PROCEDURE/SKILL	LEVEL OF CARE	SUPERVISION	MILESTONE
 Obtain general medical and psychiatric history and complete a mental status examination 	PGY 1	Direct	PC1
■ Obtain relevant collateral information from secondary sources	PGY 1	Direct	PC1
■ Screens for patient safety, including suicidal and homicidal ideation	PGY 1	Direct	PC1
 Organize and accurately summarizes, reports, and present to colleagues information obtained from the patient evaluation 	PGY 1	Direct	PC2
■ Develop a working diagnosis based on the patient evaluation	PGY 1	Direct	PC2
■ Identify potential treatment options	PGY 1	Direct	PC3
■ Recognize patient in crisis or acute presentation	PGY 1	Direct	PC3
■ Recognize patient readiness for treatment	PGY 1	Direct	PC3
■ Accurately identify patient emotions, particularly sadness, anger, and fear	PGY 1	Direct	PC4
■ Maintains appropriate professional boundaries	PGY 1	Direct	PC4
■ Demonstrates a professional interest and curiosity in a patient's story	PGY 1	Direct	PC4
■ List commonly used psychopharmacologic agents and their indications to target specific psychiatric symptoms	PGY 1	Direct	PC5
■ Review with the patient/family general indications, dosing parameters, and common side effects for commonly prescribed psychopharmacologic agents	PGY 1	Direct	PC5
 Describe the basic stages of normal physical, social, and cognitive development through the life cycle 	PGY 1	Direct	MK1
■ Identify the major psychiatric diagnostic system (DSM)	PGY 1	Direct	MK2
■ List major risk and protective factors for danger to self and others	PGY 1	Direct	MK2
■ Give examples of interactions between medical and psychiatric symptoms and disorders	PGY 1	Direct	MK2
■ Know commonly available neuroimaging and neurophysiologic diagnostic modalities and how to order them	PGY 1	Direct	MK3
■ Know how to order neuropsychological testing	PGY 1	Direct	MK3

■ Identify psychodynamic, cognitive-behavioral, and supportive therapies as major psychotherapeutic modalities	PGY 1	Direct	MK4
■ Describe general indications and common side effects for commonly prescribed psychopharmacologic agents	PGY 1	Direct	MK5
■ Describe indications for ECT	PGY 1	Direct	MK5
■ List common ethical issues in psychiatry	PGY 1	Direct	MK6
■ Recognize and describe institutional policies and procedures	PGY 1	Direct	MK6
■ List ACGME competencies	PGY 1	Direct	MK6
■ Differentiate among medical errors, near misses, and sentinel events	PGY 1	Direct	SPB1
 Recognize failure in teamwork and communication as leading cause of preventable patient harm 	PGY 1	Direct	SPB1
■ Follow institutional safety policies, including reporting of problematic behaviors and processes, errors, and near misses	PGY 1	Direct	SPB1
■ Recognize the need for efficient and equitable use of resources	PGY 1	Direct	SPB2, MK5
■ Give examples of community mental health systems of care	PGY 1	Direct	SBP3
■ Give examples of self-help groups (Alcoholics Anonymous [AA], Narcotics Anonymous [NA]), other community resources (church, school), and social networks (family, friends, acquaintances)	PGY 1	Direct	SBP3
■ Describe the difference between consultant and primary treatment provider	PGY 1	Direct	SBP4
■ Use feedback from teachers, colleagues, and patients to assess own level of knowledge and expertise	PGY 1	Direct	PBLI1
■ Recognize limits of one's knowledge and skills and seeks supervision	PGY 1	Direct	PBLI1
■ Describe and rank levels of clinical evidence	PGY 1	Direct	PBLI1
■ Recognize potential gaps in quality of care and system-level inefficiencies	PGY 1	Direct	PBLI2
■ Discuss with supervisors possible quality gaps and problems with psychiatric care delivery	PGY 1	Direct	PBLI2

■ Perform a physical exam	PGY 1	Indirect	PC1
 Obtain general medical and psychiatric history, social and family history, and complete a mental status examination 	PGY 1	Indirect	PC1
 Maintain appropriate boundaries in sharing information by electronic communication 	PGY 1	Indirect	ICS2
■ Engage in active listening, "teach back", and other strategies to ensure patient and family understanding	PGY 1	Direct	ICS2
■ Ensure that the written record (electronic medical record [EMR], personal health records [PHR]/patient portal, hand-offs, discharge summaries, etc.) are accurate and timely, with attention to preventing confusion and error, consistent with institutional policies	PGY 1	Indirect	ICS2
■ Ensure transitions of care are accurately documented, and optimize communication across systems and continuums of care	PGY 1	Direct	ICS2
■ Identify team-based care as preferred treatment approach, and collaborate as a member of the team	PGY 1	Direct	ICS1
■ Recognize communication conflicts in work relationships	PGY 1	Direct	ICS1
■ Cultivate positive relationships with patients, families, and team members	PGY 1	Direct	ICS1
■ Introduce self as patient's physician	PGY 1	Direct	PROF2
■ Display openness to feedback	PGY 1	Direct	PROF2
■ Exhibit core professional behaviors	PGY 1	Direct	PROF2
■ List ways to manage fatigue, and seek back-up as needed to ensure good patient care	PGY 1	Direct	PROF2
■ Understands the need for sleep, and the impact of fatigue on work	PGY 1	Direct	PROF2
■ Display familiarity with some basic ethical principles (confidentiality, informed consent, professional boundaries)	PGY 1	Direct	PROF1
■ Recognize that patient diversity affects patient care	PGY 1	Direct	PROF1
■ Demonstrate behaviors that convey caring, honesty, genuine interest, and respect for patients and their families	PGY 1	Direct	PROF1
■ Recognize role of physician as teacher	PGY 1	Direct	PBLI3

■ Obtain relevant collateral information from secondary sources	PGY 1	Indirect	PC1
■ Screens for patient safety, including suicidal and homicidal ideation	PGY 1	Indirect	PC1
 Organize and accurately summarizes, reports, and present to colleagues information obtained from the patient evaluation 	PGY 1	Indirect	PC2/PC3
■ Develop a working diagnosis based on the patient evaluation	PGY 1	Indirect	PC2/PC3
■ Manage the agitated patient	PGY 1	Indirect	PC2/PC3
■ Manage the acutely suicidal patient	PGY 1	Indirect	PC2/PC3
■ Order seclusion and restraints appropriately	PGY 1	Indirect	PC2/PC3
■ Identify potential treatment options	PGY 1	Indirect	PC3
■ Recognize patient in crisis or acute presentation	PGY 1	Indirect	PC3
■ Recognize patient readiness for treatment	PGY 1	Indirect	PC3
■ Evaluate at least 50 patients with psychiatric disease in an ER setting with appropriate disposition decision making	PGY 1	Indirect	PC3
■ Accurately identify patient emotions, particularly sadness, anger, and fear	PGY 1	Indirect	PC4
■ Maintains appropriate professional boundaries	PGY 1	Indirect	PC4
■ Demonstrates a professional interest and curiosity in a patient's story (empathy)	PGY 1	Indirect	PC4
■ List commonly used psychopharmacologic agents and their indications to target specific psychiatric symptoms	PGY 1	Indirect	PC5/PC2
■ Participate in treatment decisions and discharge planning	PGY 1	Indirect	PC5/PC2
■ Review with the patient/family general indications, dosing parameters, and common side effects for commonly prescribed psychopharmacologic agents	PGY 1	Indirect	PC5/PC2
 Describe the basic stages of normal physical, social, and cognitive development through the life cycle 	PGY 1	Indirect	MK1
■ Identify the major psychiatric diagnostic system (DSM)	PGY 1	Indirect	MK2
■ List major risk and protective factors for danger to self and others	PGY 1	Indirect	MK2
■ Give examples of interactions between medical and psychiatric symptoms and disorders	PGY 1	Indirect	MK2

■ Recognize medical disorders that mimic psychiatric symptoms	PGY 1	Indirect	MK2
■ Recognize psychiatric disorders that mimic medical symptoms	PGY 1	Indirect	MK2
■ Follow multiple patients with the following diagnoses: schizophrenia, bipolar disorder, major depressive disorder, substance dependence, abuse and intoxication	PGY 1	Indirect	MK2
■ Know commonly available neuroimaging and neurophysiologic diagnostic modalities and how to order them	PGY 1	Indirect	MK3
■ Know how to order neuropsychological testing	PGY 1	Indirect	MK3
■ Recognize acute psychiatric symptoms and major CNS disorders	PGY 1	Indirect	MK3
 Identify psychodynamic, cognitive-behavioral, and supportive therapies as major psychotherapeutic modalities 	PGY 1	Indirect	MK4
■ Successfully complete a written cognitive exam	PGY 1	Indirect	MK4
■ Describe general indications and common side effects for commonly prescribed psychopharmacologic agents	PGY 1	Indirect	MK5
■ Describe indications for ECT	PGY 1	Indirect	MK5
■ Recognize drug interactions	PGY 1	Indirect	MK5
■ List common ethical issues in psychiatry	PGY 1	Indirect	MK6
■ Recognize and describe institutional policies and procedures	PGY 1	Indirect	MK6
■ List ACGME competencies	PGY 1	Indirect	MK6
■ Demonstrate knowledge of legal issues related to acute patient care	PGY 1	Indirect	MK6/PROF1
■ Differentiate among medical errors, near misses, and sentinel events	PGY 1	Indirect	SPB1
■ Recognize failure in teamwork and communication as leading cause of preventable patient harm	PGY 1	Indirect	SPB1
■ Follow institutional safety policies, including reporting of problematic behaviors and processes, errors, and near misses	PGY 1	Indirect	SPB1
■ Recognize the need for efficient and equitable use of resources	PGY 1	Indirect	SBP2/SBP3
■ Recognize and utilize appropriate community resources for patients	PGY 1	Indirect	SBP2/SBP3
■ Consider financial implications of patient care, and advocate appropriately for patients and their families	PGY 1	Indirect	SBP2/SBP3

■ Give examples of community mental health systems of care	PGY 1	Indirect	SBP3
■ Give examples of self-help groups (Alcoholics Anonymous [AA], Narcotics Anonymous [NA]), other community resources (church, school), and social networks (family, friends, acquaintances)	PGY 1	Indirect	SBP3
■ Describe the difference between consultant and primary treatment provider	PGY 1	Indirect	SBP4
■ Use feedback from teachers, colleagues, and patients to assess own level of knowledge and expertise	PGY 1	Indirect	PBLI1
■ Recognize limits of one's knowledge and skills and seeks supervision	PGY 1	Indirect	PBLI1
■ Describe and rank levels of clinical evidence	PGY 1	Indirect	PBLI1
■ Read about issues related to patient care and acute illness	PGY 1	Indirect	PBLI1
■ Apply evidence based medicine to patient care decisions	PGY 1	Indirect	PBLI1
■ Identify evidence based practices in daily rounds and in didactics	PGY 1	Indirect	PBLI1
■ Access and uses online information	PGY 1	Indirect	PBLI1
■ Recognize potential gaps in quality of care and system-level inefficiencies	PGY 1	Indirect	PBLI2
■ Discuss with supervisors possible quality gaps and problems with psychiatric care delivery	PGY 1	Indirect	PBLI2
■ Recognize role of physician as teacher	PGY 1	Indirect	PBLI3
■ Perform an interview in front of faculty for critique and feedback (clinical skills exam)	PGY 1	Direct	PBLI3/ICS2
■ Demonstrate behaviors that convey caring, honesty, genuine interest, and respect for patients and their families	PGY 1	Indirect	PROF1
■ Recognize that patient diversity affects patient care	PGY 1	Indirect	PROF1
■ Respect diversity of culture, gender, and race	PGY 1	Indirect	PROF1
■ Display familiarity with some basic ethical principles (confidentiality, informed consent, professional boundaries)	PGY 1	Indirect	PROF1
■ Understands the need for sleep, and the impact of fatigue on work	PGY 1	Indirect	PROF2

■ List ways to manage fatigue, and seek back-up as needed to ensure good patient care	PGY 1	Indirect	PROF2
■ Exhibit core professional behaviors	PGY 1	Indirect	PROF2
■ Display openness to feedback	PGY 1	Indirect	PROF2
■ Introduce self as patient's physician	PGY 1	Indirect	PROF2
■ Prepare for and arrive to team meetings in a timely manner	PGY 1	Indirect	PROF2
■ Answer pager reliably	PGY 1	Indirect	PROF2
■ Use supervision appropriately	PGY 1	Indirect	PROF2
■ Act and dress in an appropriate manner for a physician	PGY 1	Indirect	PROF2
■ Timely completion of admission and discharge summaries	PGY 1	Indirect	PROF2
■ Demonstrate knowledge of self-limitations	PGY 1	Indirect	PROF1/PROF2
■ Cultivate positive relationships with patients, families, and team members	PGY 1	Indirect	ICS1
■ Recognize communication conflicts in work relationships	PGY 1	Indirect	ICS1
■ Identify team-based care as preferred treatment approach, and collaborate as a member of the team	PGY 1	Indirect	ICS1
■ Ensure transitions of care are accurately documented, and optimize communication across systems and continuums of care	PGY 1	Indirect	ICS2
■ Ensure that the written record (electronic medical record [EMR], personal health records [PHR]/patient portal, hand-offs, discharge summaries, etc.) are accurate and timely, with attention to preventing confusion and error, consistent with institutional policies	PGY 1	Indirect	ICS2
■ Engage in active listening, "teach back", and other strategies to ensure patient and family understanding	PGY 1	Indirect	ICS2
■ Maintain appropriate boundaries in sharing information by electronic communication (including telepsychiatry)	PGY 1	Indirect	ICS2
■ Educate patients and their families about illness and recurrence prevention	PGY 1	Indirect	ICS2
Obtain collateral information in an appropriate manner	PGY 1	Indirect	ICS2

Key

Supervision

Direct-the supervising physician is physically present with the resident and patient.

A faculty physician, other than another resident, is physically present during the key portions of the procedure or is immediately available.

Indirect-the supervising physician is physically within the hospital or other site of patient care and is immediately available to provide direct supervision.

Oversight- the supervising physician is available to provide review of procedures/encounters with feedback after care is provided.

Core Competencies

- 1. Patient Care (PC)
- 2. Medical Knowledge (MK)
- 3. Practice-Based Learning & Improvement (PBL)
- 4. Systems-Based Practice (SBP)
- 5. Interpersonal & Communication Skills (IC)
- 6. Professionalism (P)