

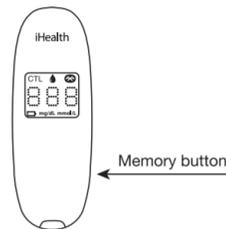
Using Your iHealth Glucometer

Device Setup

Sync your iHealth glucometer with your mobile device.

Prior to first use, follow the steps below to connect your iHealth glucometer to the iGluco App on your mobile device. If you have previously completed this process, continue to the next step.

1. Enable *Bluetooth* on your mobile device.
2. Press and hold the **Memory** button for three seconds to turn on the meter.



3. If not prompted, tap the model name "BG5xxxxxx" in the *Bluetooth* menu to pair and connect.
4. Launch the iGluco app to connect the meter to the app. The *Bluetooth* symbol on the meter will flash and remain lit.

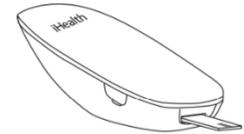


Scan the test strips vial QR code.

The QR code scanning feature provides you with a convenient way to code the meter with the test strips to ensure accurate blood glucose results. Scanning the QR code also enables the app to track and show you the quantity of test strips in the vial, as well as expiration information. You must scan the QR code before using it for the first time and any time you open a new vial of test strips. The QR code is located on the top of your iHealth test strip vial.

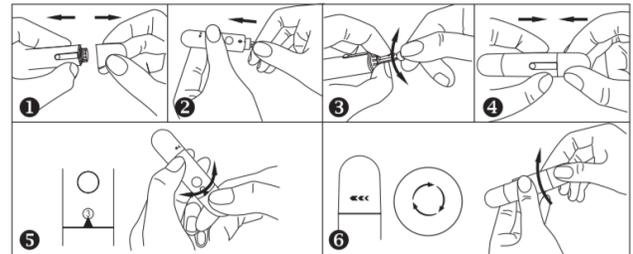
Testing Your Blood Glucose Levels

If you have synced your meter to the app on your phone and scanned the QR code on the top of your test strips vial, you can now take a reading with the app.



1. Make sure your mobile device's *Bluetooth* is turned on.
2. Insert the test strip into the meter's strip port with the contact bars facing toward you.
3. Prepare the lancing device.

1. Snap off the lancing device cap.
2. Insert a new lancet firmly into the holder cup.
3. Twist off the lancet cover.
4. Replace the lancing device cap.
5. Set the lancing level.
6. Cock the handle until it clicks.



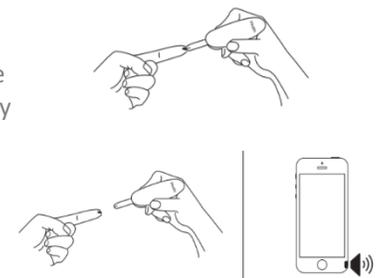
4. Obtain a blood sample.

1. Press the lancing device against the site to be lanced.
2. Press the release button to puncture the site.
3. Gently squeeze until a drop of blood forms.
4. Wipe away the first blood drop and squeeze until a second small drop forms.



5. Apply the blood sample to the test strip.

1. Quickly apply the blood sample to the absorbent tip (hole) at the end of the test strip. Make sure the confirmation window of the test strip is completely filled with the blood sample.
2. Quickly remove your finger from the test strip when the countdown (from 5 to 1) begins on the meter display or when you hear a sound from your mobile device.



6. Read the test result.

- If the meter is not connected to the app, the result will appear on the meter after counting down from 5 to 1.
- If the meter is connected to the app, the result will appear in the iGluco app.

7. Discard the used test strip.

Sync offline blood glucose measurements.

If you did not have your smartphone available while testing, you can sync your test results to your medical record at a later time. The meter can save up to 500 of the most recent blood glucose test results. When the meter needs to save a new test result and has already stored 500 test results, the oldest test result will be overwritten by the new test result.

1. Make sure *Bluetooth* is turned on to connect the meter to the app on your phone.
2. Open the iGluco app.
3. Tap the **Upload** button to upload the saved data from the meter to the app.