## Character in Medicine Course (CIM)

Developed and taught by staff from the Institute of Medicine, Education, and Spirituality at Ochsner Health (IMESO), this seven-week, interactive, course is required for all fourth-year medical students at the Queensland/Ochsner School of Medicine.

The CIM course partially fulfills the requirements for completion of the Medicine in Society course for all fourth-year medical students and is a requirement for graduation. In a group discussion setting, this course uses the research on virtue ethics and positive psychology to create a learning and reflective atmosphere to uncover personal and foundational personal maxims, based on virtues and character strengths, to enhance the students' personal and professional development in medicine.

The course has been taken by over one-thousand-thirty students over a ten year period. It enhances the knowledge and practice of character awareness as a tool for resilience and entrance into the residency phase of students as well as a world of medical practice.

For more information on the CIM course, contact Rev. Anthony J. De Conciliis, C.S.C., Ph.D. at the Institute of Medicine, Education, and Spirituality at (504) 842-6941.

