

## Providing care to Louisiana Athletes

### Professional Sports

- New Orleans Pelicans – NBA
- New Orleans Saints – NFL

### Universities and Colleges

- Baton Rouge Community College
- Delgado Community College
- Dillard University
- Southern University of New Orleans
- University of New Orleans
- Xavier University of Louisiana

### High Schools and Middle Schools

- Academy of Our Lady
- Archbishop Hannan High School
- Ben Franklin High School
- Ecole Classique
- Jefferson Parish Schools  
(12 high schools/11 middle schools)
- John Curtis Christian School
- Lusher High School
- St Augustine High School
- St. Katharine Drexel Prep
- St. Martin's Episcopal School
- St. Tammany Parish Schools (8 high schools)
- Ursuline Academy

### Community Outreach and Event Support

- Louisiana Fire Juniors
- Mandeville Soccer Club
- National Select 7 on 7 Tournament
- Ochsner Ironman 70.3 New Orleans
- Rogue Lacrosse
- Southwestern Athletic Conference
- Sun Belt Conference
- The Gulf States Distance Running Camp



To refer a patient or to schedule an  
appointment, please contact:

#### South Shore:

1201 S. Clearview Pkwy.  
Building B, Suite 104  
Jefferson, LA 70121  
504.736.4800

#### North Shore:

104 Medical Center Drive  
Slidell, LA 70461  
985.639.3777

#### Covington:

1000 Ochsner Blvd.  
Covington, LA 70433  
985.875.2828

For information about athletic trainer contracts  
or other services, please contact:

#### Scott Saylor

Business Development  
504.214.1847  
scott.saylor@ochsner.org

#### Jordan Blough ATC, LAT

Outreach Athletic Training Supervisor  
941.356.7483  
jblough@ochsner.org

Learn more at  
[ochsner.org/sportsmedicine](http://ochsner.org/sportsmedicine)



The region's most

cOmprehensive  
sports medicine services



# Ochsner Athletic Trainers

Ochsner Athletic Trainers (ATs) are health care professionals who work under the direction of a physician to provide preventive services, emergency care, therapeutic intervention and rehabilitation of injuries.

## Services Provided

### Athletic Training

- Nationally certified by National Athletic Trainers' Association Board of Certification
- State licensed by Louisiana State Board of Medical Examiners
- Certified in CPR and AED for healthcare providers by the American Heart Association

### Concussion Management

- ImPACT Program – baseline and post-injury testing
- Evaluation, treatment, education, & progressive return to play

### Pre-Participation Physical Exams

- Complies with LHSAA standards for medical clearance
- Can be provided on-site or at the Ochsner Sports Medicine Institute

### Coach/Parent Medical Clinics

- Presentations by Ochsner sports medicine specialists regarding various sports medicine topics (e.g., concussions, heat & cold-related illness, first aid/CPR, etc.)



Official Healthcare Partner  
of the New Orleans Saints



Official Healthcare Partner  
of the New Orleans Pelicans



## Our Providers

### South Shore Providers:

- **Deryk G. Jones, MD**, Section Head; Orthopedic Surgeon - Sports Medicine
- **Scott Montgomery, MD**; Orthopedic Surgeon - Sports Medicine
- **Misty Suri, MD**; Orthopedic Surgeon - Sports Medicine
- **Andrew Gottschalk, MD**; Sports Medicine; Stem Cell Therapy
- **Michelle Lindsey, FNP, ATC**
- **Corey Luke, FNP-BC**
- **Arden Ballard, PA-C, ATC**
- **Lynsey Shaffer, PA-C**

### North Shore Providers:

- **Aaron Karlin, MD**; Department Chairman, Physical Medicine & Rehabilitation; Director, Concussion Management Program; Pediatric PM&R - Sports Medicine
- **Peter Blessey, MD**; Orthopedic Surgeon - Sports Medicine
- **Benjamin Guevara, MD**; Orthopedic Surgeon - Sports Medicine
- **Shawn Johnson, MD**; Orthopedic Surgeon - Sports Medicine
- **Michael Feldman, MD**; Orthopedic Surgeon - Sports Medicine
- **Kevin Doulens, MD**; Orthopedic Surgeon - Sports Medicine
- **Nicholas Goyeneche, MD**; Adult PM&R; Concussion Specialist - Sports Medicine

## Benefits to your Program

**COVERAGE** of practices & competitions

**PREVENTION** of injuries via appropriate taping, padding, bracing, etc.

**TREATMENT** at the point of injury and beyond

**REHABILITATION** ensuring evidence-based return to participation as quickly and safely as possible

**COMMUNICATION** between physicians, athletic trainers, therapists, athletes, coaches and parents

**ADMINISTRATION** duties completed by athletic trainer

- Insurance claims, injury reports through ATS program, supply order, etc.

**ACCESS** to Ochsner's comprehensive network of services

- Board-certified, fellowship-trained physicians
- State-of-the-art Ochsner Sports Medicine Institute
- Same and next day appointments available

**PEACE OF MIND** knowing you are receiving the best healthcare in Louisiana