

**LSU Physical Medicine and Rehabilitation
Levels of Care**

Procedure/Skill:	Level of Care	Supervision	Milestone/Competency
Be able to perform detailed clinical examination of the shoulder, elbow, knee and ankle.	PG2	O	1,2
Be able to order appropriate diagnostic tests and imaging studies to assist with diagnosis and accurate assessment of the level/severity of the injury	PG2	O	1,2
Be able to perform arthrocentesis/injections of the knee and shoulder	PG2	I	1,2
Be able to differentiate complex problems of the shoulder such as instability vs impingement	PG2	I	1,2
Be able to determine the diagnosis and treatment to complex ankles	PG2	D	1,2
Having an understanding of post-operative rehabilitation guidelines and restrictions for knee ligament reconstructions and repairs	PG3	D	1,2
Acute pain management	PG3	D	1,2
Be able to interpret diagnostic test and imaging studies (X-rays, CT scan, and MRI) to assist with diagnosis and accurate assessment of the level/severity	PG3	I	1,2,3
Recognition and management of therapies, side effects and complications of pharmacologic agents used in pain medicine	PG3	O	1,2,3
Demonstrating competency skills in conducting and administering diagnostic and therapeutic injections procedures	PG3	D	1,2,3
Demonstrating performances skills specifically for epidural steroid, facet, SI, bicipital tendons, intra-articular glenohumeral, carpal tunnel, sub acromial injections and other injection procedures for the treatment of pain.	PG3	D	1,2,3
Interpersonal and communication skills	PG2	O	5,6
Professionalism in the clinic	PG2	O	5,6
System based Practice resources	PG2	O	3,4

LSU Physical Medicine and Rehabilitation Levels of Care

Key:
* Supervision
Direct -the supervising physician is physically present with the resident and patient.
*A faculty physician, other than another resident, is physically present during the key portions of the procedure or is immediately available.
Indirect -the supervising physician is physically within the hospital or other site of patient care and is immediately available to provide direct supervision.
Oversight - the supervising physician is available to provide review of procedures/encounters with feedback after care is provided.
**Core Competencies
1. Patient Care (PC)
2. Medical Knowledge (MK)
3. Practice-Based Learning & Improvement (PBL)
4. Systems-Based Practice (SBP)
5. Interpersonal & Communication Skills (IC)
6. Professionalism (P)