

# Patient Responsibilities for Managing Diabetes

*The management of diabetes requires your active participation.*

- **Keep all scheduled appointments.** Give at least 24 hours notice if you must cancel so that the appointment time may be offered to someone else on our waiting list.
- **Check your blood sugar level as directed by your healthcare provider.** It's a simple and easy way to see how well you are controlling your diabetes.
- **Bring 1-2 weeks of written blood glucose logs and your blood glucose meter to all appointments.** It can help your healthcare team make adjustments to your treatment plan.
- **Meet regularly with your healthcare provider so that you are given refills for supplies and medications.** This is to make sure that your prescriptions continue to be appropriate for you and do not cause any adverse effects.

We are here to help you. Please keep your appointments, ask questions, and share any concerns you have with us.

