

What to Expect for Your Surgery

BEFORE & DURING YOUR PROCEDURE



To help keep you calm and comfortable, you may be given medicine that makes you sleepy. This is called sedation or anesthesia. Possible side effects may include

Drowsiness • Weakness • Upset Stomach • Vomiting

For your safety, do not drive for at least 24 hours following sedation or anesthesia.

AFTER YOUR PROCEDURE



IF YOU HAVE PAIN

• Apply ice packs • Change position • Try deep breathing

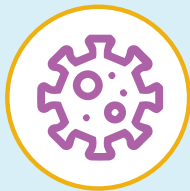
Only the doctor who performed your procedure can give you or change prescription pain medication.



IF YOU HAVE BLEEDING

• Apply pressure with a clean rag or gauze for 10 minutes

If it still bleeds after 10 minutes, call your doctor's office or go to the Emergency Room.



IF YOU HAVE AN INFECTION

Call your doctor if you have

- Fever of 101° F or higher
- Redness or swelling at the site of surgery
- Foul-smelling discharge at the site of surgery



IF YOU HAVE NAUSEA (upset stomach)

- Apply a cold washcloth or towel to your forehead or neck
- Eat bland, unseasoned foods
- Smell essential oils like peppermint or ginger, or rubbing alcohol
- Do deep breathing, relax, or try to sleep