

## Orthopaedic Sports Medicine Levels of Care

PROCEDURE/SKILL	LEVEL OF CARE	SUPERVISION	MILESTONE	MILESTONE LEVEL	COMPETENCY
Independently provides patient care in all aspects of sports medicine conditions including physical exam, acute injuries, imaging, and proper referral to specialists	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Perform primary reconstruction of the knee, shoulder, & ankle (e.g., ACL & posterior cruciate ligament reconstruction, anterior and posterior shoulder reconstruction, knee & ankle osteochondral transplantation)	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Perform revision reconstruction ACL, anterior shoulder and lateral ankle	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Perform reconstruction for elbow, hip and ankle (ulnar collateral ligament reconstruction, hip labral and femoroacetabular impingement)	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Avoids and manages intraoperative complications (bleeding, nerve injuries, fractures)	PGY 6	IS	MK, PC, PB, SBP	4.0/4.5	1,2,3,5
Independently manage team coverage and athletic care (acute injuries on the sidelines)	PGY 6	IS	MK, PC, PB, SBP	4.0/4.5	1,2,3,5
Full knowledge of functional anatomy (meniscopopliteal ligaments, Buford complex), rehabilitation protocols, preventive techniques (ACL reconstruction, concussion, sprains), tissue healing and physiology of modalities (cartilage microfracture, PRP, corticosteroid injections)	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Full knowledge of medical issues: cardiopulmonary, skin, heat/cold tolerance, concussions, gastrointestinal (GI)/GU, and return to play guidelines	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Full knowledge of preventive measures of musculoskeletal conditions in sports medicine (training biomechanics, braces, taping, equipment changes)	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Manage acute and chronic orthopaedic and non-orthopaedic traumatic injuries or disorders (eye and ear)	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3

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Works with inter-professional teams (consultants, certified athletic trainer [ATC], physical therapist [PT], occupational therapist [OT], chiropractors, etc) to enhance athletic care and safety	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Manage office setting, training room, athletic team, and operating room with workflow efficiency	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Perform self-directed learning and evaluates patient outcomes to improve care	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Demonstrate understanding study design, locate, appraise and contribute to evidence to improve patient care	PGY 6	IS	MK, PC, PB	4.0/4.5	1,2,3
Practices compassion, integrity, respect for other and sensitivity to the diversity of the athlete	PGY 6	IS	P, PC	4.0/4.5	
Mentors colleagues on personal and professional accountability to patients, society and the profession; takes personal responsibility to maintain emotional, physical and mental health	PGY 6	IS	P	4.0/4.5	
Communicates competently in all settings within the health care system and in complex/adversarial situations	PGY 6	IS	MK, IC, SBP	4.0/4.5	
Leads and delegates health care teams roles and activities and rectifies problems among health team	PGY 6	IS	MK, IC, SBP	4.0/4.5	

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<b>KEY</b>
<b>Supervision:</b>
<b>Direct</b> -the supervising physician is physically present with the resident and patient.
A faculty physician, other than another resident, is physically present during the key portions of the procedure or is immediately available.
<b>Indirect</b> -the supervising physician is physically within the hospital or other site of patient care and is immediately available to provide direct supervision.
<b>Oversight</b> - the supervising physician is available to provide review of procedures/encounters with feedback after care is provided.
<b>Core Competencies:</b>
1. Patient Care (PC)
2. Medical Knowledge (MK)
3. Practice-Based Learning & Improvement (PBL)
4. Systems-Based Practice (SBP)
5. Interpersonal & Communication Skills (IC)
6. Professionalism (P)