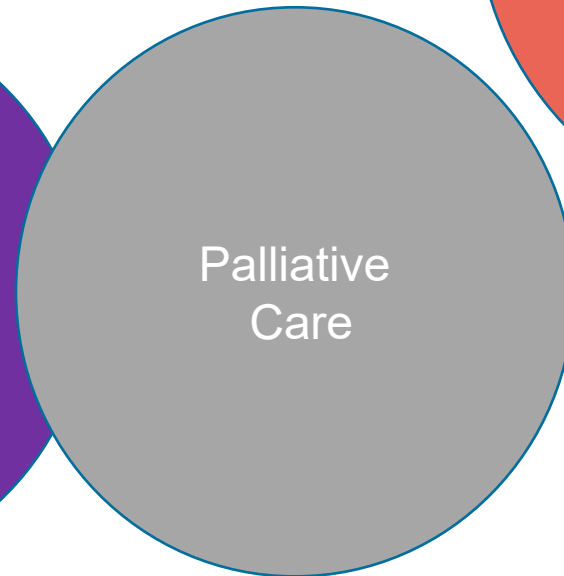
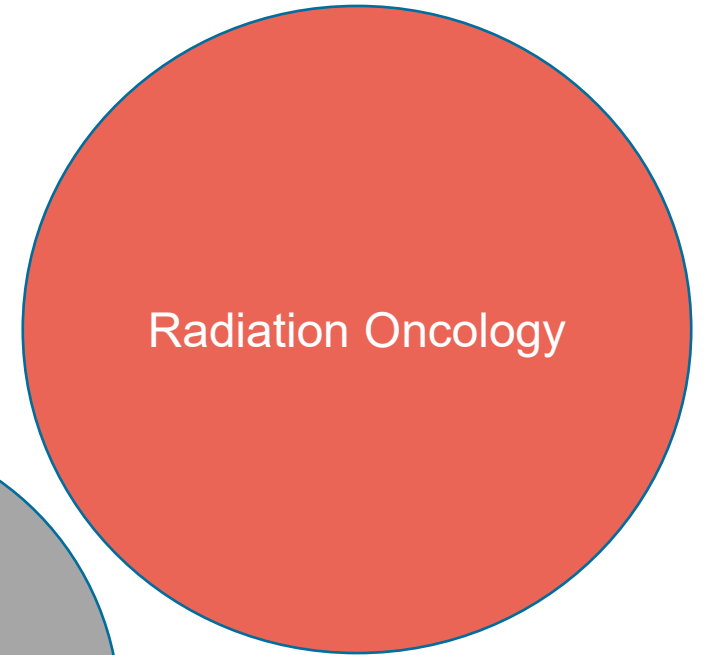
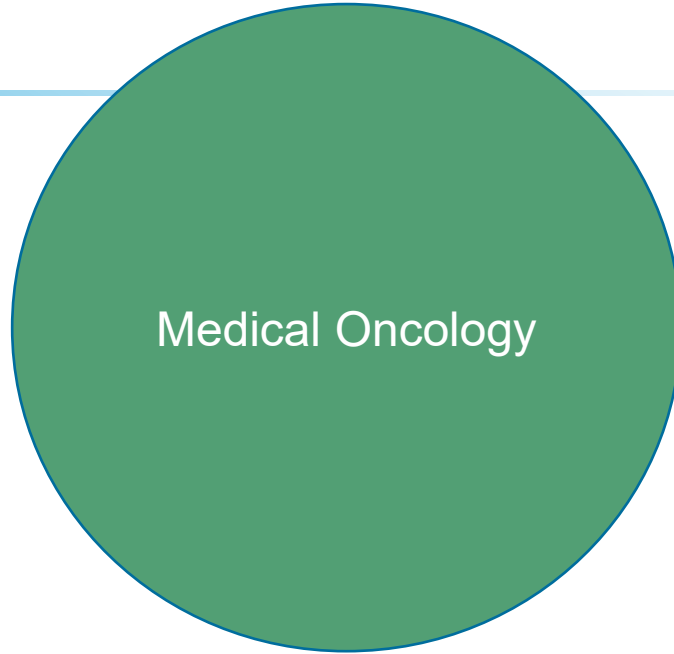
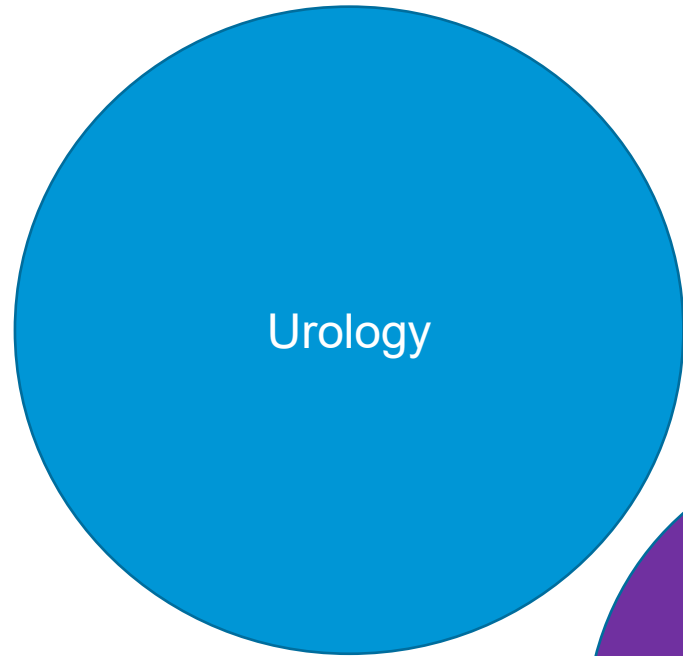
Source - U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualizations Tool. U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute; <https://www.cdc.gov/cancer/dataviz>, released in June 2024.

Who the Patient Saw First...

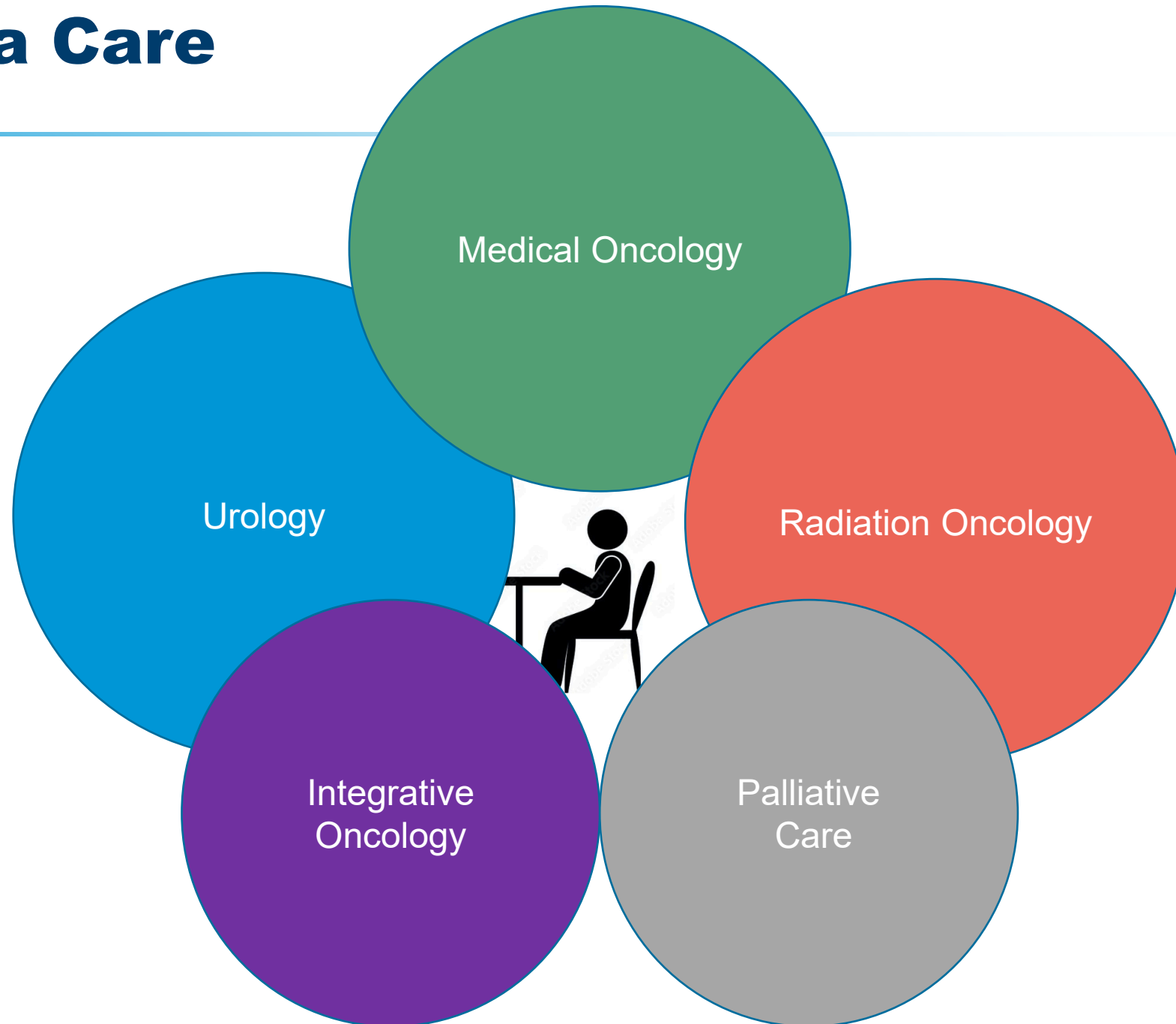
Urologist	Medical Oncologist
Control symptoms of primary tumor	Morbidity of surgery
Phase III trials showing OS benefit	No proven benefit in IO era
Resection of resistant clones	Delay to systemic treatment
Long-term remission noted w/ surgical resection of metastatic RCC	impaired CrCl, increased risk of HTN
Nephrectomy patient compromise 80-90% of trial Participants	Unlikely benefit in those with competing risk comorbidities and impaired performance status



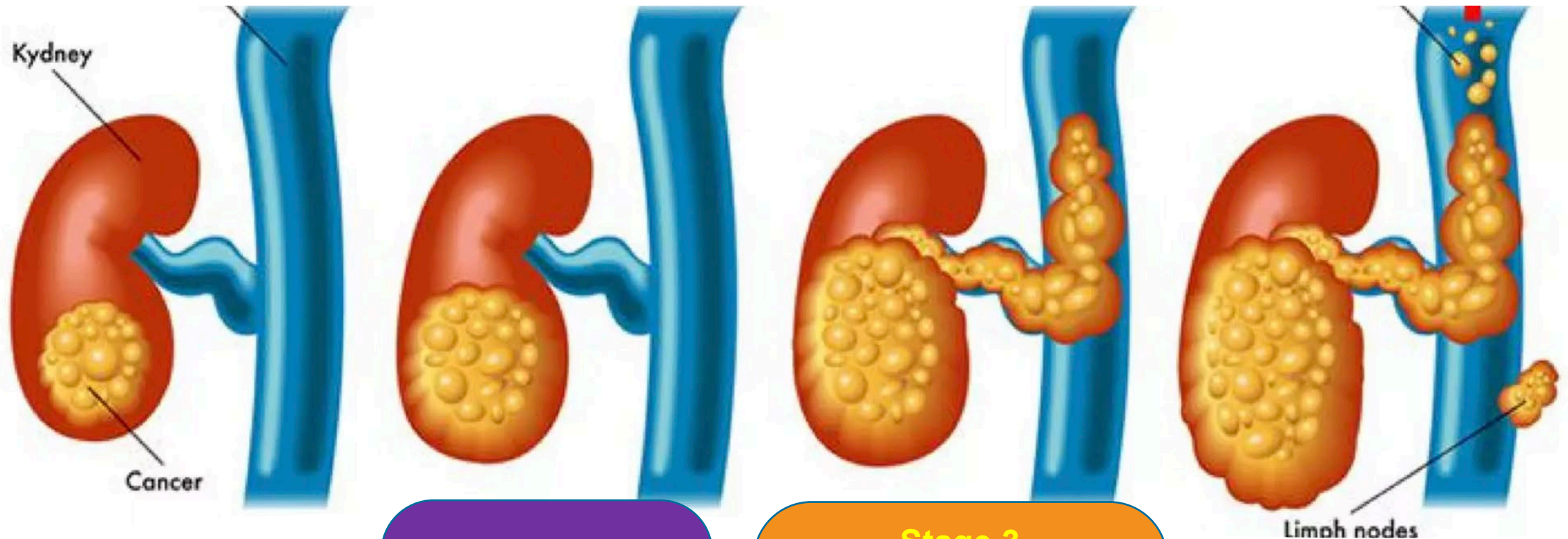
Building a Care Team



Building a Care Team



Cancer Staging



Stage 1

Small

Confined to
kidney

Stage 2

Larger

Confined to
kidney

Stage 3

Growing into
Fat surrounding
kidney
Venous structures
Vena cava

Stage 4

Lymph Nodes
Distant spread



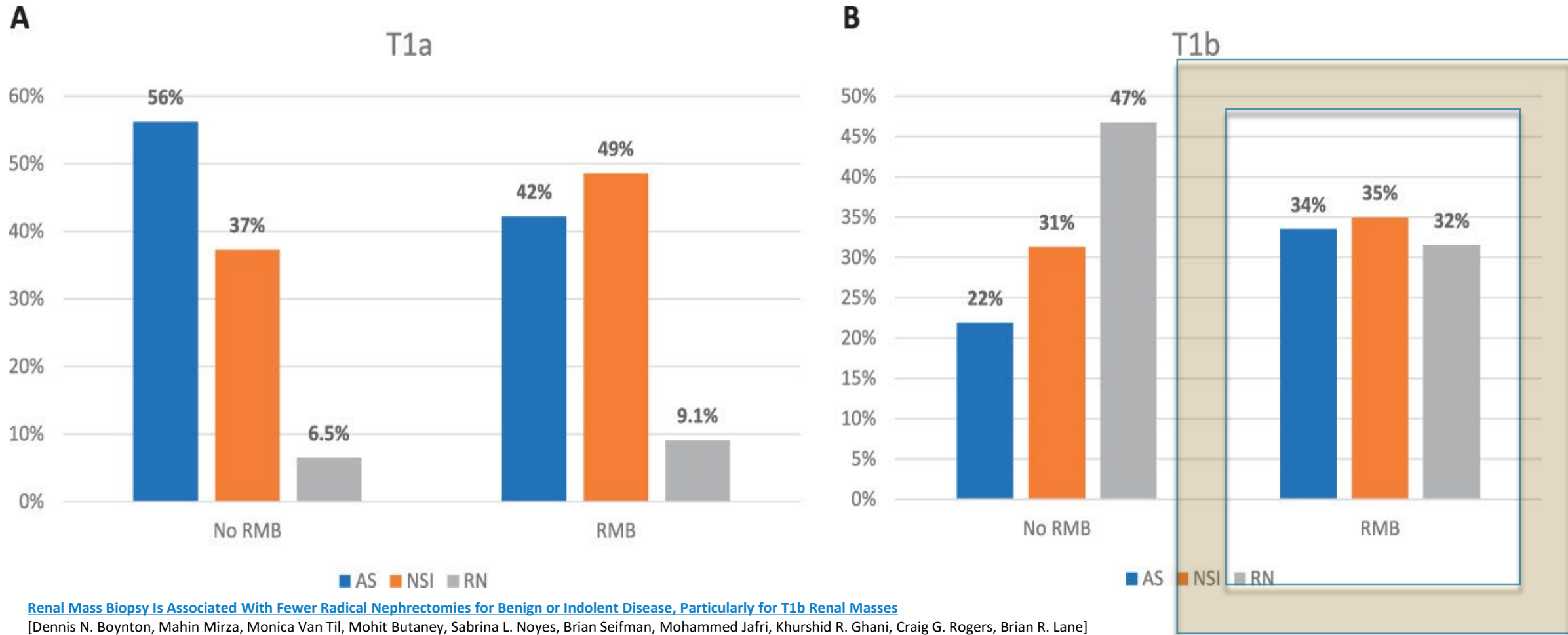
Early Stage Disease

- Robotic surgery has dynamically changed morbidity and complications associated with partial nephrectomy
 - Thrombus cases
 - Disaster abdomens

- Surgeons must be the gateway for shared decision making as many options are available:
 - Ablation
 - Surgery
 - Active surveillance
 - Radiotherapy



Early Stage Disease



[Renal Mass Biopsy Is Associated With Fewer Radical Nephrectomies for Benign or Indolent Disease, Particularly for T1b Renal Masses](#)

[Dennis N. Boynton, Mahin Mirza, Monica Van Til, Mohit Butaney, Sabrina L. Noyes, Brian Seifman, Mohammed Jafri, Khurshid R. Ghani, Craig G. Rogers, Brian R. Lane]

Urology Practice 12, September 2024

DOI: (10.1097/UPJ.0000000000000710)

Non-malignant pathology decreased 7% in those w/ PNx and 10% in RNx



HISTOTRIPSY (HISTOSONICS)



HOPE4LIVER



90% local control @ 12 months



5-year outcomes after stereotactic ablative body radiotherapy for primary renal cell carcinoma: an individual patient data meta-analysis from IROCK (the International Radiosurgery Consortium of the Kidney)

Shankar Siva, Muhammad Ali, Rohann J M Correa, Alexander Muacevic, Lee Ponsky, Rodney J Ellis, Simon S Lo, Hiroshi Onishi, Anand Swaminath,

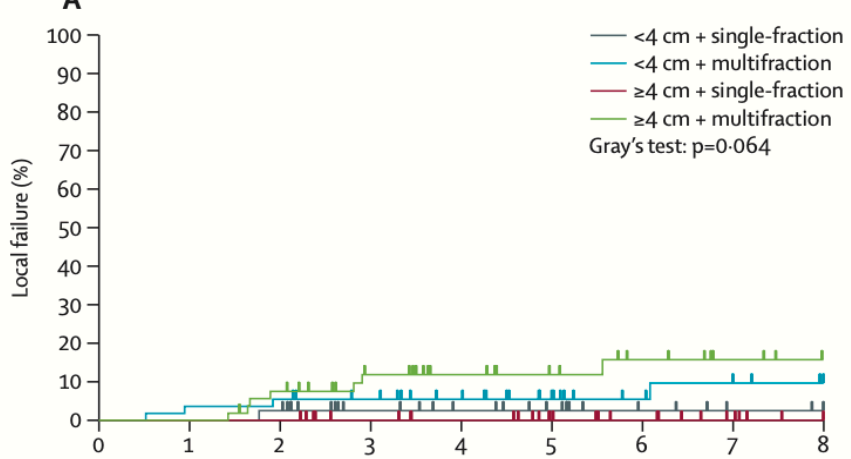
- 12 centers
- 2007 – 2018 , median f/u 5 years
- Median tumor size 4cm
- 75% deemed non-operable
- Median decrease in GFR 14.2ml
- 4% required dialysis (caveat 29% solitary kidney)
- No grade 3 toxicities, only 1 grade 4 toxicity



5% local failure

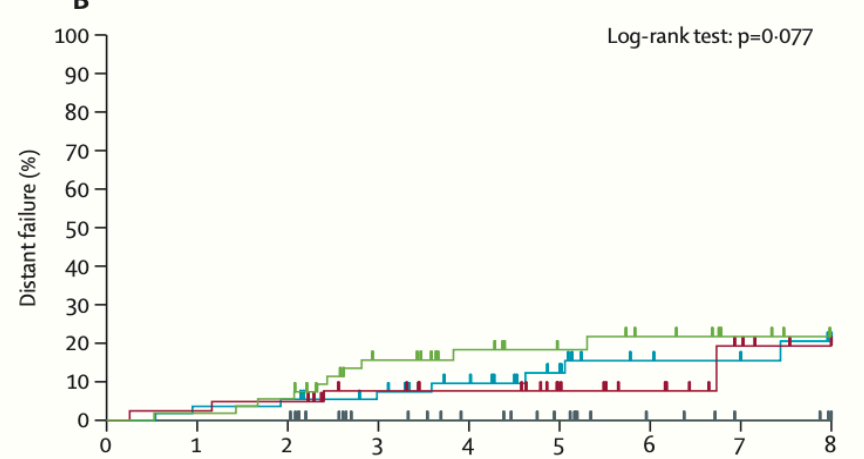
Single Fraction

<4cm

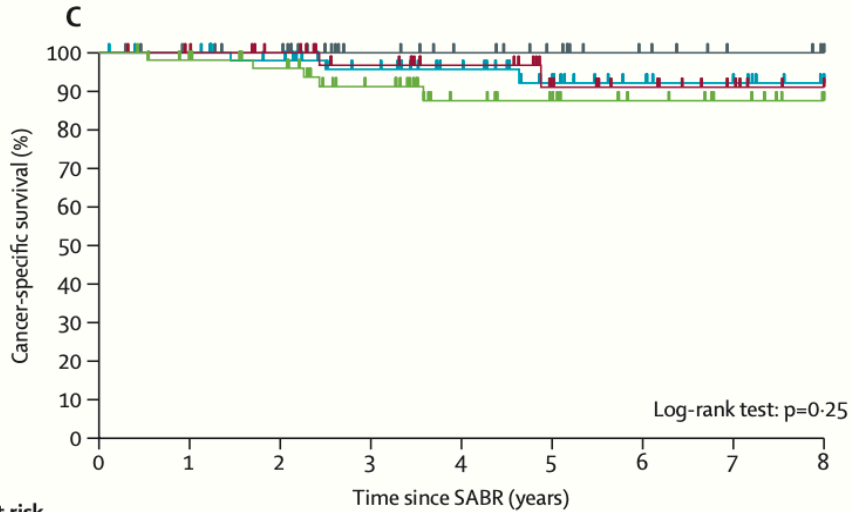


Number at risk (number censored)

<4 cm + single-fraction	40 (0)	37 (3)	33 (6)	20 (19)	16 (23)	12 (27)	6 (33)	2 (37)	1 (38)
<4 cm + multifraction	55 (0)	51 (2)	46 (6)	39 (13)	32 (20)	23 (29)	15 (37)	11 (40)	6 (45)
≥4 cm + single-fraction	41 (0)	39 (2)	35 (6)	28 (13)	22 (19)	14 (27)	10 (31)	5 (36)	1 (40)
≥4 cm + multifraction	54 (0)	49 (5)	42 (8)	29 (19)	20 (28)	16 (32)	10 (37)	6 (41)	1 (46)

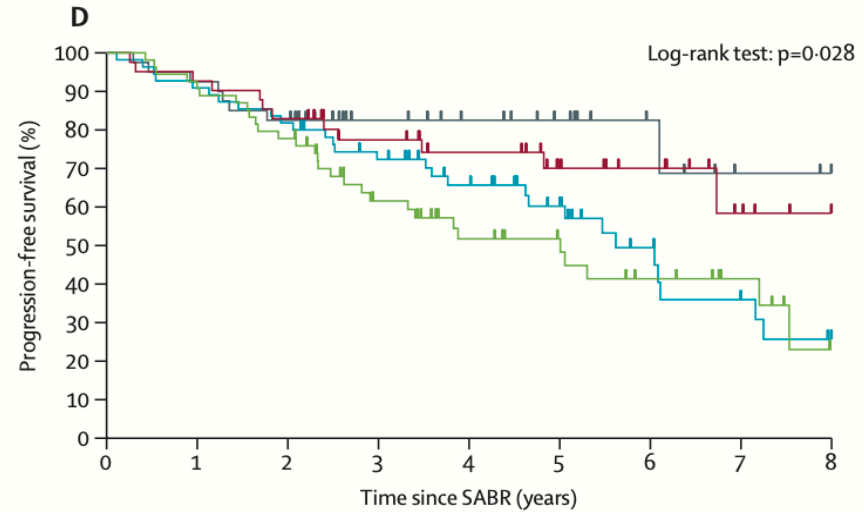


40 (0)	37 (3)	34 (6)	21 (19)	17 (23)	13 (27)	7 (33)	3 (37)	1 (39)
55 (0)	51 (2)	46 (6)	37 (14)	29 (21)	21 (28)	12 (36)	9 (39)	4 (43)
41 (0)	38 (2)	34 (5)	27 (11)	21 (17)	14 (24)	10 (28)	4 (33)	1 (36)
54 (0)	49 (4)	44 (7)	29 (17)	19 (26)	15 (30)	10 (34)	6 (38)	1 (43)



Number at risk (number censored)

<4 cm + single-fraction	40 (0)	37 (3)	34 (6)	21 (19)	17 (23)	13 (27)	7 (33)	3 (37)	1 (39)
<4 cm + multifraction	55 (0)	53 (2)	48 (6)	40 (13)	33 (20)	23 (29)	15 (37)	12 (40)	6 (46)
≥4 cm + single-fraction	41 (0)	39 (2)	35 (6)	28 (12)	22 (18)	14 (25)	10 (29)	5 (34)	1 (38)
≥4 cm + multifraction	54 (0)	49 (4)	45 (7)	33 (17)	20 (29)	16 (33)	10 (39)	6 (43)	1 (48)

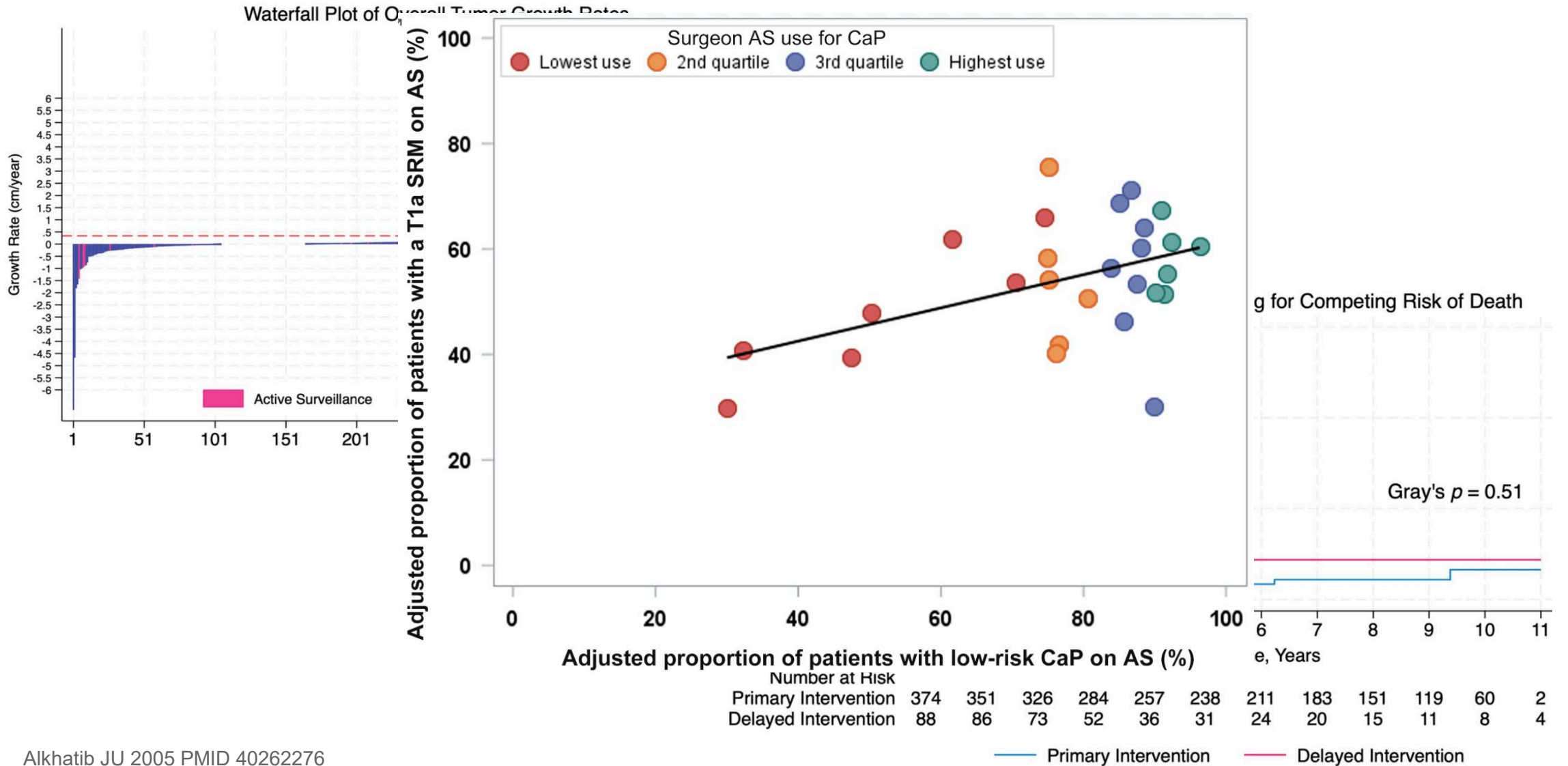


40 (0)	37 (0)	33 (0)	20 (13)	16 (17)	12 (21)	6 (27)	2 (30)	1 (31)
55 (0)	50 (0)	45 (0)	37 (3)	29 (8)	21 (14)	12 (20)	8 (21)	4 (23)
41 (0)	38 (0)	34 (0)	27 (5)	21 (10)	14 (16)	10 (20)	4 (25)	1 (28)
54 (0)	49 (0)	42 (0)	28 (6)	19 (11)	15 (15)	10 (17)	6 (21)	1 (24)

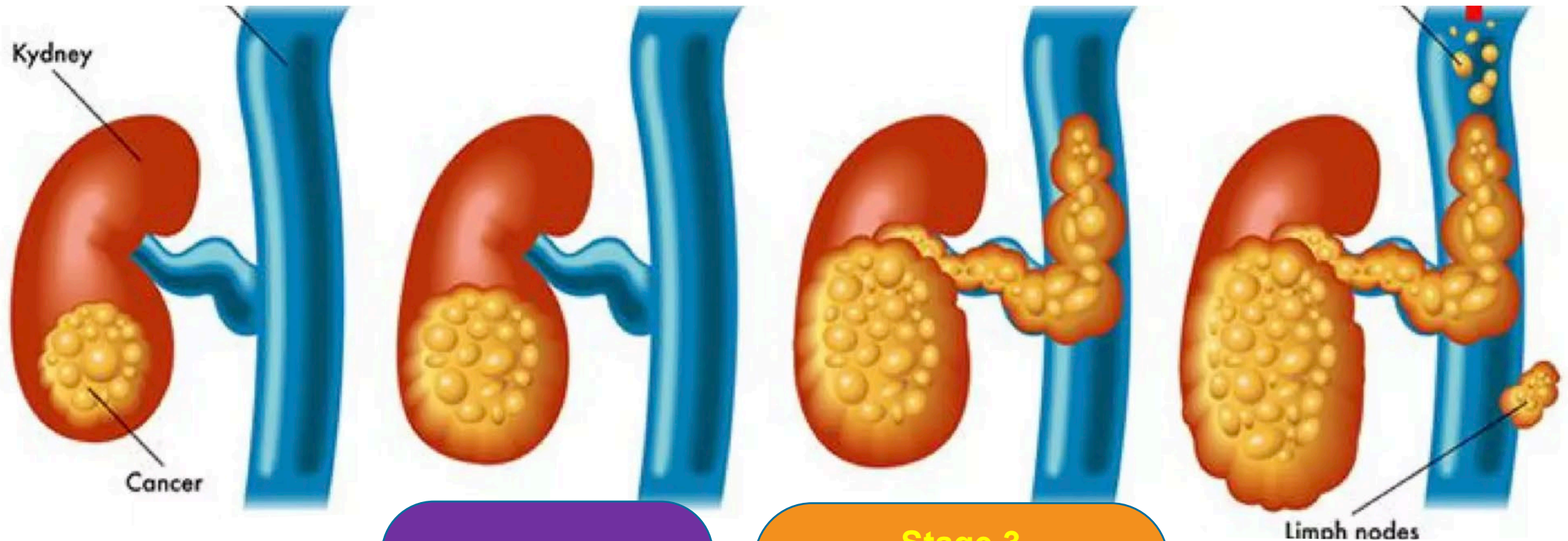
Figure 2: Kaplan-Meier plots stratified by maximum tumour dimension (<4 cm vs ≥4 cm) and single-fraction versus multifraction SABR

Plots are shown for local failure (A), distant failure (B), cancer-specific survival (C), and progression-free survival (D). Local and distant failure based on cumulative incidence function and competing risk model with death as competing event. Vertical dashes denote censored patients. SABR=stereotactic ablative body radiotherapy.

DISSRM Registry



Cancer Staging



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Small

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kidney

Stage 2

Larger

Confined to
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Stage 3

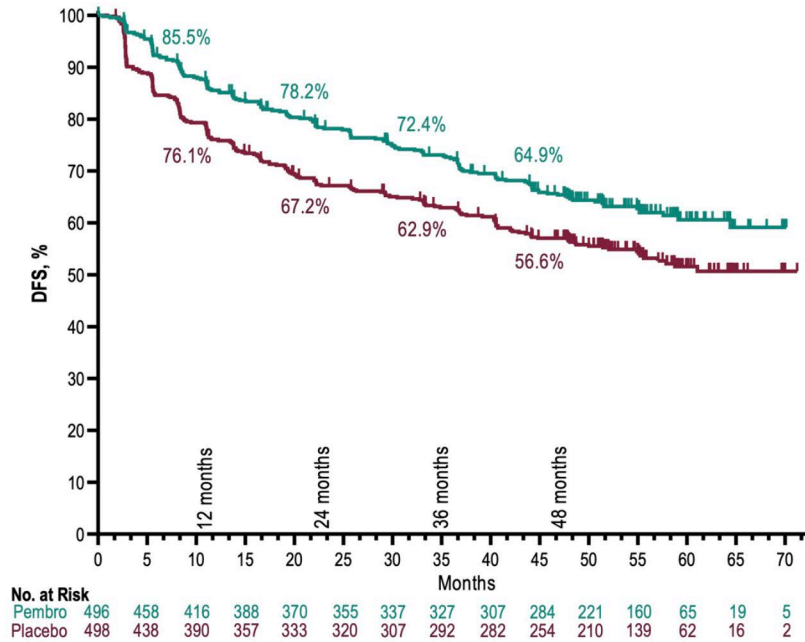
Growing into
Fat surrounding
kidney
Venous structures
Vena cava

Stage 4

Lymph Nodes
Distant spread

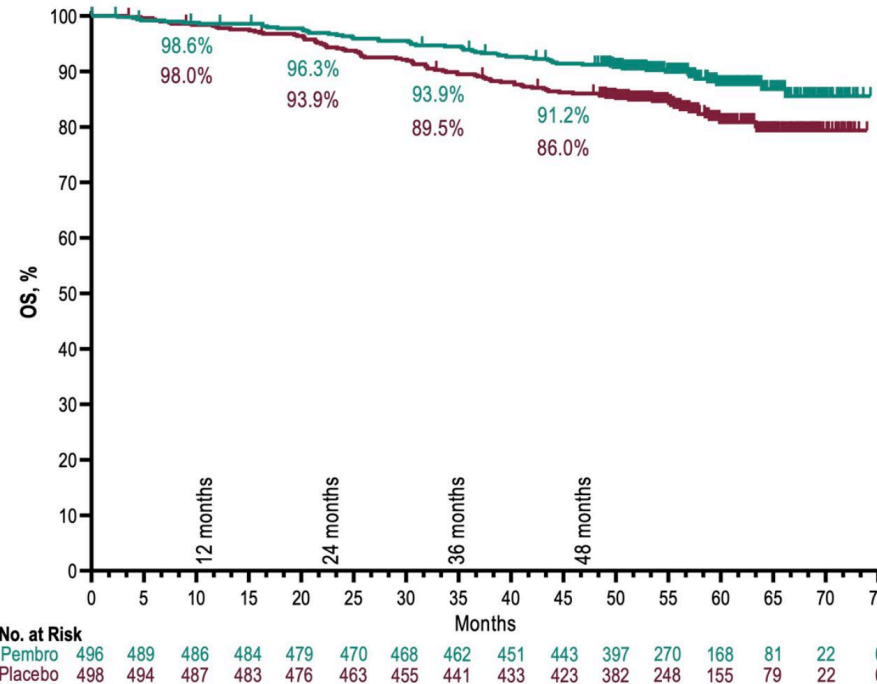


Keynote 564



	Pembro (N = 496)	Placebo (N = 498)
Events, n	174	224
Median, mo (95% CI)	NR (NR-NR)	NR (54.9-NR)

Median follow-up was 57.2 months (range, 47.9-74.5)



	Pembro (N = 496)	Placebo (N = 498)
Events, n	55	86
Median, mo (95% CI)	NR (NR-NR)	NR (NR-NR)

Median follow-up was 57.2 months (range, 47.9-74.5)

HR 0.62 (95% CI 0.44-0.87); P = .002*

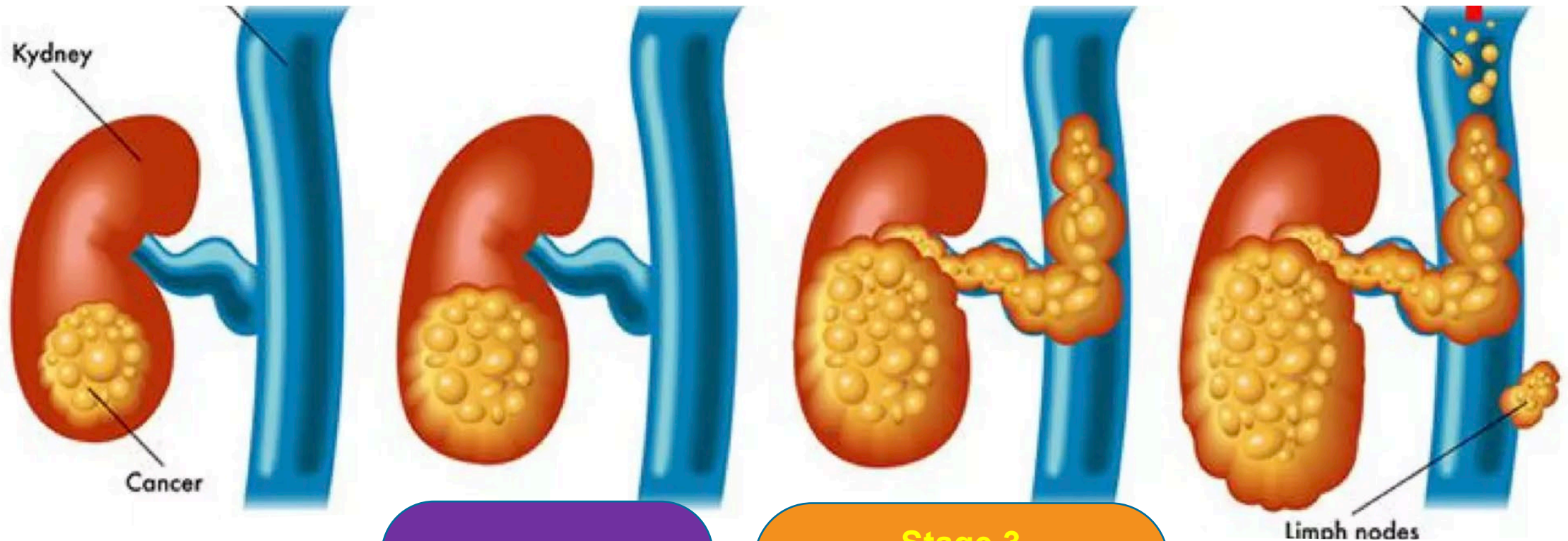
Grade 3 and 4 Toxicity = 20%

Biomarkers for patient selection

Many patients went on to subsequent therapy

* denotes statistical significance. P-value boundary for OS at IA3 was 0.0072 (1-sided) per Lan-DeMets O'Brien-Fleming spending approximation α -spending function. As this key secondary endpoint was formally met, any future OS analyses will be descriptive only.

Cancer Staging



Stage 1

Small

Confined to
kidney

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kidney
Venous structures
Vena cava

Stage 4

Lymph Nodes
Distant spread



Prior to 2006

TABLE 2. Summary of Study

First Author, Reference	Type of Study
Flanigan and Yonover ² SWOG 8949 (2001) EORTC 30587 (2001)	Phase III
Mickisch et al ³	Phase III
Flanigan et al ⁴ (2004)	Meta-analysis
Pantuck et al ⁵ (2001)	Retrospective
Choueiri et al ¹⁷ (2011)	Retrospective targeted
Heng et al ¹⁸ (2014)	Retrospective targeted

Abbreviation: CN, cytoreductive nephrectomy

CYTOREDUCTIVE NEPHRECTOMY AND METASTATIC RENAL CANCER

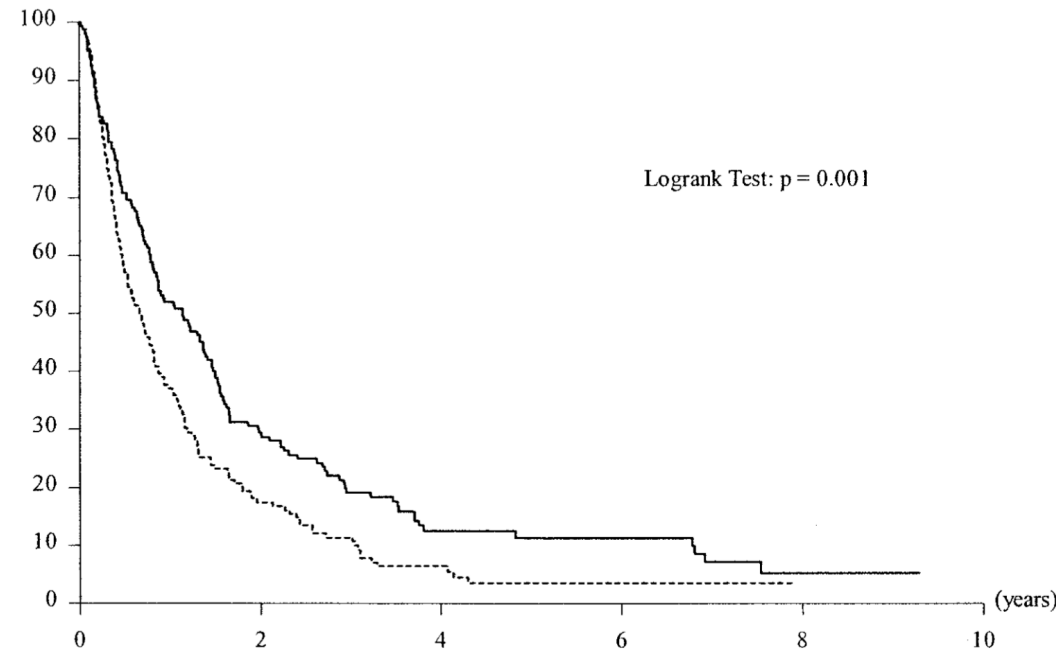


FIG. 1. Duration of survival in combined SWOG and EORTC trials. O, observation. N, nephrectomy

8.1 months; PFS 0; p = .05;
N: 11.7 months; PFS 1; p = .08;
: 4.8 months

months (HR 0.54; 95% CI, 0.31–0.94)

7.8 months (HR 0.69; p = .002)

ar OS, 19.6%

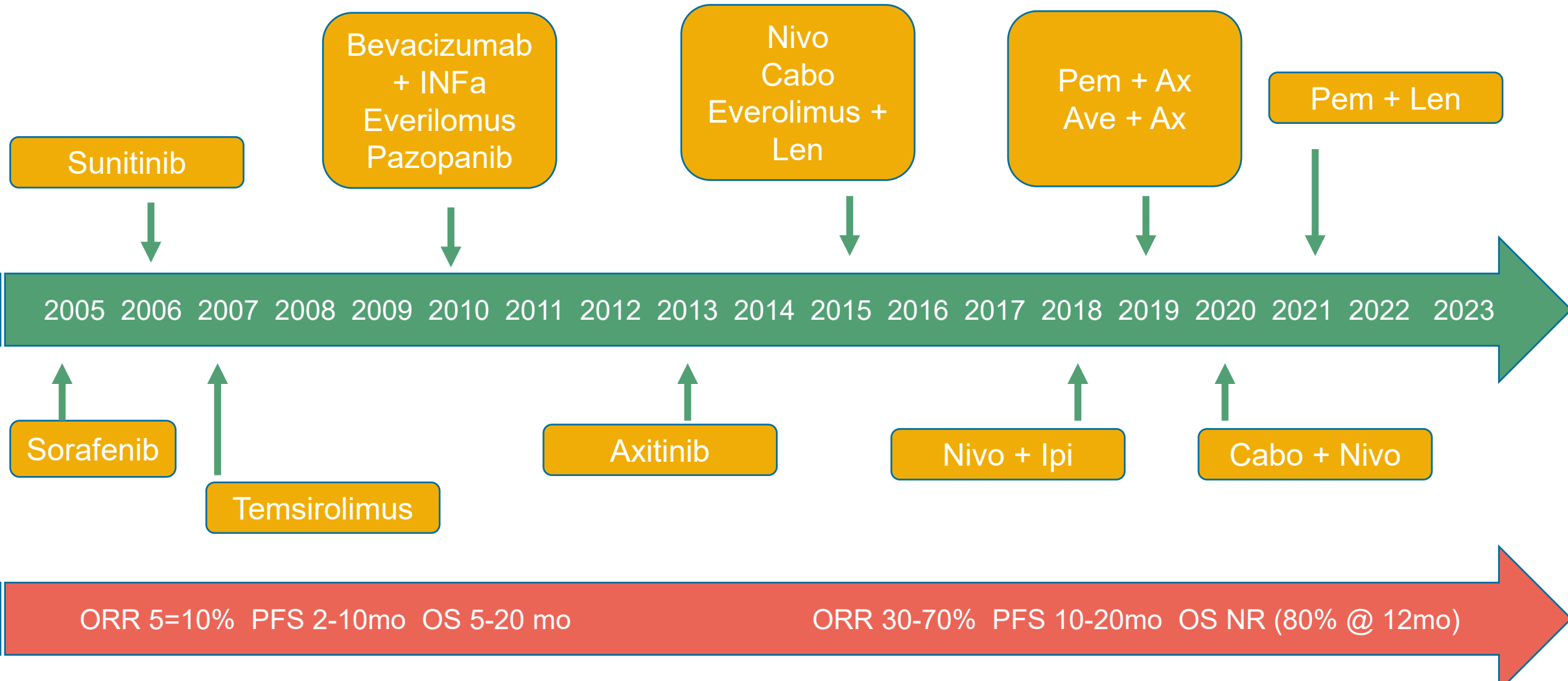
months (no CN); HR 0.44; p < .01;
08; poor risk: no benefit; p = .06

months (no CN); p < .0001

le.

Immune Checkpoint Inhibitors

Treatment Landscape for Metastatic RCC



Key Trials Primary mRCC w/ ICI

Trial	Drug Combination	# Pts w/ Primary Tumor	PFS	OS	CR	ADE
Checkmate 214 Motzer	Ipi + Nivo vs. Sunitinib	22%	11.6 vs. 8.4mo (p=0.03, NS)	NR vs 26 mo	9%	G3-4 : 46%
Checkmate 9E Choueiri 2022	Ipi + Nivo vs. Sunitinib	22%	16.6 vs 8.3 mo (p=<0.001)	85.7% @ 12 mo vs 75.6 % (p=0.001)	8%	≥G3 75.3%
Janus Motzer	Ipi + Nivo vs. Sunitinib	22%	13.8 vs 8.4mo (p=<0.001)	11.6 vs 10.7mo	4.4%	≥G3 71%
Keynote 426 Rini JCO 2023	Pemb + Axi vs Sunitinib	16.6%	15.1 vs 11.1mo (p=<0.001)	Median survival not reached (10% improvement @ 12mo)	5.8%	≥G3 75.8%
CLEAR Motzer NEJM 2020	Pemb + Len vs Eve + Len vs Sunitinib	25.1%	23.9 vs 9.2mo (p=<0.001)	79.2% @ 24mo vs. 66 mo	16%	≥G3 82%

Patients are living longer but complete response is still remains low

*PFS OS in PD-L1 + tumors



The Selection for Cytoreductive Nephrectomy (SCREEN) Score: Improving Surgical Risk Stratification by Integrating Common Radiographic Features

2006-2007
Multi-institutional database
Upfront CN: 914 pts

SCREEN SCORE:

- Systemic symptoms
- >3 more metastatic sites
- Total metastatic burden \geq 5cm
- Bone metastatic
- Low serum Hb
- Low serum albumin
- NO/Lymph ration \geq 4

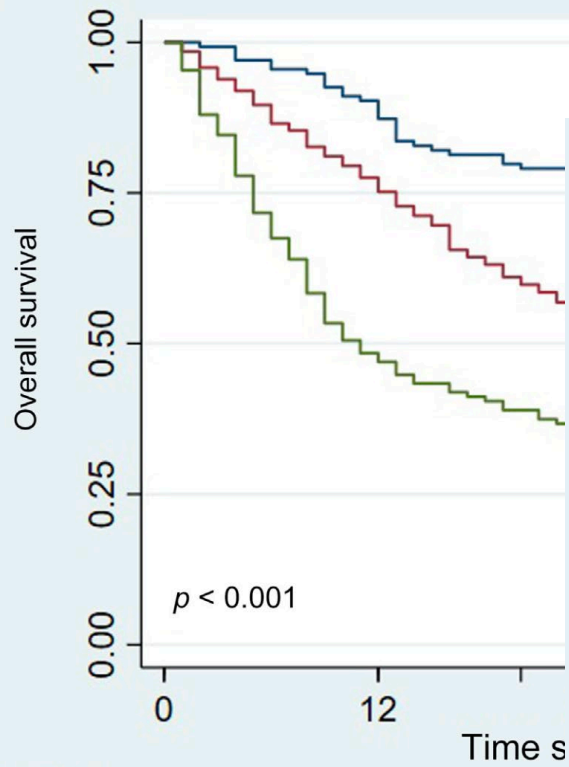
IMDC risk model		
Factors	Patients, <i>n</i> (%)	mOS, mo (IQR)
0	34	120 (33–NR)
1	150	37 (12–83)
2	183	20 (7–47)
3	115	28 (11–50)

SCREEN model			
	Factors	Patients, <i>n</i> (%)	mOS, mo (IQR)
	0	34	NR (29–NR)
Favorable risk	1	98	52 (26–120)
Intermediate risk	2	136	35 (16–113)
Poor risk (\geq 3)	3	120	19 (8–43)
IMDC = Inter	4	82	16 (7–36)
	5	44	8 (4–26)
	6	20	5 (2–14)
	7	0	
	Favorable risk (0–1)	132 (25)	64 (26–NR)
	Intermediate risk (2–3)	256 (48)	28 (12–62)
	Poor risk (\geq 4)	148 (27)	10 (5–33)

= interquartile range; mOS = median overall survival; NR = not reached.

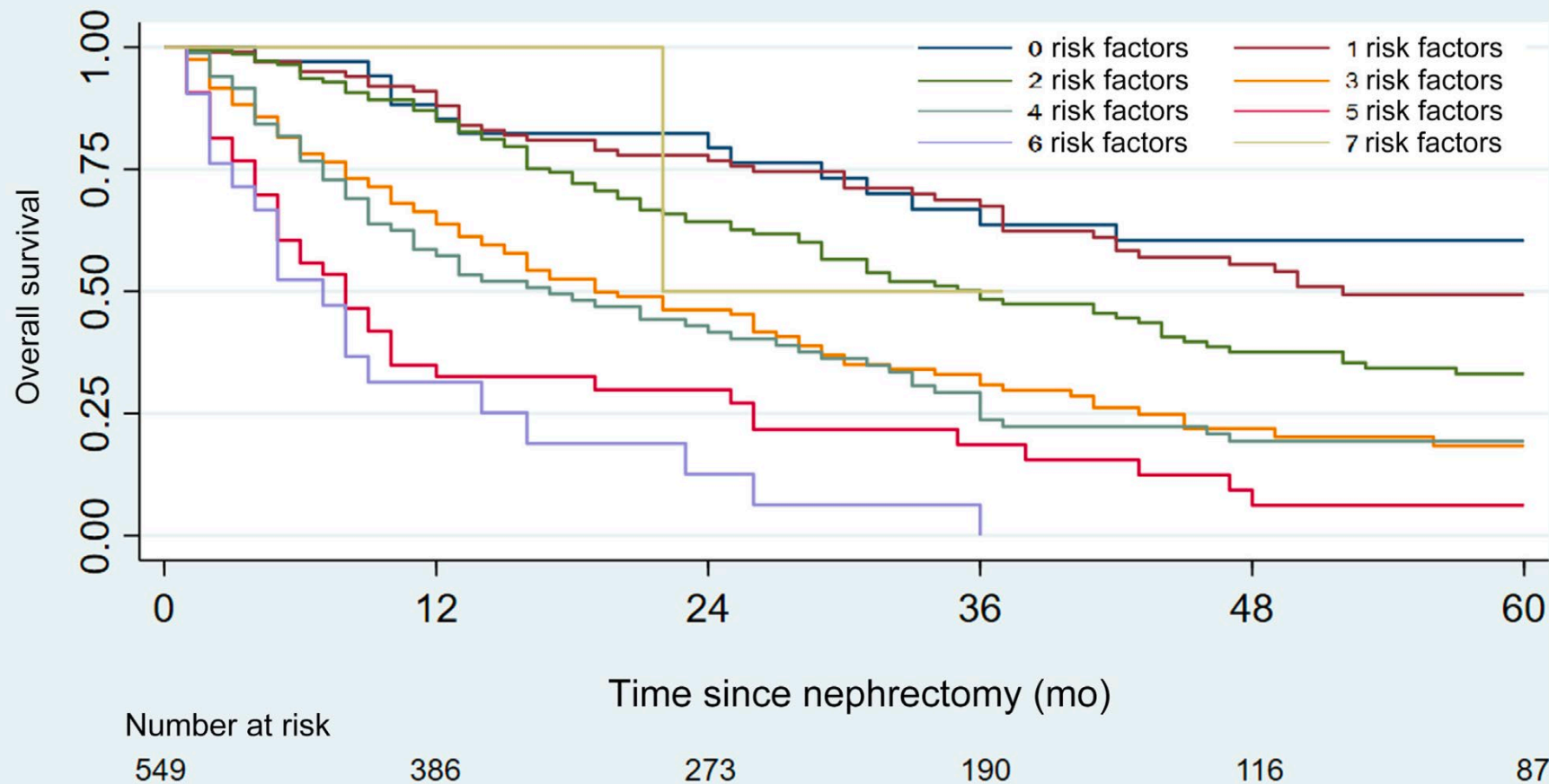
The Selection for Cytoreductive Nephrectomy (SCREEN) Score: Improving Surgical Risk Stratification by Integrating Common Radiographic Features

B



Number at risk		
Favorable	135	121
Intermediate	263	197
Poor	151	68

A



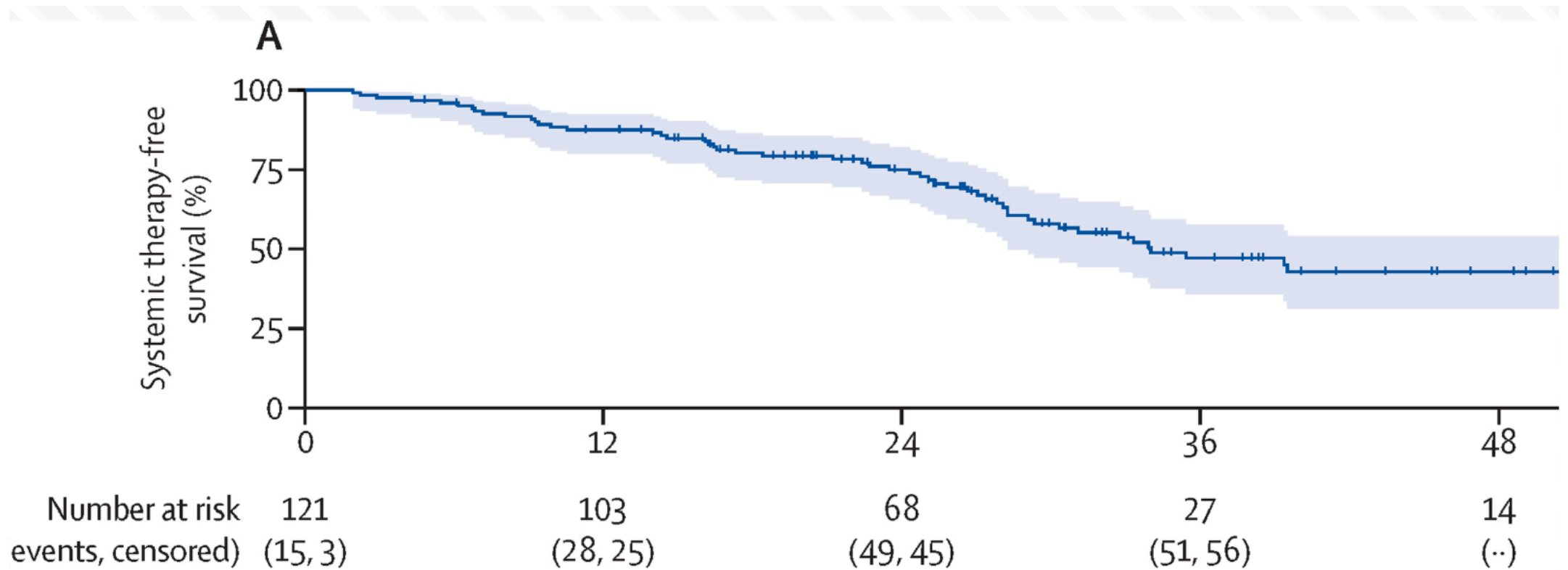
Metastasis-directed radiotherapy without systemic therapy for oligometastatic clear-cell renal-cell carcinoma: primary efficacy analysis of a single-arm, single-centre, phase 2 trial

Chad Tang, Alexander D Sherry, Aaron Seo, Kieko Hara, Haesun Choi, Suyu Liu, Xiaowen Sun, Anya Montoya, Ethan B Ludmir, Amishi Y Shah,

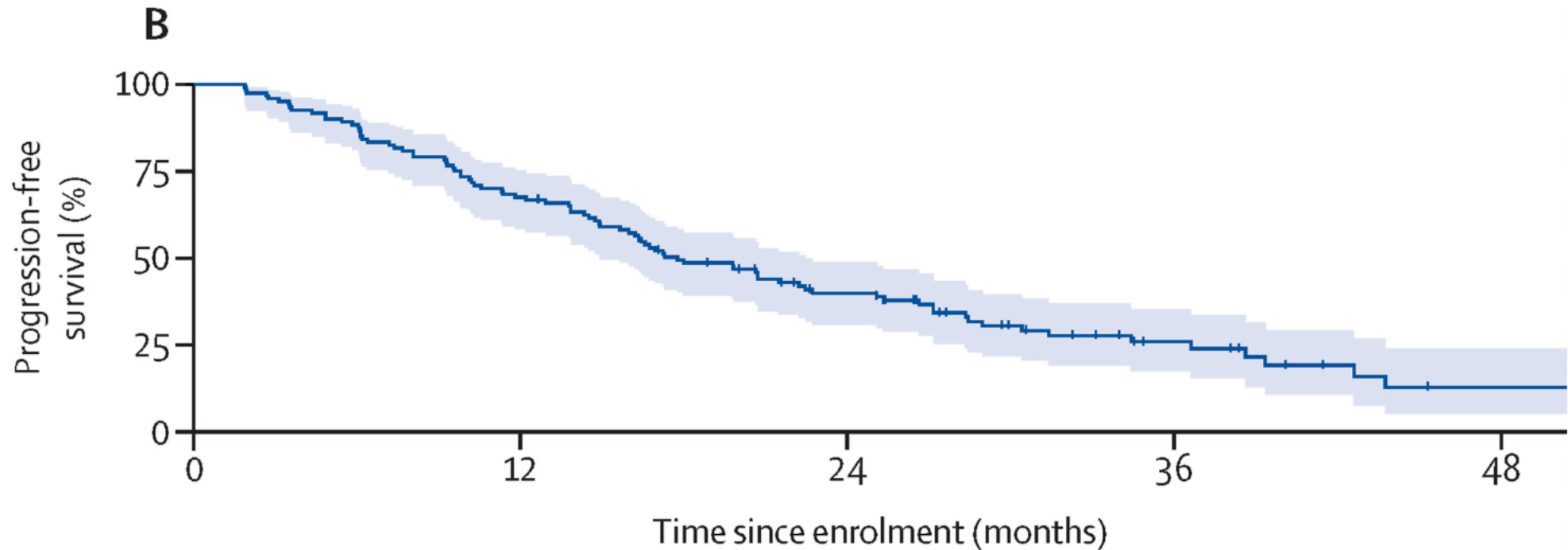
- Clear Cell Carcinoma
- 1-5 metastasis
- 2018-2023 – met directed therapy off systemic therapy w/ limited XRT for progression
- 98% had previous nephrectomy
- Patients were allowed to have previous systemic therapy, surgery, metastectomy, or radiotherapy
- Most common sites radiated included lung and lymph nodes



Met Directed Radiotherapy



Met Directed Radiotherapy



Number at risk	120	81	39	13	3
(events, censored)	(39, 0)	(70, 11)	(81, 26)	(86, 31)	(..)

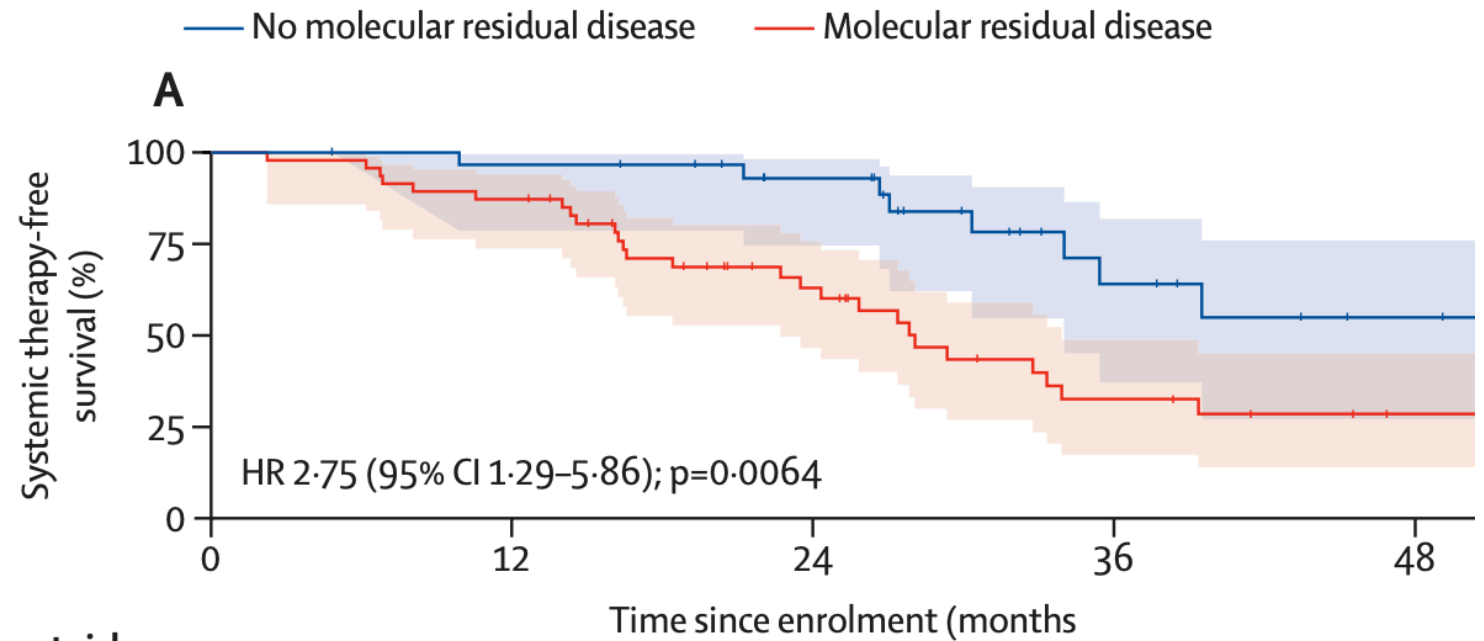
Primary outcomes of systemic therapy-free survival in the intention-to-treat population (n=121; A) and progression-free



Met Directed Radiotherapy

Natera ctDNA MRD test

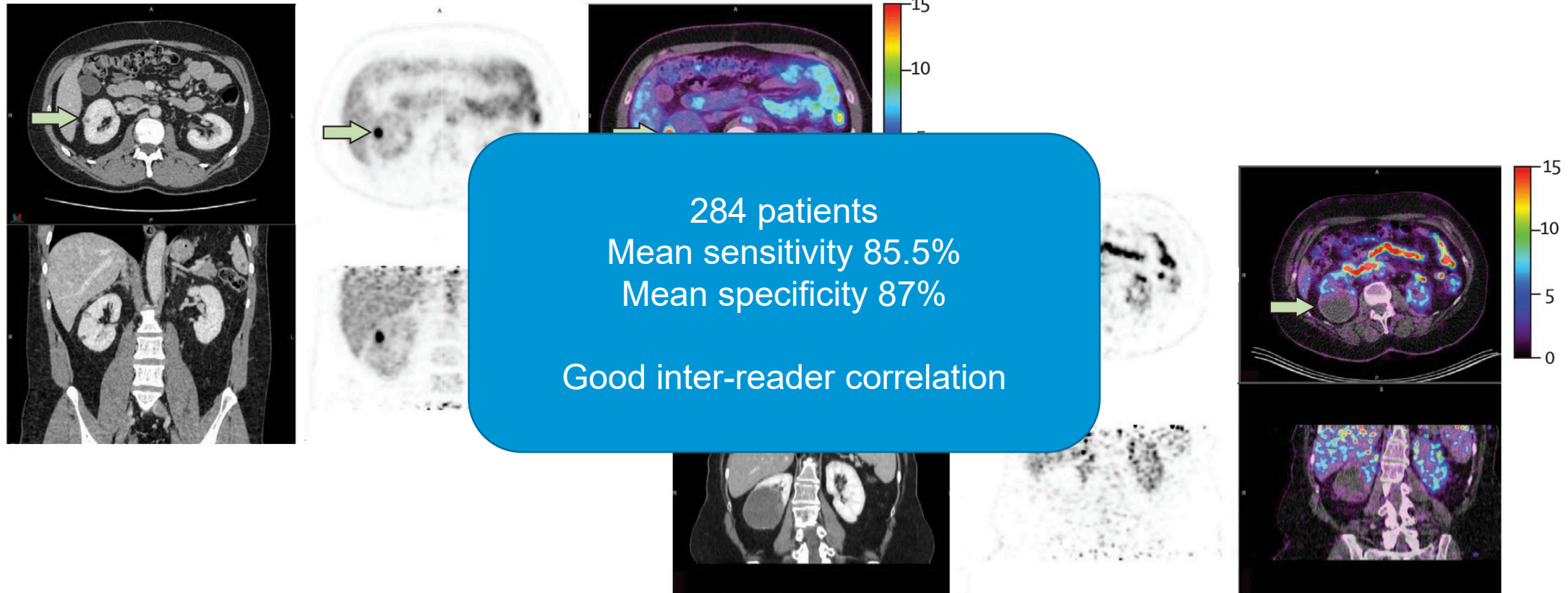
Prognostic in this small subset



	Number at risk (events, censored)				
	0	12	24	36	48
Molecular residual disease	47 (6, 0)	41 (16, 9)	22 (25, 13)	9 (26, 17)	4 (·, ·)
No molecular residual disease	31 (1, 1)	29 (2, 6)	23 (7, 15)	9 (8, 19)	4 (·, ·)

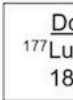


[⁸⁹Zr]Zr-girentuximab for PET-CT imaging of clear-cell renal cell carcinoma: a prospective, open-label, multicentre, phase 3 trial



STARLITE 2

Figure



Figure



Baseli

- Zr inj
- Zr-Pf
- CT C
- FDG
- Bone
- MRI

Key Inclusion Criteria

- Age \geq 18 years
- Locally advanced unresectable or metastatic RCC with clear cell component or positive CAIX expression
- PD after prior systemic therapy including \geq 1 anti PD-1 or PD-L1 antibody
- No limit to prior number of lines of treatment
- \geq 1 evaluable lesion by RECIST 1.1 on ^{89}Zr -girentuximab PET/CT
- Adequate organ function

Key Exclusion Criteria

- Radiation within 14 days prior to treatment start
- Symptomatic or active untreated brain mets $>$ 1cm or active untreated spinal cord or leptomeningeal mets
- $>$ 10mg prednisone or equivalent in last 2 years for autoimmune disease
- IO therapy discontinued for immune-related AE
- Anti-cancer therapy within 2 weeks or major surgery within 4 weeks of enrollment
- Uncontrolled hypercalcemia
- Other malignancies
- Current pregnancy
- Bleeding diathesis or untreated coagulopathy

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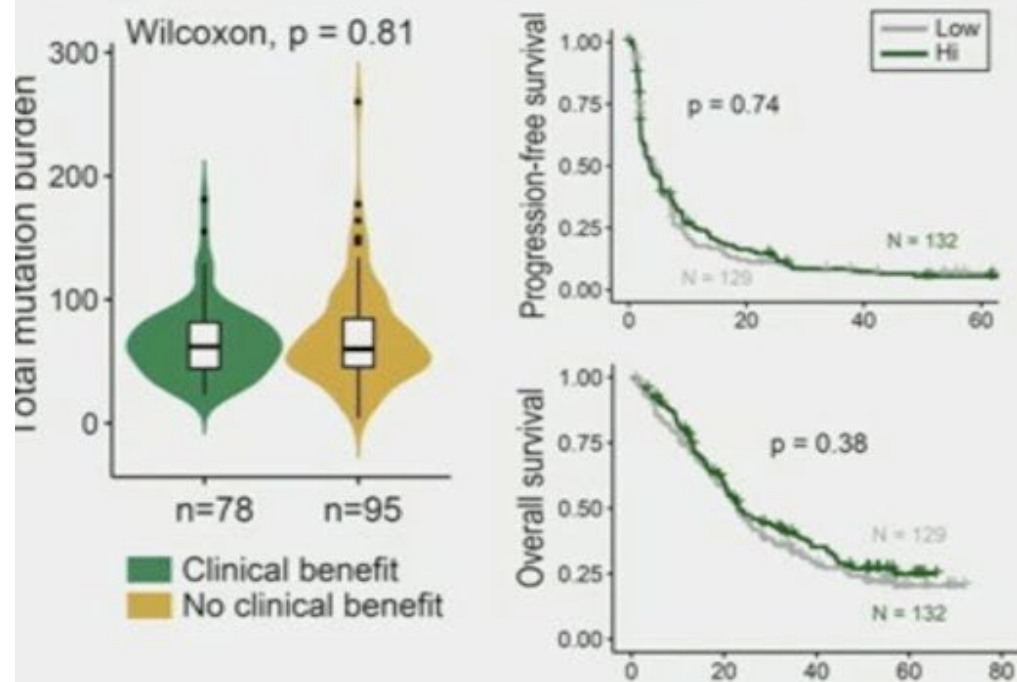


Biomarkers

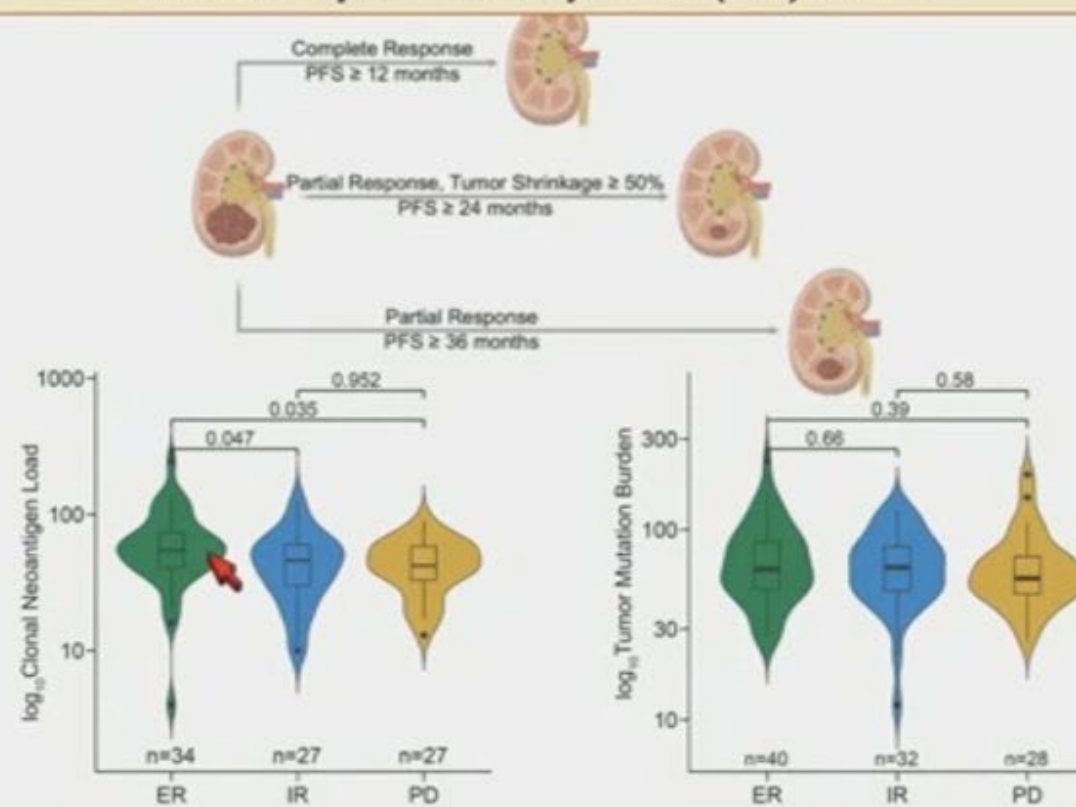


TMB does not impact ICI response, but *clonal* neoantigens may drive “exceptional” outcomes

Total mutation burden (TMB) does not impact ICI response in RCC



Clonal (aka “truncal”) neoantigens are association with exceptional response (ER) to ICI



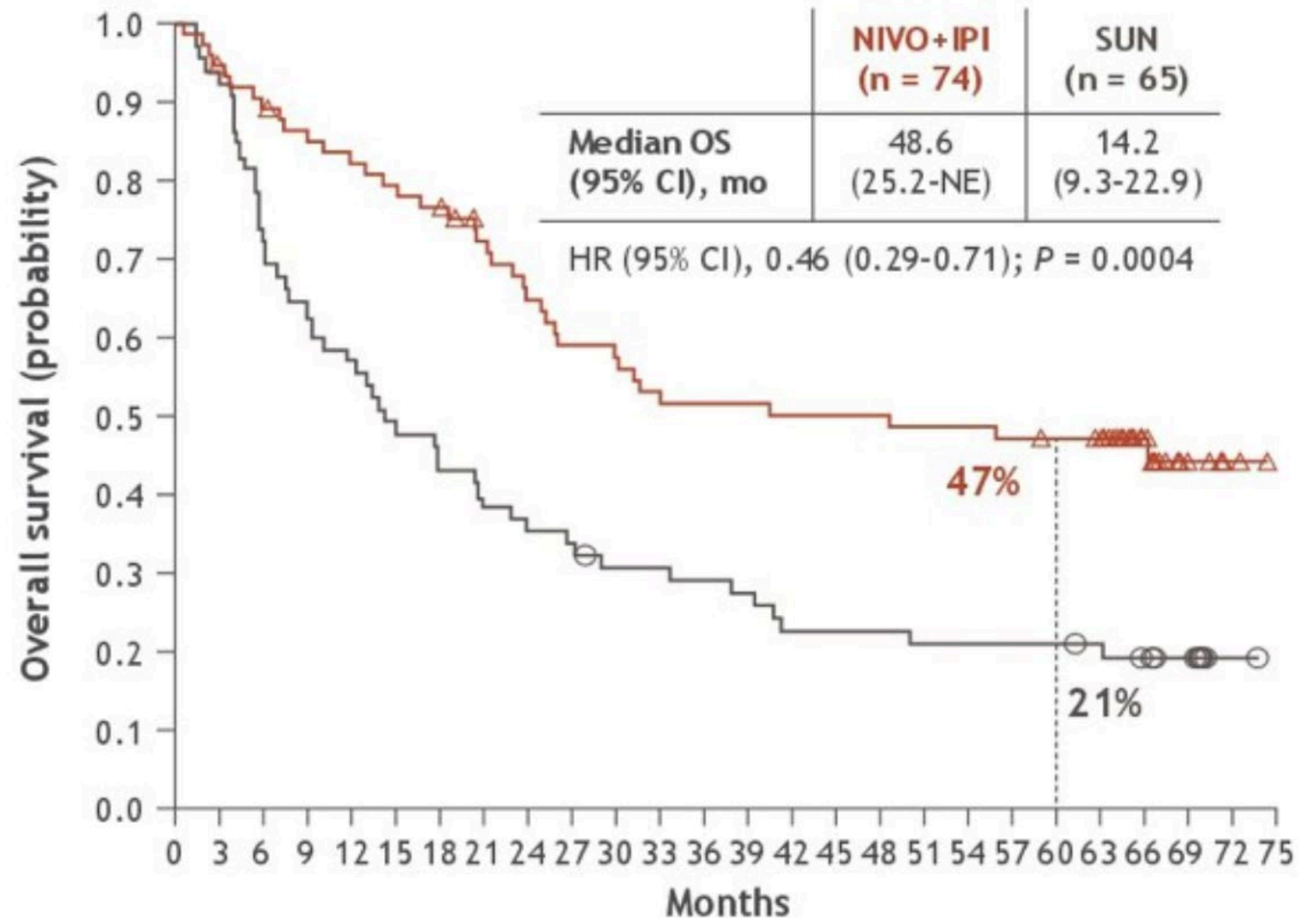
1. Braun., *Nat Med*, 2020. PMID: 32472114; 2. Jammihal, Saliby, *manuscript in revision*

Histology

Checkmate-214

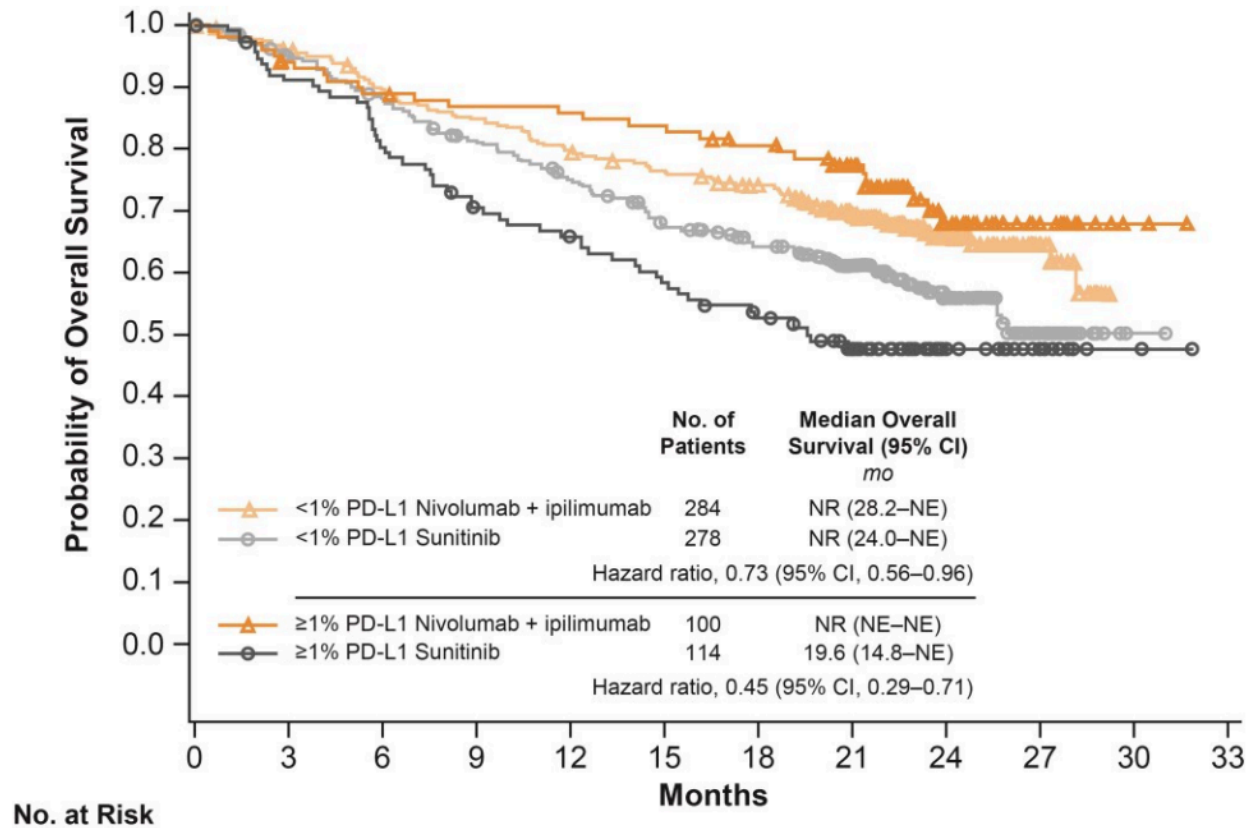
Clear improvement in response to ICI vs TKI

All I/P-risk sRCC patients



Nivolumab plus Ipilimumab versus Sunitinib in Advanced Renal-Cell Carcinoma

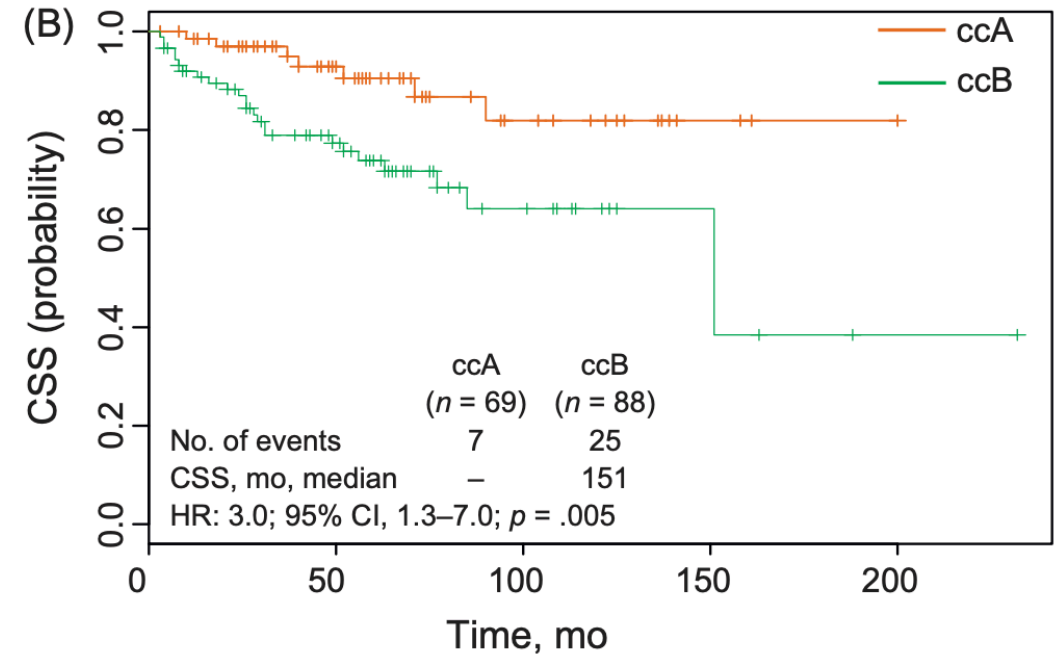
Figure S4. Kaplan–Meier Curves for Overall Survival According to PD-L1 Expression Level in IMDC Intermediate- and Poor-risk Patients



PD-L1 expression did not change response to Nivo + IPI

ClearCode34: A Prognostic Risk Predictor for Localized Clear Cell Renal Cell Carcinoma

ClearCode34



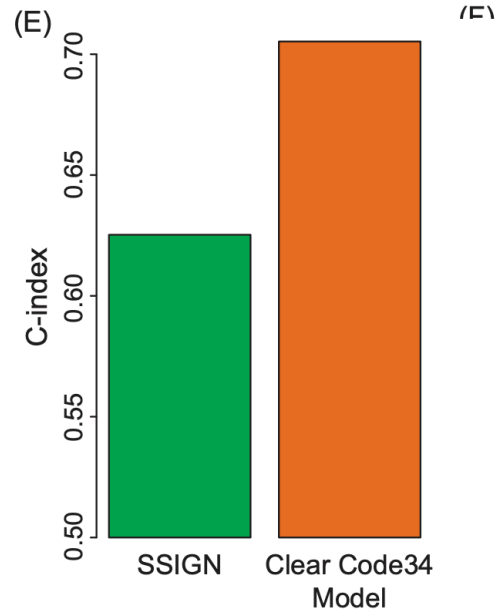
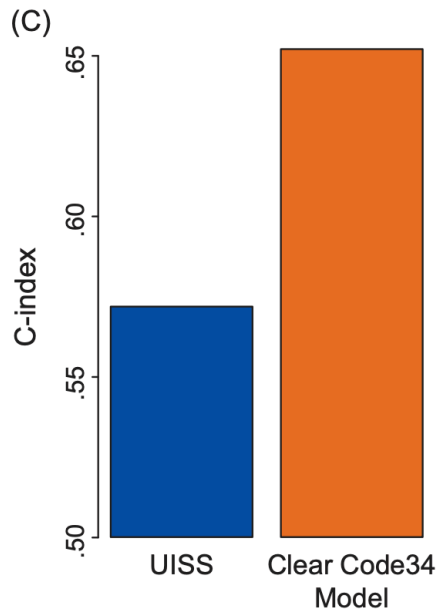
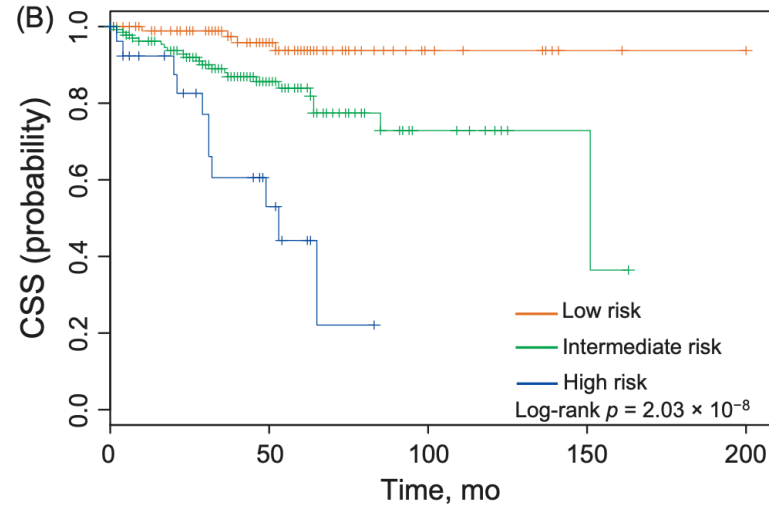
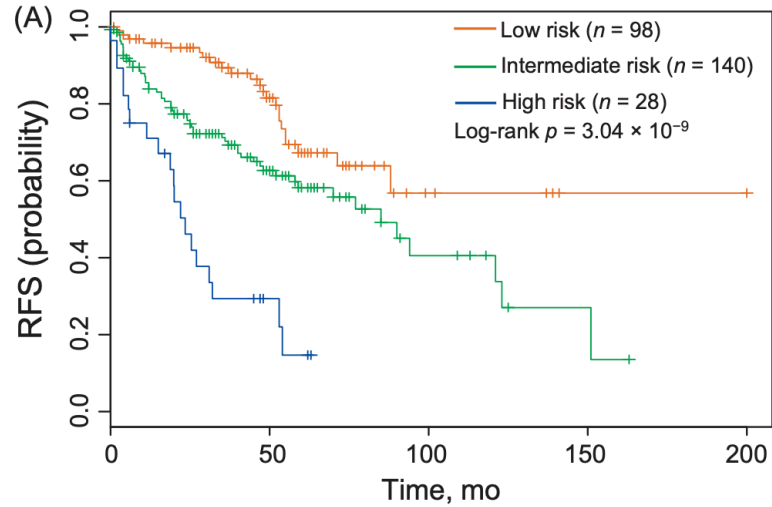
test set



Compare model to established algorithms



ClearCode34: A Prognostic Risk Predictor for Localized Clear Cell Renal Cell Carcinoma



ClearCode + Grade + Stage

Outperformed known prognostic models

Clear Cell Type A and B Molecular Subtypes in Metastatic Clear Cell Renal Cell Carcinoma: Tumor Heterogeneity and Aggressiveness

91 patients
Surgically resected ccRCC
46 M0 and 45 M1
ClearCode 34 – gene expression
microarray

43% discordance between Primary and Met
23% discordance between Mets
22% discordance within primary

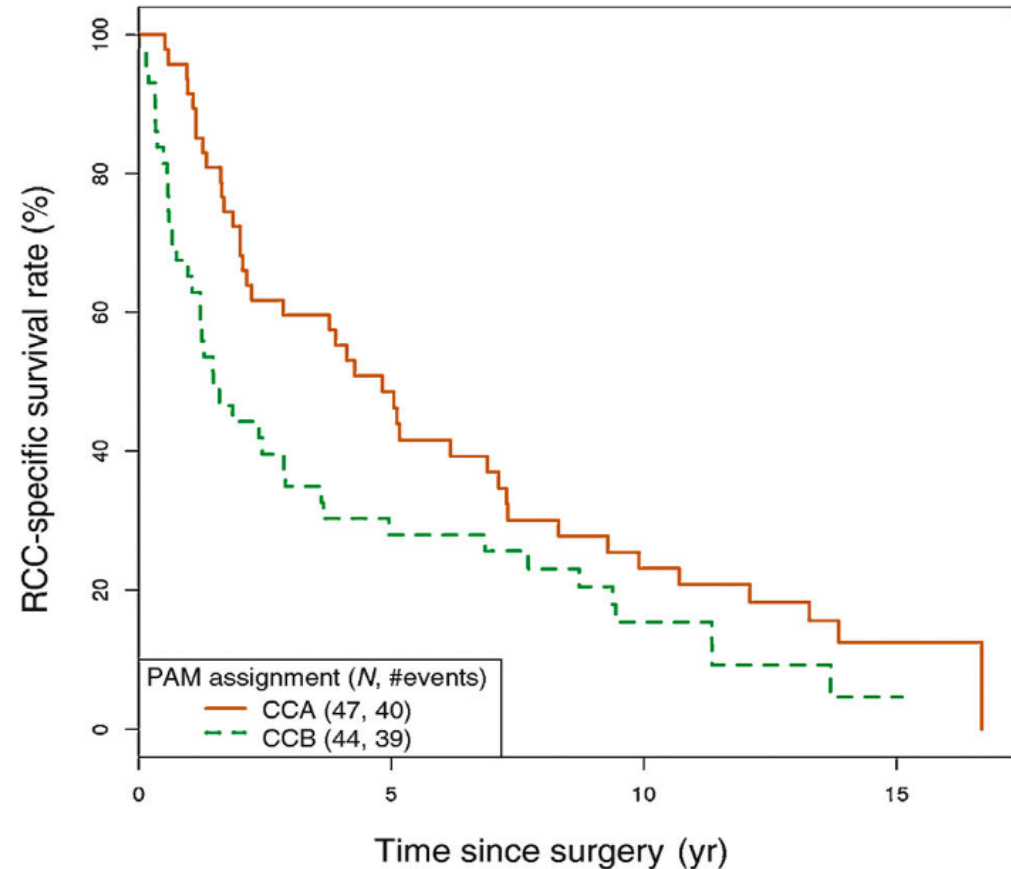


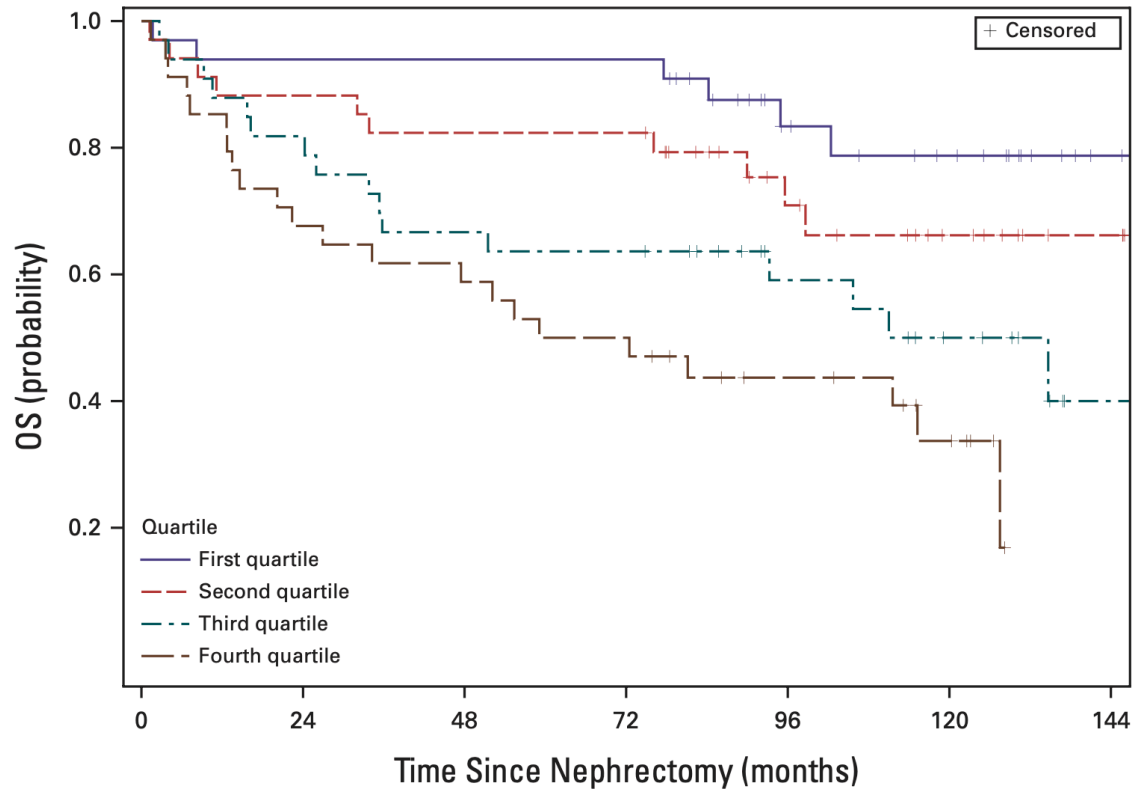
Fig. 2 – Renal cell carcinoma (RCC)–specific survival from the time of primary nephrectomy for patients assigned to ccA subtype compared to patients assigned to ccB subtype. Subtype assignment was based on gene expression profiles obtained from primary clear cell RCC (ccRCC) tumors.



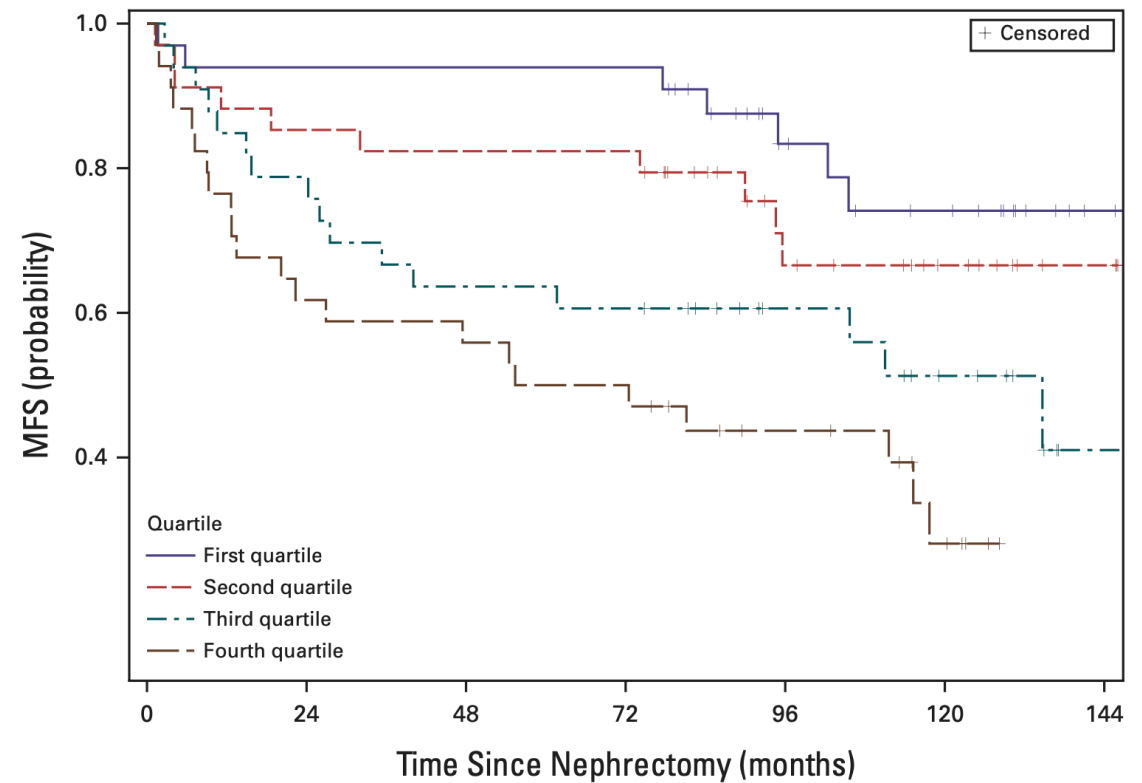
Protein Biomarkers



Plasma Kidney Injury Molecule-1 for Preoperative Prediction of Renal Cell Carcinoma Versus Benign Renal Masses, and Association With Clinical Outcomes



Variable	HR	95% CI	<i>P</i>
Log pKIM-1	1.31	1.10 to 1.54	.0019



Variable	HR	95% CI	<i>P</i>
Log pKIM-1	1.29	1.10 to 1.53	.0025

IMmotion010 +

Circulating kidney injury molecule-1 (KIM-1) biomarker analysis in IMmotion010: A randomized phase 3 study of adjuvant (adj) atezolizumab (atezo) vs placebo (pbo) in patients (pts) with renal cell carcinoma (RCC) at increased risk of recurrence after resection.

	KIM-1 High		KIM-1 Low	
Median DFS, mo	35.9		57.2	
HR (95% CI)	1.75 (1.40, 2.17)			
	Atezo (n=151)	Pbo (n=149)	Atezo (n=229)	Pbo (n=223)
Median DFS, mo	NE	21.2	57.2	NE
HR (95% CI)	0.72 (0.53, 0.99)		1.12 (0.88, 1.63)	
NE, not evaluable.				

KIM 1 >30% conferred overall worse DFS (on treatment or not)

Rise in KIM 1 on treatment lead to worse DFS

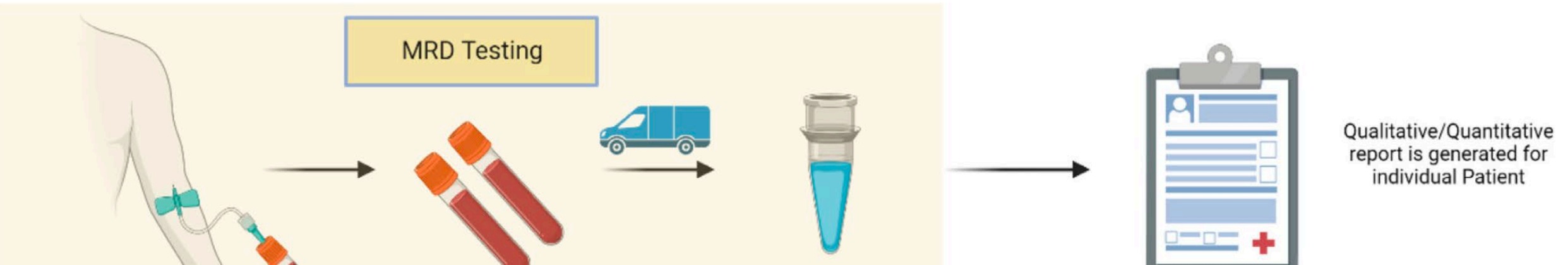
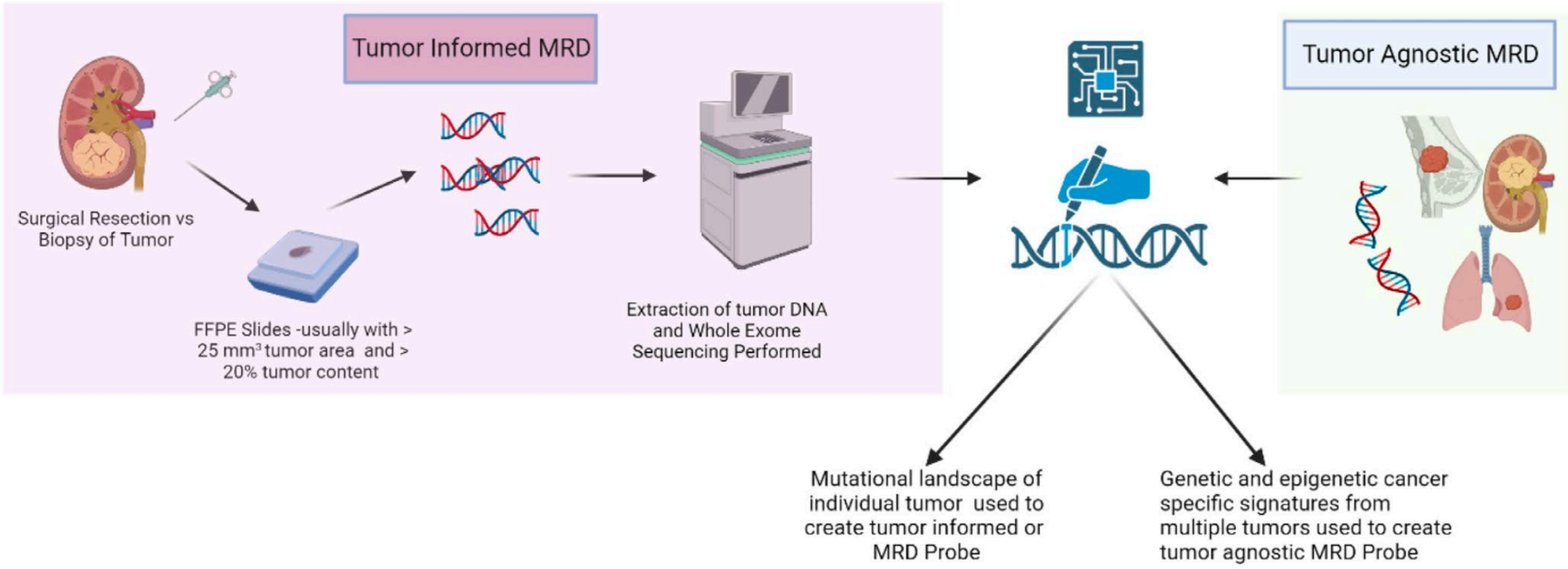
Atezo improved DFS in KIM 1 high compared to Pbo but not in KIM 1 low

Median KIM 1 levels were higher at recurrence

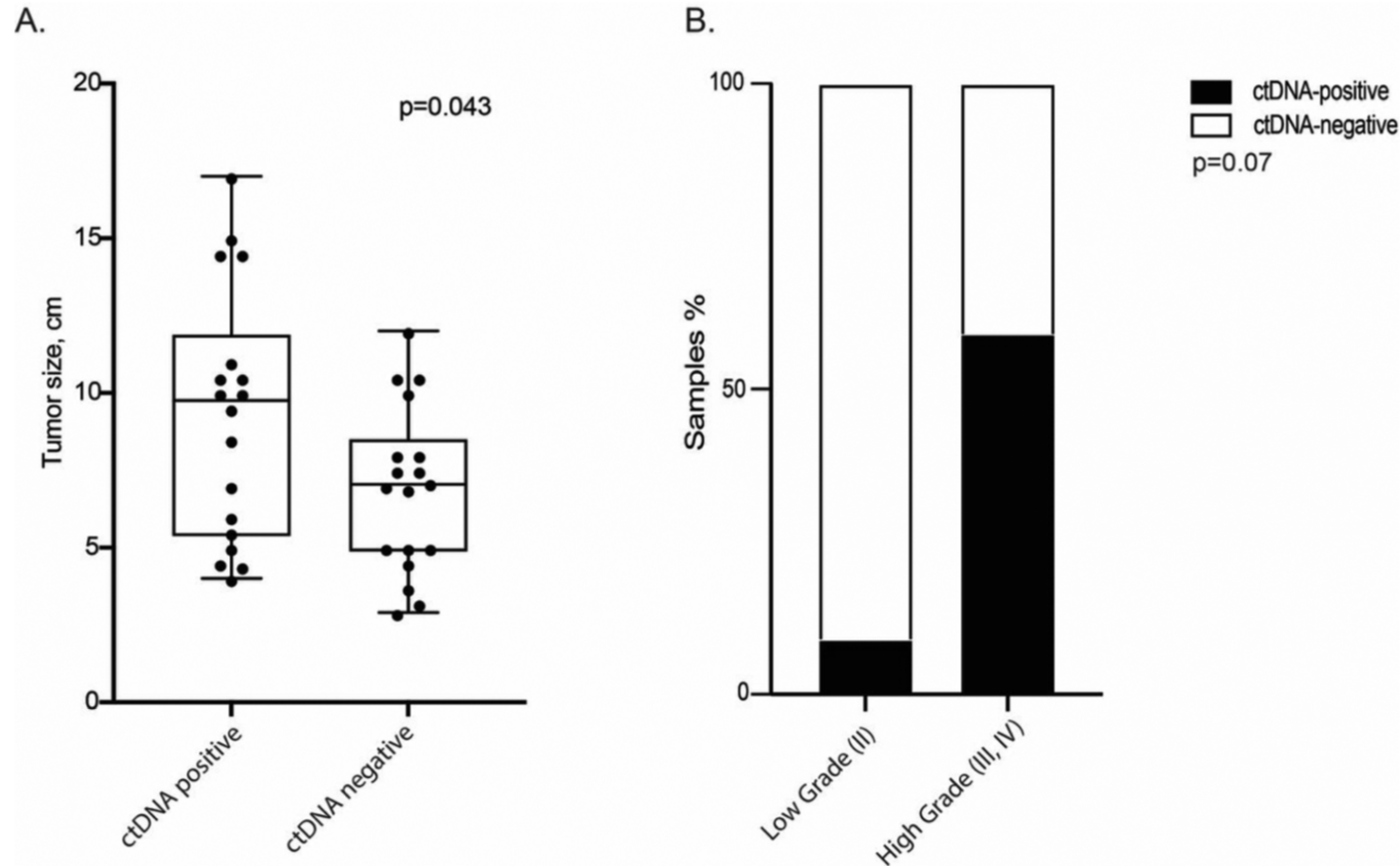


Circulating Tumor DNA

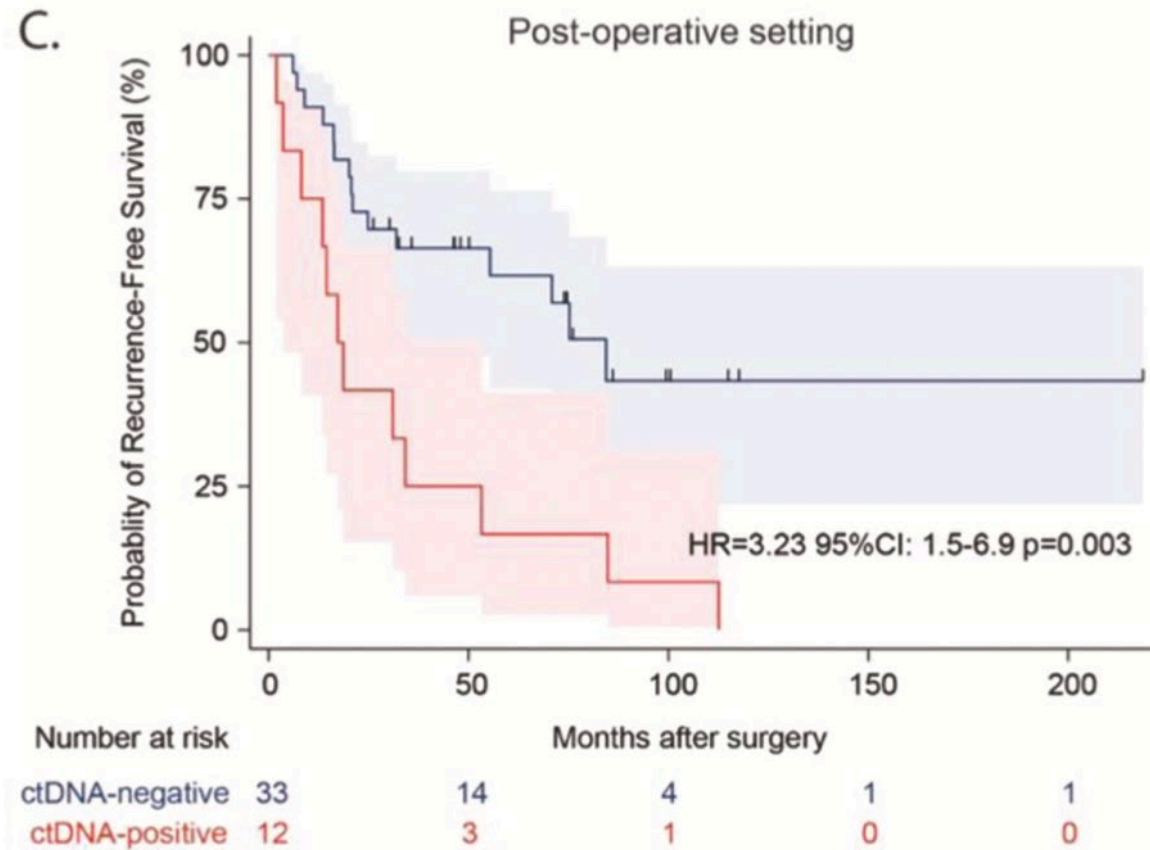
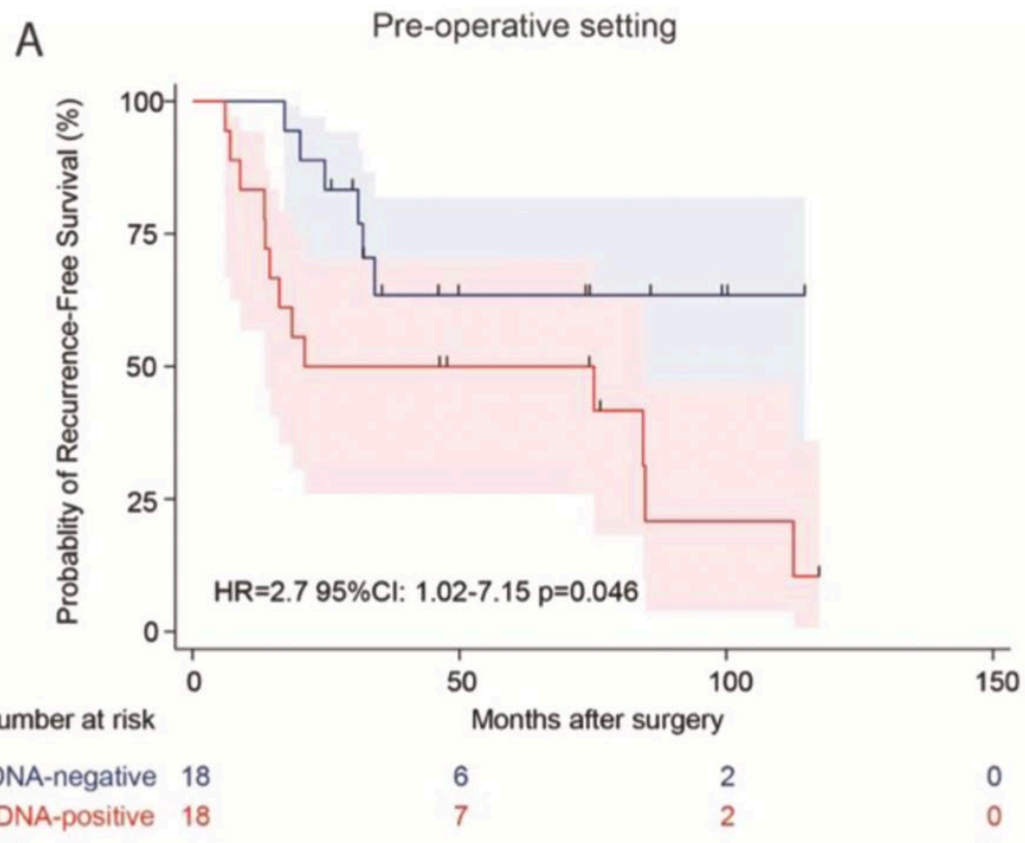




Association of circulating tumor DNA with patient prognosis in surgically resected renal cell carcinoma



Association of circulating tumor DNA with patient prognosis in surgically resected renal cell carcinoma



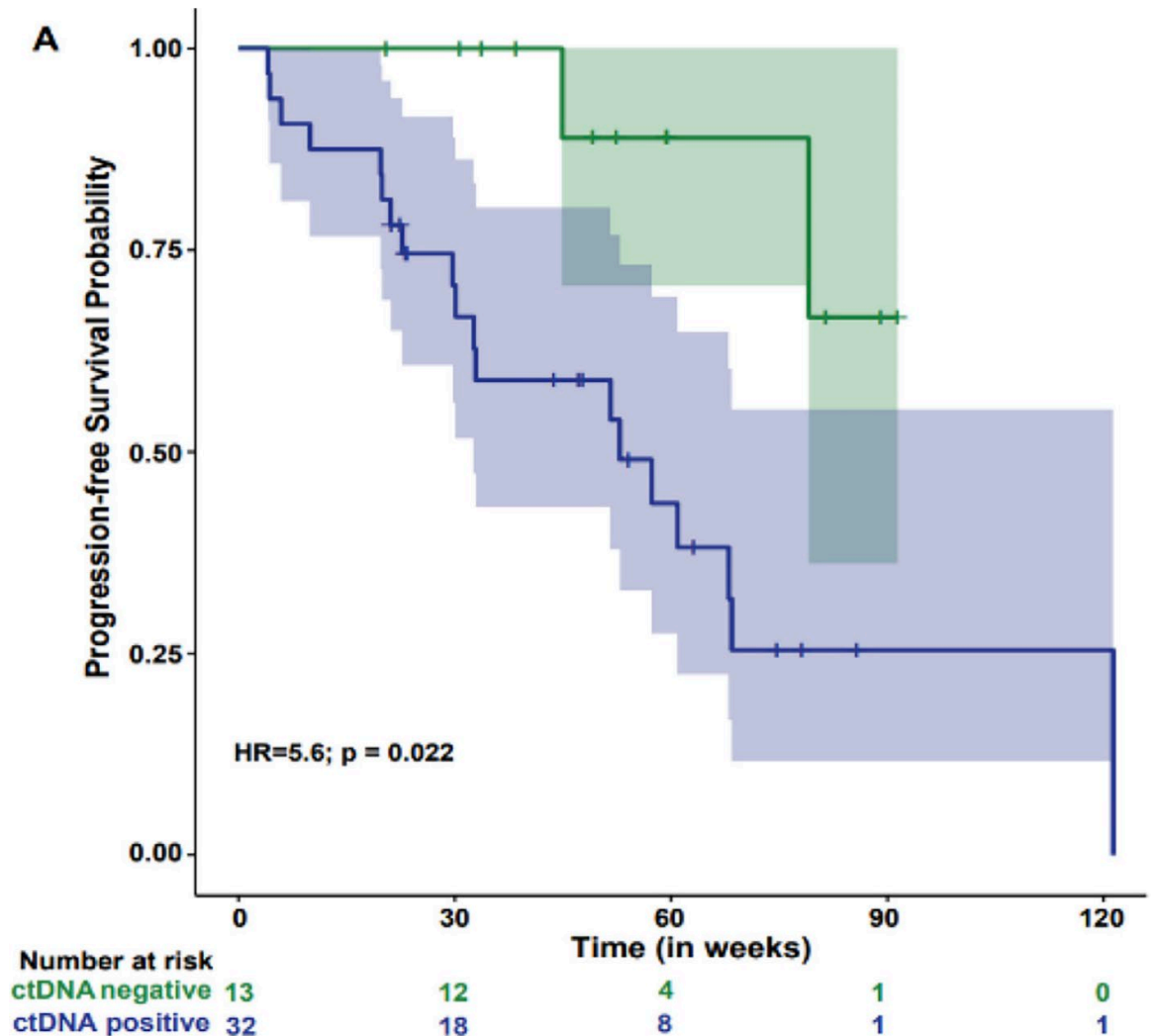
High Sensitivity Circulating Tumor-DNA Assays in Renal Cell Carcinoma—Are we there yet?

45 patients
Followed for 48 months
Localized and Metastatic

ctDNA changes over time had 90%
correlation with recurrence

83% concordance w/ negative ctDNA and
no recurrence

13.6 wk lead time to radiographic
progression



Integrative Oncology Ochsner

- Yoga and mobility
- Mental and emotional wellness
- Acupuncture
- Rehabilitative wellness services
- Diet and Nutrition



Gut Bacter Immunot

FMT - fecal
microbial transplant

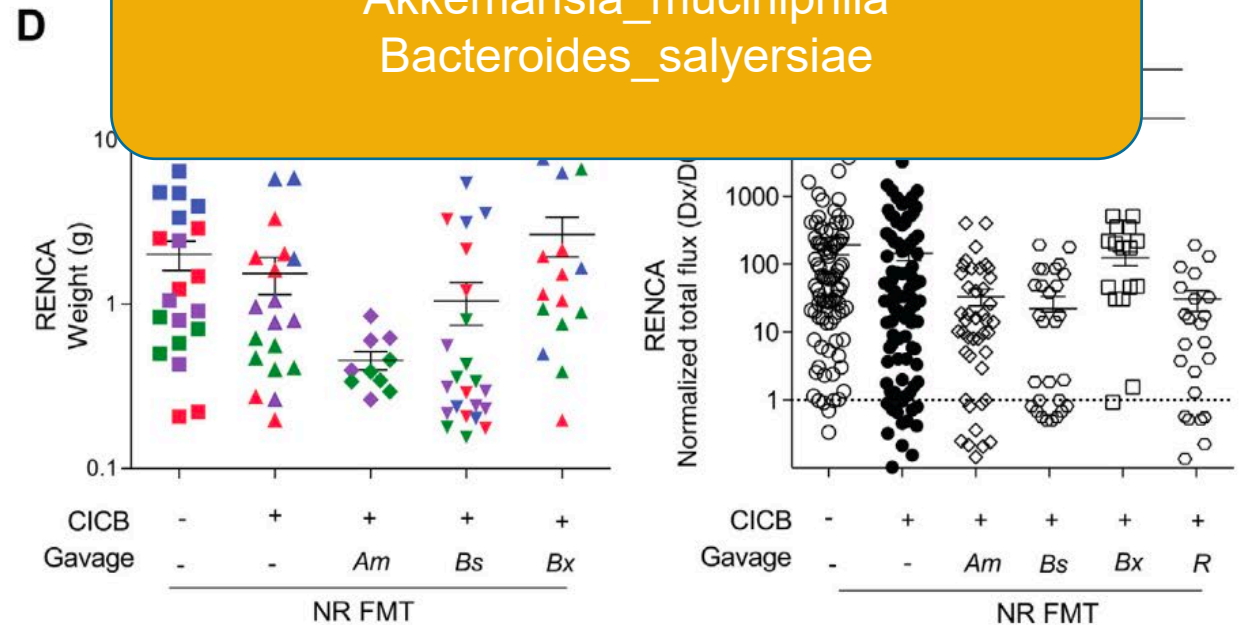
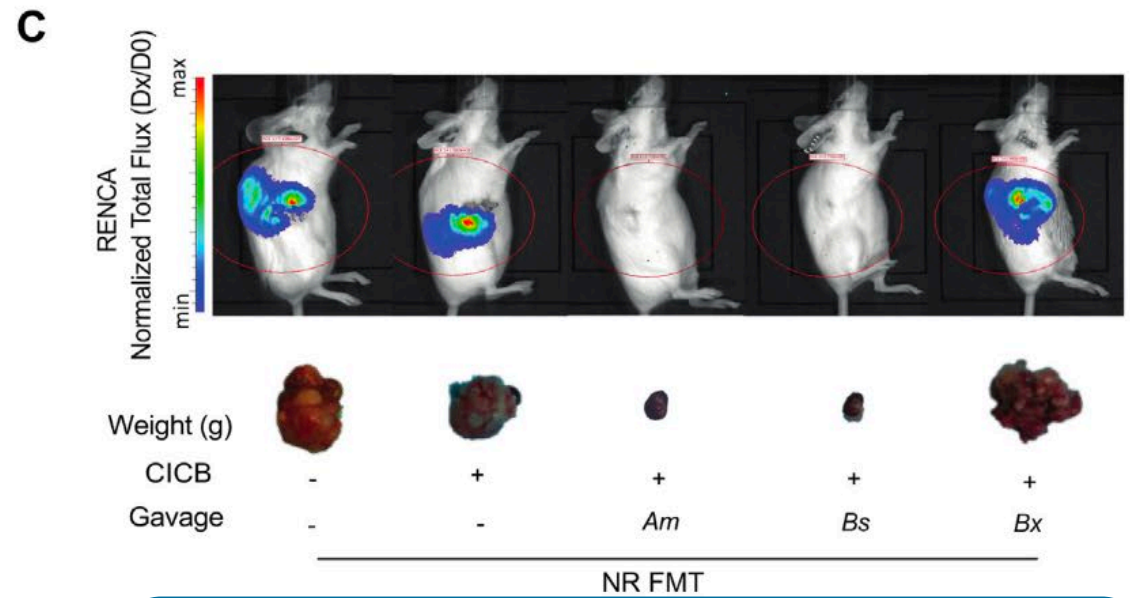
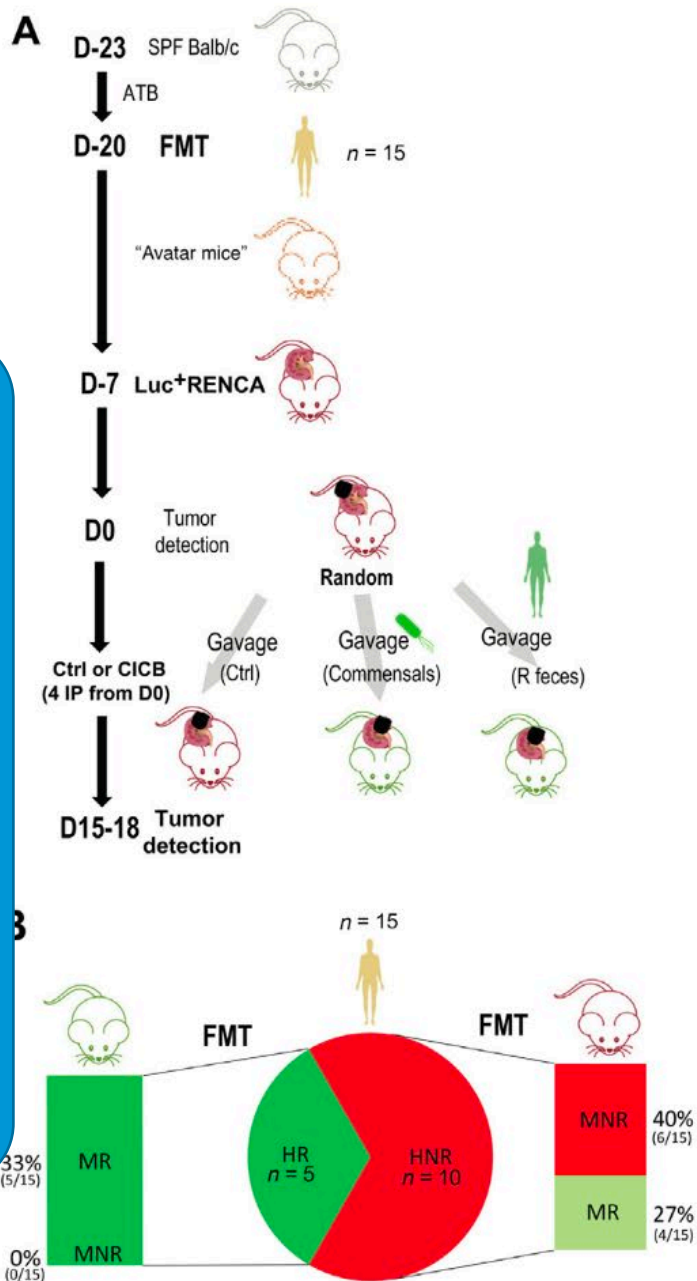
CICB - Anti-PD-1
and CTLA4

HR – human
responders

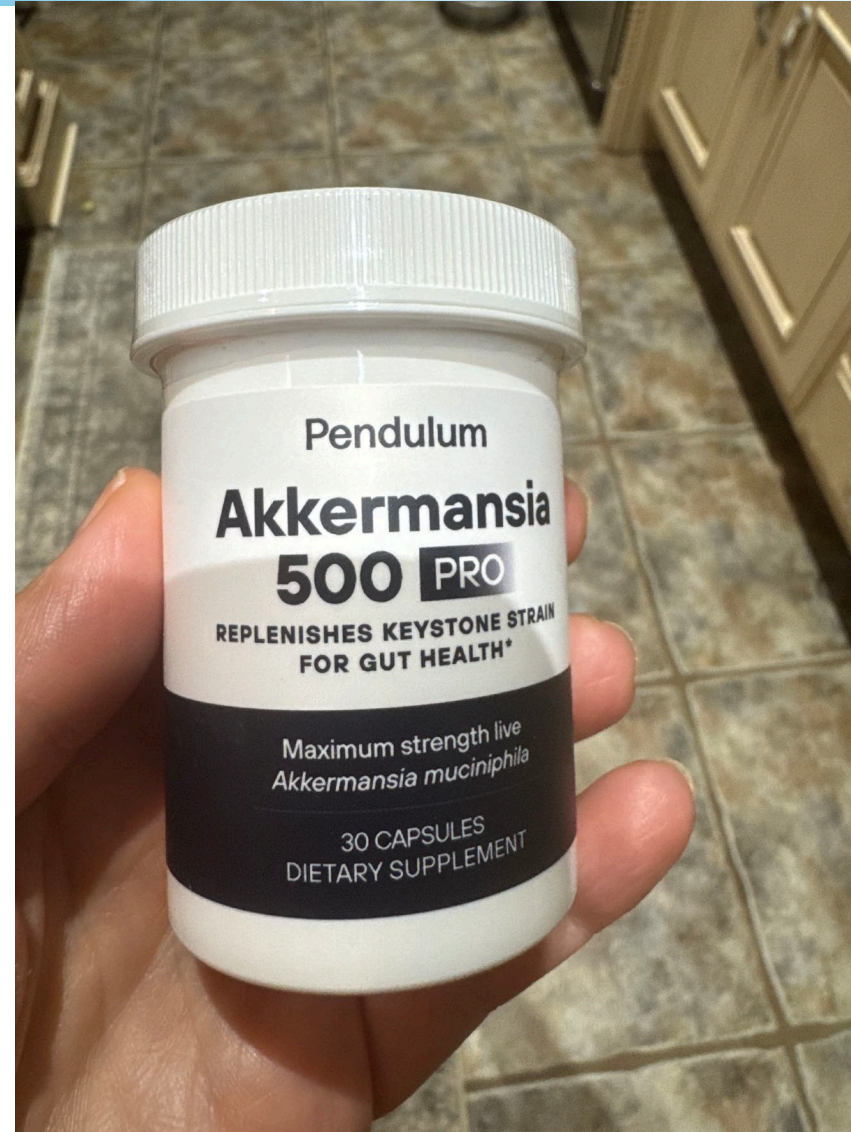
HNR – human non-
responders

MR – mouse
responders

MNR – mouse non-
responders



Akkermansia



Palliative Care

Figure 1: Trends in use of palliative interventions among patients with Stage IV RCC.

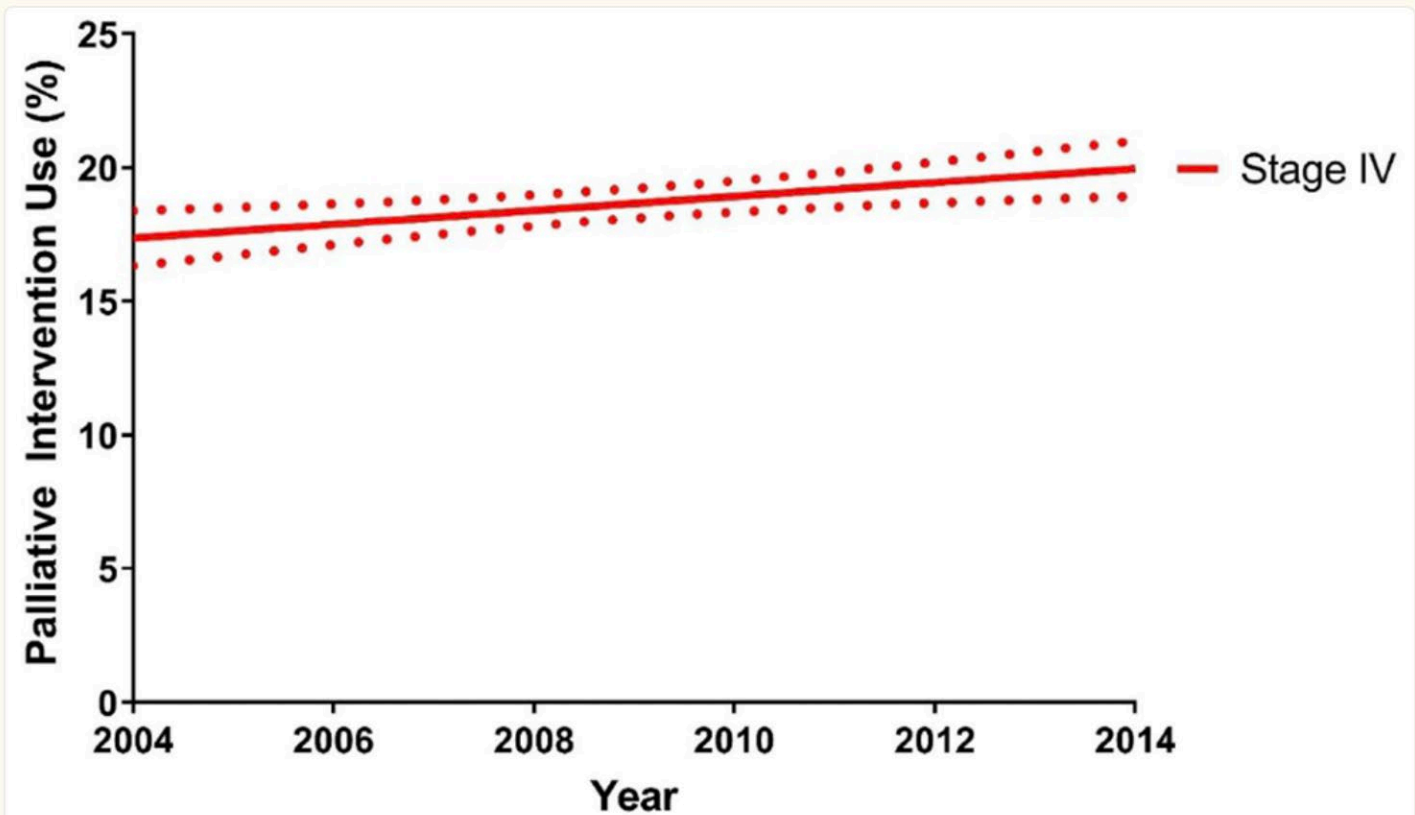
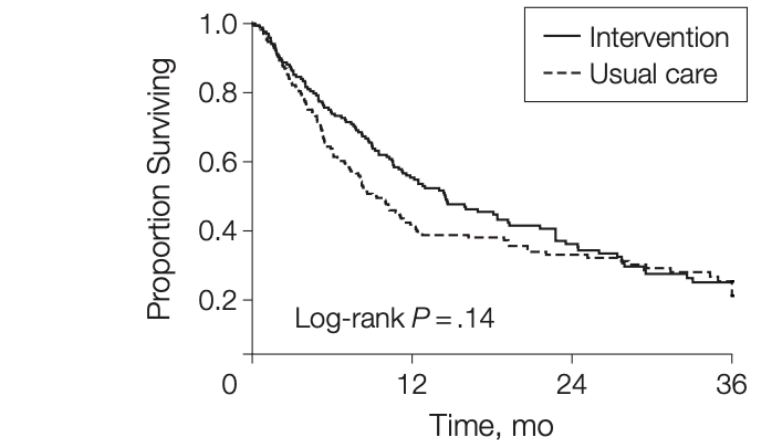


Figure 4. Kaplan-Meier Estimates of Survival According to Treatment Group



No. at risk				
Intervention	161	83	35	16
Usual care	161	62	33	16

Survival was calculated as the time of enrollment (within 8 weeks of diagnosis with new or recurrent advanced stage disease) to the time of death or study completion (May 1, 2008). Median survival for the intervention group was 14 months (95% CI, 10.6-18.4 months) and 8.5 months (95% CI, 7.0-11.1 months) for the usual care group ($P=.14$).

Conclusions

- Early stage disease → consider renal mass biopsy or novel therapies
- Precision medicine is here – Biomarkers are needed
- Medical oncology – escalate, deescalate, and choose wisely
- Radiotherapy is critical to both early and advanced disease states
- Theronostics has made its way to Kidney Cancer – hooray!
- Integrative oncology can support and strength therapeutic programs
- Medicine is not always about a cure, but also about compassion → call palliative care





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