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| **Monday, January 14, 2019**  Red Beans with Rice and Smoke Sausage  Fried Chicken Tenders  Grilled Salmon  Creamed Spinach  Fried Corn Nuggets  Corn Maque Choux  Parsley Roasted Potato  Vegetable Blend  Combo: Red Beans with Rice and Smoke Sausage, Side and 16oz Beverage  **Tuesday, January 15,2019**  Smothered Liver with Onions  Homemade Meatloaf with Gravy  Grilled Mahi-Mahi  Veggie Blend  Fried Okra  Green Peas  Smothered Cabbage  Corn  Twice Baked Potatoes  Combo: Liver, Side, and 16oz Beverage  Healthy Combo: ½ Grilled Mahi-Mahi, ½ Side, and 16oz Beverage    **Wednesday, January 16,2019**  **Louisiana Shrimp Stew with Sausage and Potatoes**  **Chicken Parmesan**  **Grilled Chicken Breast**  **Garlic Mash Potatoes**  **Buttered Corn**  **Fried Green Beans**  **Greens**  **Field Peas**  **Grilled Asparagus**  **Combo: Chicken Parmesan, Side and 16oz Beverage for**  **Healthy Combo: 1 grilled chicken breast, 1 side, and beverage** | **Thursday, January 17,2019**  **Seafood Stuffed Eggplant**  **Homemade Beef Stew with Rice**  **Grilled Tuna**  **Buttered Corn**  **Veggie Blend**  **Green Bean Casserole**  **Dirty Rice**  **Mac-N-Cheese**  **Fried Broccoli Bites**  **Combo: Beef Stew, Side, and 16oz Beverage**    **Friday, January 18,2019**  Fried Catfish  Baked Catfish  Grilled Chicken Breast  French Fries  Potato Salad  Coleslaw  Broccoli and Cheese  Mac-N-Cheese  Green Peas  Combo: Fried Catfish, Side, 16oz Beverage    \*Menu & combo’s subject to change without notice  We always appreciate all input and suggestions!  Email your comments to Blaine Guillot at: [blaine.guillot@ochsner.org](mailto:blaine.guillot@ochsner.org)  Thank you for your continued support! |