MoviPrep
Patient Instructions

BEFORE YOUR EXAM:
You will need to purchase these items from your local pharmacy at least 2 days prior to your appointment.

• 2 Dulcolax (Bisacodyl) tablets - these tablets may be included with your prep prescription. If not, the tablets need to be purchased. (No prescription needed)

• Moviprep - a prescription is required and has been sent to your pharmacy. (May improve taste if you refrigerate)

THE DAY BEFORE YOUR EXAM:
• Begin your clear liquid diet when you wake on: Day: __________ Date: __________
• No solid foods are to be eaten on this day or next. You may ONLY have clear liquids.
  You may have the following items:
  • Coffee, water, or tea. (no milk or creamer added)
  • Carbonated beverages (soft drinks), ginger ale. No "Energy" beverages.
  • Gelatin dessert, (JELLO) plain or fruit flavored. No red or purple coloring.
  • Apple juice, white grape juice, or cranberry juice. No pulp, no orange juice.
  • Gatorade, Powerade, lemonade, or limeade. No red or purple.
  • Clear, fat-free, beef or chicken broths, or bouillon.
  • Snowballs, popsicles, slushes. No red or purple coloring, no pulp.
  • Clear hard candies, sugar, salt.
  • Avoid any liquids not listed above.

• 12:00 PM (noon, the day before exam)
  Take 2 Dulcolax (Bisacodyl) tablets by mouth with a glass of clear liquid.

• 3:00 PM – 4:00 PM (the day before exam)
  Begin drinking the Moviprep. Please see the attached Moviprep patient instruction sheet.
  Please consume prep and additional clear liquid within an hour.

• 3:00 PM – 4:00 PM (the day before exam)
  Repeat the 3pm instructions.

• 3:00 PM – 4:00 PM (the day before exam)
  You are encouraged to continue drinking clear liquids after you have completed your prep.

  Avoid having to repeat the procedure due to a poor prep!

** DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT.....NOT EVEN WATER....