OCHSNER VIRTUAL VISITS

Technical and Best Practices Checklist

Technical Requirements:
- Home computer with web camera and microphone OR tablet/phone with MyChart application
- Active MyChart account
- Reliable internet connection required

Video Visit Best Practices:
- Prep your room: Choose a quiet, comfortable location. Check the lighting.
- Camera location: Make sure the camera is placed at head height, so eye contact is simulated.
- Hardware check: This is included when you begin the video visit.
- Check volume on your device: Make sure you are not on mute.
- Headphones: If possible, have headphones nearby to reduce any feedback, if it becomes an issue.