



We are here to help

**With adjusting**



**With support**



**With arrangements**



Advanced Heart Failure  
and Pulmonary Hypertension  
Social Work Services



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# At Ochsner, **You are Not Alone.**

Our social workers are part of your care team, providing support and resources to help you and your family navigate this journey with confidence.



## About our social workers

Living with a serious health condition can be stressful. Ochsner's social workers are here to help you and your family.

We offer counseling and other services to help you manage the challenges that can come with your diagnosis and treatment.



### How to find a social worker

**Your Ochsner care team is ready to connect you with the support you need.**

Call Ochsner Cardiology at 504-842-4721 and ask to speak to a social worker.

You can also ask your doctor, nurse, or another member of your care team for a referral.

## We help with adjusting

- **Your Feelings**  
We can help you cope with feelings like sadness, anger, and worry about your diagnosis.
- **Life Changes**  
We can help you handle changes at work, with family, or in other parts of your life because of your treatment.
- **Benefits and Insurance**  
We can help you understand Social Security, disability benefits, and insurance coverage.
- **Financial Questions**  
We can help you apply for programs that offer help with money.
- **Talking to Others**  
We can help you talk with your kids, family, friends, and co-workers about your health.
- **Relationships**  
We can help you and your partner cope with changes in intimacy during and after treatment.
- **Long-Term Living**  
We can help you find resources for living well with Heart Failure or Pulmonary Hypertension.
- **Future Care**  
We can help you plan for your future care using advance directives.

## We offer support

- **Support Groups**  
Connect with others who understand what you are going through.
- **Community Counseling**  
We can refer you to counseling services in your community.
- **Palliative Medicine**  
We can connect you with specialists who provide comfort and support for your symptoms.

## We help with arrangements

- **Prescription Drug Programs**  
We can connect you with programs that help pay for your medicine.
- **Home Health and Hospice**  
We can help you find care services in your home.
- **Medical Items**  
We can help you get things like walkers and wheelchairs.
- **Help at Home**  
We can provide referrals for extra help at home when you need it.