For accessible, affordable, comprehensive care for your employees, choose Ochsner.
Ochsner offers solutions to meet your specific needs and challenges.

Nationwide, healthcare coverage is the largest employee-related expense for employers. If your goal is to provide the best care experience at the lowest costs for your employees, it’s nearly impossible to achieve this with open network products. At Ochsner, we have a comprehensive solution to lowering those costs. Employers and their employees benefit from our lower-cost, high-quality care network; employee and executive wellness programs; occupational health services; telehealth and digital capabilities; on-site clinics and opportunities for managing chronic disease that can help prevent catastrophic and costly illnesses.
Ochsner healthcare solutions keep costs down, boost employee wellness and workforce productivity, and integrate services to offer accessible, high-quality, convenient care.

These solutions include:

- Accountable Care Network
- Corporate Wellness Programs
- Occupational Health Services
- Telehealth
- On-site Clinics
- Digital Medicine
- Chronic Disease Management

Across the nation, healthcare premiums are rising. Ochsner has proven expertise in reducing costs for employees and other large beneficiary groups through enhanced care coordination, which promotes higher quality care and better population health. Our primary care physicians coordinate each patient’s care journey and our electronic medical records ensure seamless communication among care providers throughout the system.

Average Healthcare Cost Increases
Offer lower-cost, higher-quality, integrated care through Ochsner’s Accountable Care Network.

As the largest health network in southeast Louisiana, Ochsner has relationships with major insurance carriers that allow us to offer lower-cost, better-quality, integrated healthcare options for your employees.

We focus on keeping your employees healthy through coordinated care – giving them access to primary care and specialty physicians, urgent care clinics, occupational health clinics, emergency departments and hospitals, post-acute care and more. As the largest private employer in Louisiana, we’ve successfully kept our employee healthcare costs down through an integrated system that controls utilization and associated costs. We offer the same to you and your employees through these plans:

- Blue Cross Blue Connect
- Humana Total Care

Provide an enhanced employee healthcare experience.

Your employees can access convenient services to familiarize them with all Ochsner has to offer and to help them along their healthcare journey. We provide:

- A Welcome to the Network introduction
- Primary care physician selection
- MyOchsner patient portal sign-up
- Same-day/next-day appointment scheduling
- MyConcierge – a personalized, single point of contact for benefits information, appointment scheduling and conflict resolution
Build a healthier and more productive workforce through **Corporate Wellness** and **Executive Health Programs**.

Ochsner offers a variety of programs designed to enhance employee and executive wellness and reduce healthcare costs, including:

- **Executive Health Program**: Schedule-friendly physical examinations, screenings, lab tests and consultations are available for busy executives.

- **Individual and Group Nutrition Plans and Exercise-Readiness Evaluations**: These customizable corporate offerings give your employees opportunities to take control of their health through lifestyle changes.

- **Ochsner Fitness Center Memberships**: Your employees qualify for discounted Ochsner Fitness Center memberships and access to the Medical Fitness Program, a personalized fitness and nutrition plan tailored to meet members’ health and lifestyle needs. Two OFC locations are open 24 hours each day for your employees’ convenience.

- **On-site Wellness Programs**
  Employees can participate in these programs right at their worksite:
  
  - **Biometric Screenings**: On-site biometrics include: glucose screening; lipid profile; blood pressure; height, weight and BMI; and waist circumference measurement. Results are reviewed by registered nurses.
  
  - **Vaccinations**: Flu shots and other preventive vaccines can be administered on site.
  
  - **Health Fairs**: Ochsner can provide basic preventive medicine and medical screenings to employees at their place of work.
  
  - **Hello Health Seminars**: These educational sessions, conducted at the worksite, focus on health topics like fitness, nutrition, heart health, etc.
  
  - **Exercise Classes**: Give employees opportunities to get moving, lose weight and improve their cardiovascular and joint health on site.
From pre-hire to post-accident, keep your employees safe and working with **Ochsner Occupational Health**.

Our team is led by board-certified occupational health physicians with over 30 years of experience and the added knowledge and skills of toxicology and environmental health to provide customizable, comprehensive services and help coordinate care with specialists to meet your employees’ needs. Our Occupational Health centers focus on the prevention, evaluation, treatment and resolution of work-related injuries, illnesses and diseases and are conveniently located across the region, improving access for your team. For immediate or after-hours care, our urgent care centers offer convenient access for your employees.

**Employer Services**
- Pre-employment physicals
- Certified DOT/CDL exams
- Drug and alcohol screening
- Pulmonary function testing
- Immunizations
- OSHA-approved audio screening

**Acute Work Injury Care**
- Initial post-injury care
- Care for strains, sprains, fractures, burns, concussions, abrasions and lacerations
- Chemical exposure treatment
- Instant drug and breath alcohol testing

**Follow-Up Care**
- Emphasis on timely return to work
- Adherence to full duty protocols
- Post-injury management
- Splints, casts and walking aids
- Disability prevention
- Specialty referral network
Connect employees right from your worksite with **Ochsner Telehealth**.

Connect with Ochsner providers through advanced audiovisual equipment right from your worksite. You can customize telehealth programs – and available hours – based on your needs. Options include on-demand urgent care, scheduled primary and specialty care consultations, and second opinions.

Offer convenient care options with **On-site Clinics**.

Pending your need and workplace population size, you may be eligible for nurse- or physician-run, site-based clinics that provide urgent and primary care services as well as care navigation for your employees.
Help employees keep tabs on their health with **Digital Medicine**.

Ochsner’s digital medicine programs for hypertension, diabetes, COPD and asthma allow real-time patient data to be shared with a care team, enabling immediate medical and lifestyle adjustments.

Offer custom care for ongoing conditions with **Chronic Disease Management Programs**.

Our primary care team is dedicated to getting patients well and helping them stay healthy through annual exams, immunizations, health risk assessments and coordinated care for chronic conditions. Employees’ primary care physicians can also refer them to these programs, which are designed to improve wellness and on-the-job productivity. In addition to our digital medicine programs, chronic disease management programs include:

- **Healthy Back**: This comprehensive treatment approach for patients with chronic neck and back pain includes physician assessments, physical therapy and health coaching.

- **Smoking Cessation**: Ochsner’s comprehensive smoking cessation clinic enrolls Louisiana residents who started smoking before 1988. Employees who qualify can enroll at no cost.
Comprehensive and convenient care services are available to all.

Access to Highly Skilled Primary Care Physicians and Specialists

Ochsner healthcare experts see patients at more than 75 hospitals and health centers. A connected electronic medical record allows seamless communication with specialists for safe and personalized patient care.

Ochsner offers convenient care to fit any schedule.

MyOchsner and MyChart

The MyOchsner portal lets patients access test results, refill prescriptions, communicate with physicians and manage appointments. MyOchsner users can download the MyChart mobile app to access these features on the go.

Urgent Care

Urgent care, with walk-in treatments for non-emergency illnesses and injuries outside normal office hours, is provided in convenient locations across our region. Time is a precious resource, so we will get your employees in and out in under an hour. Our centers are conveniently located across the region and open seven days a week with extended hours. Our clinics have received both The Joint Commission Gold Seal of Approval™ and certification by the Urgent Care Association of America, demonstrating our commitment to excellence in patient safety and care quality.

Electronic Health Record (EPIC)

Integrated health record software ensures continuity of care.

Ochsner On Call

Ochsner On Call is a 24/7 protocol-driven nurse advice line that also provides health education, urgent appointment bookings and advisory services as part of the triage encounter.

Emergency Care for Severe or Life-Threatening Conditions

Emergency services are available at two North Shore locations: Ochsner Medical Center – North Shore and Slidell Memorial Hospital; at five of the seven locations in Greater New Orleans, including Ochsner Medical Center (and a Pediatric ER within Ochsner Hospital for Children), Ochsner Baptist, Ochsner Medical Center – Kenner and Ochsner Medical Center – West Bank Campus; and at Ochsner Medical Center – Baton Rouge.
What you should know about Louisiana’s top-rated health system:

1/2/1942
Ochsner was founded by Drs. Edgar Burns, Guy Caldwell, Francis E. LeJeune, Sr., Alton Ochsner and Curtis Tyrone.

Ranked among **THE BEST HOSPITALS** in the country **IN 4 SPECIALTIES**.

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<tr>
<th>Rank</th>
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<td>#22</td>
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<td>#27</td>
<td>Ear, Nose &amp; Throat</td>
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<td>#28</td>
<td>Nephrology</td>
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29 OWNED, managed & affiliated hospitals

75+ HEALTH CENTERS

90 Medical Specialties & Subspecialties

2,500+ affiliated physicians

1,806,594 clinic visits in 2016

664,000 unique patients served in 2016

18,000+ employees

650 ANNUAL CLINICAL TRIALS

Ochsner serves patients from across Louisiana, all **50 STATES** and **80+ COUNTRIES**.

**OCHSNER IS LOUISIANA’S LARGEST** not-for-profit health system and one of the largest independent academic health systems in the United States.
What do others have to say about Ochsner?

For the 11th consecutive year, Ochsner Health System has been named a Most Wired Advanced Hospital in the 19th annual Health Care’s Most Wired Survey by Hospitals & Health Networks (H&HN) magazine. “Most Wired” hospitals use every available technology – like smartphones, telehealth, remote monitoring and more – to reach patients and provide better access to care. Use of the latest technology in the hospital setting makes it easier for patients and providers to interact, improving patient safety, communication and patient-provider relationships.

CareChex® ranked the program #1 in the Nation in Medical Excellence for Organ Transplants in 2017 and #1 in the Nation in Medical Excellence and Patient Safety for Liver Transplants in 2017, for the fifth year in a row.

In 2017, CareChex also named Ochsner:
#1 in the nation for organ transplants
#4 in the nation for neurological surgery
#9 in the nation for GI hemorrhage treatment

In 2017, Truven Health Analytics named Ochsner Medical Center (including Ochsner Medical Center – West Bank Campus and Ochsner Baptist*) a 100 Top Hospitals and top 15 Major Teaching Hospital in the nation.

Ochsner Medical Center – Baton Rouge is one of only 10 hospitals in the United States, and the only hospital in Louisiana, to receive the 2017 Top Hospitals Everest Award® and the 100 Top Hospitals Award® by Truven Health Analytics.

Nearly half of those named to the 2016 Great 100 Nurse list for Louisiana were Ochsner nurses.

Ochsner Health System was named among 4 finalists in the Health Acceleration Challenge by the Forum on Health Care Innovation – a collaboration between Harvard Business School and Harvard Medical School – for its work on the Ochsner Hypertension Digital Medicine Program. The program was also named a model for patient engagement by the Department of Health and Human Services Office of the National Coordinator.

* A Campus of Ochsner Medical Center.
Contact your broker or insurance provider for more information, or visit [ochsner.org/employers](http://ochsner.org/employers).