



## **Fecal Transplant**

### **General Instructions:**

Avoidance of any foods to which the RECIPIENT may be allergic for 5 DAYS prior to the procedure  
Notify MD of any symptoms of infection (fever, diarrhea, vomiting) between screening and donation

### **You will need to obtain and bring to procedure:**

- Airtight container with sealable lid for stool sample (ie Tupperware)
- Electric blender
- Large non see through bag to bring everything

### **Night before stool donation:**

- Take a gentle laxative like Milk of Magnesia or Miralax
- Try to make stool donation within 6 hours of procedure, but certainly within 24 hours.
- May refrigerate sample but DO NOT FREEZE.

### **Instruction for Stool RECIPIENT**

Take large volume bowel preparation as instructed prior to colonoscopy

Bring 2 immodium tablets and take them 2 hours prior to procedure with a sip of water. May take one more after procedure if having difficulty retaining fecal material

Try to lay right side down after procedure and at home that day