

# SCI Summer Intensive Program

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# Purpose of Empower SCI

Bridging the gap from  
inpatient/outpatient rehab to  
community

Goal oriented for patients to  
achieve greater independence

Enables patients to build  
relationships with others who  
have similar disabilities

# Missoula, Montana



# East Greenwich, Rhode Island



# Participants

## Who?

- 10 participants at each program
- From all over the United States
- Age: adult and teen/young adult

## Injuries

- Cervical / Thoracic
- Complete / Incomplete
- Causes: MVAs, motorcycle accidents, diving/surfing accidents, gun shot to neck, spinal stroke, transverse myelitis

# Typical Day

AM/ PM routines

All meals together

Individual PT/OT sessions

Group therapy

Rehab counseling/  
Relationships  
and Sexuality

Extracurricular activities

# Participant Goals

- Independence with transfers, ADLs, cooking, catheter management, bowel program
- Improve strength
- Confidence
- Try new activities
- SCI community
- Traveling
- W/c mobility (manual vs power)

# My role



Intake on first  
day



First Aid



BP / HR Checks



Miscellaneous

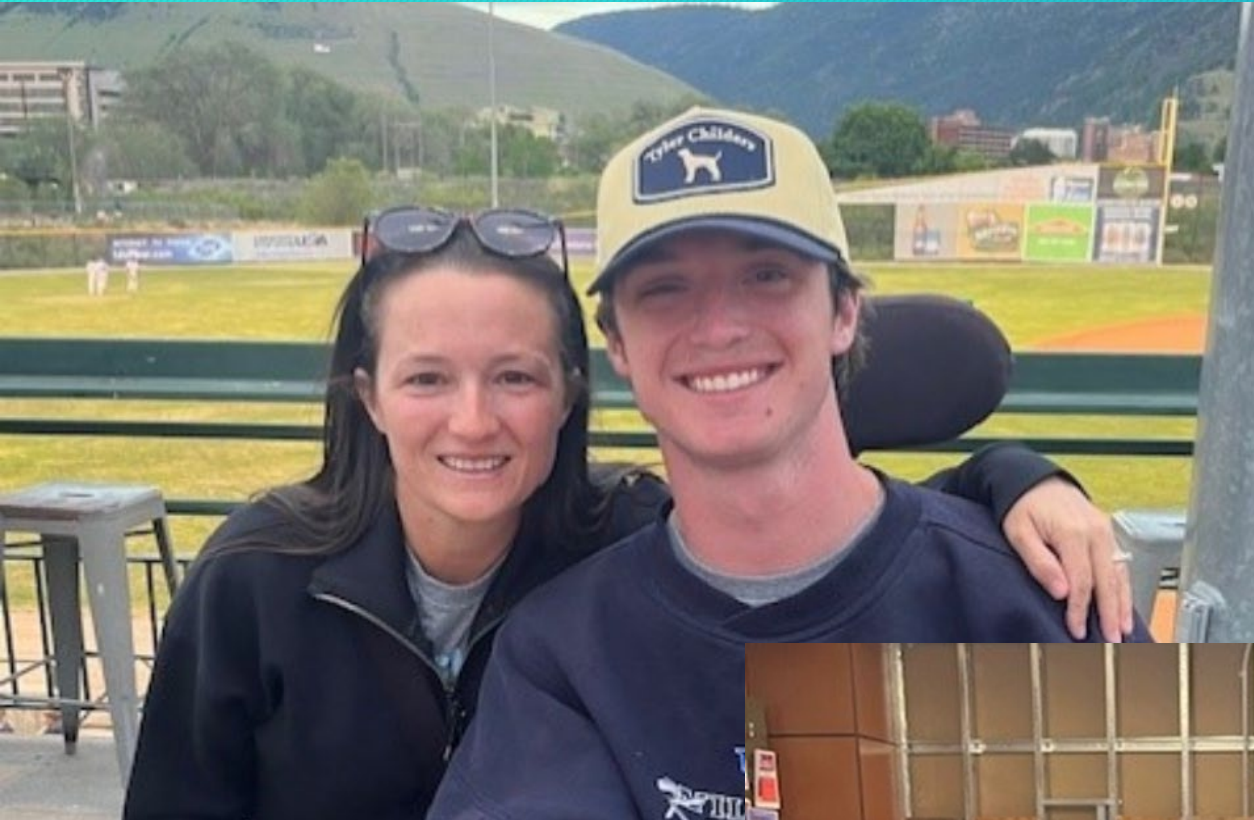




Empower  
Spinal Cord Injury  
A Second Chance at Rehabilitation  
www.empower21.org









# EMPOWER

## SPINAL CORD INJURY

### Empower SCI Social Media

<https://www.facebook.com/EmpowerSCI>

<https://www.instagram.com/empowerspinalcordinjury/>

[https://www.youtube.com/channel/UCOi-s09QTy\\_P3WTXaqBixHw](https://www.youtube.com/channel/UCOi-s09QTy_P3WTXaqBixHw)



In Memory of Kyle