

MoviPrep Patient Instructions

BEFORE YOUR EXAM:

You will need to purchase these items from your local pharmacy at least 2 days prior to your appointment.

- **2 Dulcolax (Bisacodyl) tablets** - these tablets may be included with your prep prescription. If not, the tablets need to be purchased. **(No prescription needed)**
- **Moviprep** - a prescription is required and has been sent to your pharmacy. (May improve taste if you refrigerate)

THE DAY BEFORE YOUR EXAM:

- Begin your **clear liquid diet** when you wake on: Day: _____ Date: _____
- **No solid foods** are to be eaten on this day or next. You may **ONLY have clear liquids.**
You may have the following items:
 - Coffee, water, or tea. **(no milk or creamer added)**
 - Carbonated beverages (soft drinks), ginger ale. No "Energy" beverages.
 - Gelatin dessert, (JELLO) plain or fruit flavored. **No red or purple coloring.**
 - Apple juice, white grape juice, or cranberry juice. **No pulp, no orange juice.**
 - Gatorade, Powerade, lemonade, or limeade. **No red or purple.**
 - Clear, fat-free, beef or chicken broths, or bouillon.
 - Snowballs, popsicles, slushes. **No red or purple coloring, no pulp.**
 - Clear hard candies, sugar, salt.
 - **Avoid any liquids not listed above.**
- **12:00 PM (noon, the day before exam)**
Take 2 Dulcolax (Bisacodyl) tablets by mouth with a glass of clear liquid.
- **3:00 PM – 4:00 PM (the day before exam)**
Begin drinking the Moviprep. Please see the attached Moviprep patient instruction sheet. Please consume prep and additional clear liquid within an hour.
- **3:00 PM – 4:00 PM (the day before exam)**
Repeat the 3pm instructions.
- **3:00 PM – 4:00 PM (the day before exam)**
You are encouraged to continue drinking clear liquids after you have completed your prep.

Avoid having to repeat the procedure due to a poor prep!

**** DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT.....NOT EVEN WATER.....**