



ACUPUNCTURE IN NEUROLOGY

Dr. Gigi Shames
Licensed Acupuncturist
& Doctor of Natural Health



FINANCIAL DISCLOSURES

- ▶ No relevant financial disclosures

ACUPUNCTURE PRECISELY REGULATES THE NERVOUS SYSTEM

- ▶ Developed in China 5,000 years ago (*Yellow Emperor's Inner Classic* from third century BCE; Oral tradition + 'Otzi the Iceman' = millennia older)
- ▶ Each treatment uses 10 +/- trigger points from 340 specific locations
- ▶ Points correspond closely to nerve junctions

Mandal, A., MD. (2023). Acupuncture History; News: Medical History. Available from <https://www.news-medical.net/health/Acupuncture-History.aspx>



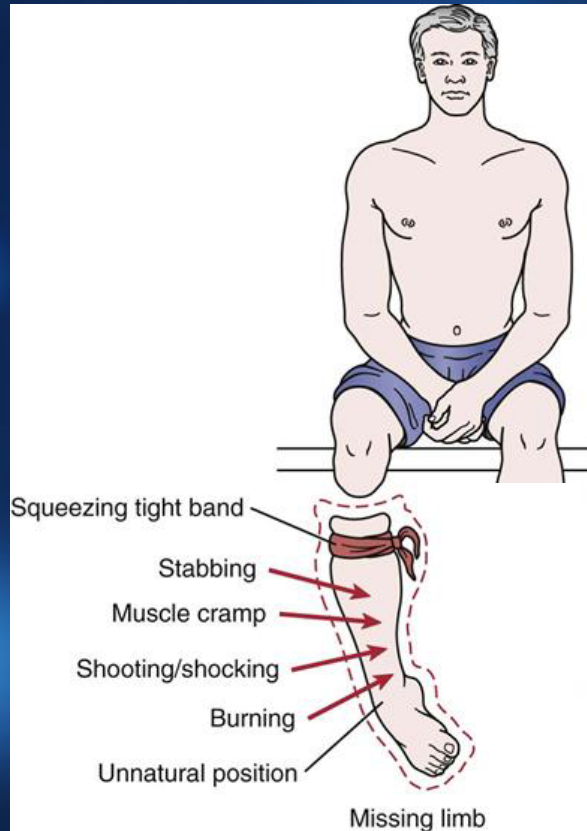
Neural Stimulation With Acupuncture

INSERTING ACUPUNCTURE POINTS

- STIMULATES NEURAL PATHWAYS TO SPINAL CORD
- DEACTIVATES SPECIFIC PAIN CENTERS IN BRAIN
- ACTIVATES BODY'S OWN OPIOIDS
- IMPROVES BRAIN'S SENSITIVITY TO OPIOIDS

The CHP Group (2014) *The Cost of Chronic Pain:How Complementary and Alternative Medicine Can Provide Relief*. Available from: https://www.chpgroup.com/wp-content/uploads/2014/12/CHP-WP_CAM-Chronic-Pain_Sls_12.12.2014.pdf

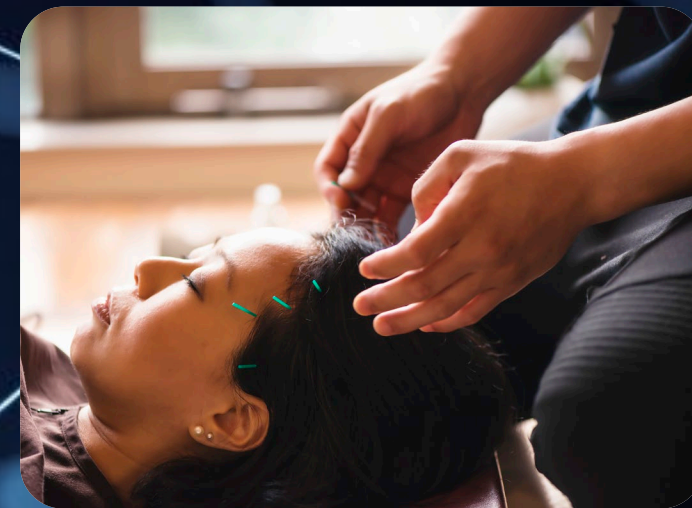
Acupuncture Mirroring Technique For Phantom Limb Pain



Acupuncture need not be
performed on the painful area.

In cases of phantom pain or neuropathy,
we may need (or prefer) to treat non-locally

Case Study



Treatment with
Mirroring Acupuncture /
Metaphor of “Plate Tectonics”

THANK YOU!

Can refer patients using the word Acupuncture or code PRO1.

MD/DO/NP/PA refer for insurance (12-20 sessions yearly) or patients can self-refer if cash pay

Acupuncture at Ochsner at multiple locations

- Slidell and Mandeville Therapy & Wellness
- Covington Hospital
- Tchoupitoulas
- Benson and Baton Rouge Cancer Centers

Acupuncture@Ochsner.org

