

FreeStyle Libre Pro Sensor Instructions

The FreeStyle Libre Pro sensor continually measures and stores your sugar levels for up to 14 days. After you've worn the sensor for up to 14 days, your provider will download the data from it. This will show how your sugar levels are trending throughout the day and night. This will also help your provider personalize your treatment plan.

There's no need for you to interact with the sensor—just continue your daily routine. The sensor is comfortable enough to forget it's there. Use care to avoid accidentally loosening or removing it.

What You Need To Do

- Wear the sensor on the back of your upper arm for up to 14 days.
- Continue regular blood glucose self-testing per your provider's recommendation.
- Maintain a daily record, using the blood sugar log you have been given, of your blood glucose readings, diet, exercise, and insulin.



Showering, Bathing, and Swimming: Your sensor is water resistant and can be worn while bathing or showering. You can wear it swimming as long as you do not take it deeper than 3 feet (1 meter) or keep it underwater for longer than 30 minutes at a time.

Getting Dressed: Use care when getting dressed and undressed to prevent the sensor from catching on clothing and becoming loose.

Exercising: Intense exercise may cause the sensor to become loose due to sweat or movement.

Special Activities: For medical procedures such as an MRI, a CT scan or a diathermy treatment, you must remove your sensor prior to the procedure. Be sure to notify your healthcare provider. Also you should notify security at airport checkpoints that you are wearing it.

If it's necessary to remove the sensor: Pull up the edge of the adhesive that keeps your sensor attached to your skin. Slowly peel away from your skin in one motion. Any remaining adhesive residue on the skin can be removed with warm soapy water or isopropyl alcohol.

Remember to contact your healthcare provider if:

- Your sensor becomes loose or is removed
- You have irritation or discomfort at the sensor site
- You have any questions about your sensor

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