

## MAY 10 (FRIDAY): MILITARY SPOUSE APPRECIATION DAY

The Friday before Mother's Day in the United States is observed as Military Spouse Appreciation Day. Spouses and children are often required to frequently move, change jobs and schools, and hold down the fort while the servicemember is deployed or on temporary duty. Without military spouses and the support they give, military servicemembers wouldn't be able to concentrate on the tasks at hand. This date acknowledges the significant contributions, support, and sacrifices of military spouses. If you know of a military spouse, do something nice for them and thank them for all that they do.



## MAY 28 (TUESDAY): COMMUNITY EVENT: STATE POLICE CRIME LAB

### **Requirements for the State Police Crime Lab Tour:**

- a. All tour group participants must always stay together.
- b. All tour group participants are prohibited from touching any lab items, including, but not limited to, evidence and equipment.
- c. No photography, videography, or recording devices of any kind (cameras, cellphones, etc.) are allowed to be used inside of the laboratory without the written permission of the Lab Director.
- d. All cell phones or other audio/visual electronic devices are required to be turned to vibrate or off during the duration of the Crime Lab tour.
- e. When visiting the DNA screening rooms, tour groups are advised to not block the screening room doors, card swipe devices, and stand back by the large glass wall in the main hallway as much as possible.
- f. Because tour topics discussed can make some individuals light-headed, we do highly recommend that all tour attendees eat a solid nutritious meal prior to the tour.
- g. Please be advised that tour participants must STAND during the duration of the tour, which will last approximately 1 hour. Tours are not recommended for individuals who are not able to do so.

**CALLING ALL SONG BIRDS** – Let's form a singing group to entertain patients in nursing homes, assisted living, or even our own GO group. With the newest research on the benefits of music, evidence suggests that a musical program could be the perfect activity for seniors who want to improve their overall quality of life. We not only improve our life but the life of others! All you have to do is open your hearts and let the words flow. We Got Talent! I look forward to hearing your ideas on what to call our singing group!

### UPCOMING TRIPS:

**AUGUST 18 – 25, 2024 (SUNDAY–SUNDAY): EXTENDED TRIP –WESTERN CARIBBEAN CRUISE**

**SEPTEMBER 6 – 14 (FRIDAY – SATURDAY): EXTENDED TRIP – CRUISE TO ALASKA**

**NOVEMBER OR DECEMBER – GATLINBURG AT CHRISTMAS**

**Our Departure for Baton Rouge trips is always at the following location unless noted otherwise.  
17050 Medical Center Dr, Baton Rouge, LA 70816, in front of the Cancer Center**