



**January 2024 Registration - North Shore Region**  
**\*\*\* EVENT REGISTRATION BEGINS DECEMBER 11th**  
**RSVP REQUIRED FOR ALL EVENTS!**

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP \_\_\_\_\_

**Important Notes:** If you wish to register for an event requiring a fee, please check availability before submitting a check. Please note all fees are nonrefundable.

1. Be sure to have your emergency and health info with you for all events.
2. If an event requires payment by check please submit separate checks for events unless otherwise stated.
3. Ochsner GO has the right to limit all program activity participation to members only.
4. All GO events are subject to change and GO has the right to adjust events without formal notice.

**\*\*\* JANUARY 2 (TUESDAY): ENRICHMENT SESSION – THE TRUTH ABOUT SENIOR LIVING SEMINAR SERIES - THE TRUTH ABOUT GOING FROM “WE TO ME”**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 10 (WEDNESDAY): ENRICHMENT SESSION – DO YOU WANT TO LOSE THOSE EXTRA HOLIDAY POUNDS?**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 12 (FRIDAY): SLIDELL - CAFÉ LA TEA DA**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 12 (FRIDAY): SLIDELL LUNCH AND LEARN – THYROID HEALTH**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 16 (TUESDAY): DINE AROUND – NEW ORLEANS STYLE SEAFOOD RESTAURANT**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 18 (THURSDAY): ENRICHMENT SESSION - GO BOOK CLUB #8**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 19 (FRIDAY): MONTHLY MEETING - LOCAL AUTHOR CORRINE ARROWOOD SHARES STORIES ABOUT HER WRITINGS AND BEING PUBLISHED**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 30 (TUESDAY): ENRICHMENT SESSION – CARD PLAYING GET TOGETHER (POKENO)**

☐ attend ☐ add to wait list

**\*\*\* JANUARY 31 (WEDNESDAY): DINE AROUND SUNSET DINNER SERIES AT SANTA FE CATTLE CO.**

☐ attend ☐ add to wait list

**ANNOUNCEMENTS:**

Fees must be received within 7 days of making the reservation to confirm your seat. If not received, your seat will be filled by another member. **All trips are non-refundable.** Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel. **RSVP IS REQUIRED FOR ALL EVENTS. YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.**

North Shore Registrations should be mailed to:  
Ochsner 65Plus Clinic – Golden Opportunity – 1581 N. Highway 190 – Covington, LA 7043