Preparing you for the most important moment of your life.

2020 Class Information
Visit ochsnerstore.org and search "Class" or call 504.464.8365 to sign up

Childbirth Class
Saturdays, 9:00 a.m. – 1:00 p.m. | Creole Room - Hospital, 1st floor

In this relaxed class, you will learn the basics of childbirth. It will cover what to expect when you are in labor, pain relief options, cesarean birth, medical procedures, the newborn and recovery after you deliver. Class includes a tour.

- January 4th
- March 14th
- May 9th
- July 18th
- September 12th
- November 21st

Evening Childbirth Class
Two Consecutive Tuesdays, 6:00 p.m. – 8:00 p.m. | Creole Room - Hospital, 1st floor

February 4th and 11th
April 7th and 14th
June 9th and 16th
August 11th and 18th
October 6th and 13th
December 1st and 8th

Sibling Class
Sundays, 3:30 p.m. – 5:00 p.m. | Creole Room - Hospital, 1st floor

Sibling class is for big brothers and big sisters. This fun class will help explain what to expect when their baby comes home, what their baby will be like and what they will be able to do and not do. They will get a look at the hospital rooms where you stay after you deliver. We welcome children ages two and up.

- January 12th
- April 19th
- July 19th
- October 18th

Breastfeeding Class
Tuesdays, 6:00 p.m. – 8:00 p.m. | Creole Room - Hospital, 1st floor

During this class, we will discuss breastfeeding techniques and what the American Academy of Pediatrics recommends for new mothers. Lactation nurses will be available to answer any questions you may have about this skill. Your support person (partner, family member or friend) is welcome to attend with you.

- January 14th
- March 10th
- May 12th
- July 14th
- September 15th
- November 10th

Baby Care Class
Tuesdays, 6:00 p.m. – 8:00 p.m. | Creole Room - Hospital, 1st floor

Oh baby! It's an exciting time for new parents, but it might be a little overwhelming. Join us for this fun class that will give you information on basic baby care, normal behavior, comforting baby and how to keep baby safe. You will have time to ask questions and to practice bathing, diapering and swaddling.

- January 21st
- March 17th
- May 19th
- June 23rd
- July 21st
- September 22nd
- November 17th

Car seat installation by appointment, call 504.464.8365.
Our certified technicians can help you install your baby’s car seat or check your current installation free of charge.