



EXTRA! EXTRA! READ ALL ABOUT IT!

TECHNOLOGY APPOINTMENTS AVAILABLE THROUGHOUT THE MONTH

GO members who may need help signing onto the GO Cloud, registering for MyOchsner, sending emails, or any other basic technology questions can schedule an appointment with me by calling 225-755-4984 or email cabroussard@ochsner.org.

VOLUNTEERING AT OCHSNER

If you are interested in becoming a volunteer at Ochsner, please contact Katie Daher, Ochsner Volunteer Director. You can reach her in the office at 504-842-6787 or email kdaher@ochsner.org.

UPCOMING EVENTS:

FEBRUARY 15, 2024 (THURSDAY): DAY TRIP - HORSE RACES AT NEW ORLEANS FAIRGROUNDS

1751 Gentilly Blvd. in New Orleans

Join us at the New Orleans Fairgrounds for fun, excitement, thrills, intrigue, and adventure. And best of all, a chance to win a lot of money! It's the third oldest thoroughbred race meet in the U.S., with over six hundred of the newest slots. It's famously known as "the home of big thrills" in New Orleans. Cost will include lunch, admission, racing program, and non-alcoholic beverages. The races will start at 12:45pm, with the dining room opening at 12pm for seating.

GAME DAY AT OCHSNER 65PLUS

We are interested in starting a Game Day to be held at Ochsner65Plus. The event will be held weekly or biweekly or once a month depending on your response. The time and day can be determined by the response to this event. Card playing, scrabble, or whatever you would recommend for Game Day. We will provide the coffee, snacks, games, cards, and the tables. All you need to do is to come for the fun!

LINE DANCING

If you or anyone you know is interested in teaching line dancing to our members, please let us know.

UPCOMING TRIPS:

DATE TO BE ANNOUNCED: ROAD TRIP - TEXAS SPRING FLING (DETAILS TBA)

SEPTEMBER 2024: EXTENDED TRIP - ALASKA CRUISE (DETAILS TBA)

PROMOTIONS & PROGRAMS:

YEAR-ROUND FOOD DRIVE: LET'S GIVE TO OUR LOCAL PANTRY

Bring a can good whenever you can. Food boxes will be in the lobby of Ochsner 65Plus. Let's help our neighbors in need.

THE ROYAL REFERRAL PROGRAM: Refer friends and family and we will contact them to explain our program and its benefits. For every friend that becomes a member you'll receive an entry into our **Grand Prize Drawing for Autographed Saints Memorabilia**. When four friends become members, **you earn free membership for the upcoming year**. The more friends you refer that become members, the more opportunities you get to win!

REGIONAL ATTENDANCE AWARD PROGRAM (RAAP): The person from each region who attends the most GO events, will be awarded a **FREE GO membership in 2024**.

Retirement Wishes & Bucket List Suggestions

Create a healthier mind, body, and spirit.

Attend monthly meetings, luncheons, and day trips in and around the community.

Learn about physical and emotional wellness at educational and wellness seminars.

Meet people in the same stage of life who want to be active and healthy.

Explore & travel to exotic places - overnight trips and extended travel opportunities.

Give the Gift of Friendship for Any Occasion



All your friends should be living their best life! Introduce them to Golden Opportunity and we'll help them achieve their retirement wishes. While you're gifting them, we'll gift you with an entry into the Royal Referral Grand Prize Drawing.

To purchase gift certificates or for more information contact,
Cassie Broussard at 225-755-4984 or email cabroussard@ochsner.org

A dedicated telephone line has been set up with Ochsner Scheduling Department for GO members to schedule medical appointments without any delays. **Baton Rouge: 225-761-5824**

Ochsner On Call: This 24/7 service is a free nurse care line for non-life-threatening issues, call 1-800-231-5257.

MyOchsner

Having difficulty with MyOchsner?
Contact MyOchsner support 1-877-339-2637

For Additional Information Contact:

Cassie Broussard, Program Coordinator
cabroussard@ochsner.org
225-755-4984 office
ochsner.org/go

Ochsner 65Plus
Golden Opportunity
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