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| **Monday, January 14, 2019**Red Beans with Rice and Smoke SausageFried Chicken TendersGrilled SalmonCreamed SpinachFried Corn NuggetsCorn Maque ChouxParsley Roasted PotatoVegetable BlendCombo: Red Beans with Rice and Smoke Sausage, Side and 16oz Beverage**Tuesday, January 15,2019**Smothered Liver with OnionsHomemade Meatloaf with GravyGrilled Mahi-Mahi Veggie Blend Fried OkraGreen PeasSmothered CabbageCornTwice Baked PotatoesCombo: Liver, Side, and 16oz Beverage Healthy Combo: ½ Grilled Mahi-Mahi, ½ Side, and 16oz Beverage  **Wednesday, January 16,2019****Louisiana Shrimp Stew with Sausage and Potatoes****Chicken Parmesan****Grilled Chicken Breast****Garlic Mash Potatoes****Buttered Corn****Fried Green Beans****Greens****Field Peas****Grilled Asparagus****Combo: Chicken Parmesan, Side and 16oz Beverage for** **Healthy Combo: 1 grilled chicken breast, 1 side, and beverage** | **Thursday, January 17,2019****Seafood Stuffed Eggplant****Homemade Beef Stew with Rice****Grilled Tuna****Buttered Corn****Veggie Blend****Green Bean Casserole****Dirty Rice****Mac-N-Cheese****Fried Broccoli Bites****Combo: Beef Stew, Side, and 16oz Beverage** **Friday, January 18,2019**Fried CatfishBaked CatfishGrilled Chicken BreastFrench FriesPotato SaladColeslawBroccoli and CheeseMac-N-CheeseGreen PeasCombo: Fried Catfish, Side, 16oz Beverage \*Menu & combo’s subject to change without noticeWe always appreciate all input and suggestions!Email your comments to Blaine Guillot at: blaine.guillot@ochsner.orgThank you for your continued support! |