

At-Home Blood Sugar Record with Insulin



Important: Blood sugar records are not reviewed as soon as they are received. **If your condition is urgent or you have a concern, call your provider's office right away.**

Patient Name _____ Patient Number _____

Provider Name _____ Clinic Number _____

Diabetes Medications							If BG ↓ 100, eat a snack.	
	BREAKFAST		LUNCH		DINNER		BEDTIME	NOTES
Date	Before	Units of Insulin	Before	Units of Insulin	Before	Units of Insulin		

Correction Dose: Follow your provider's instructions and only take with _____ insulin.

☐ 150-200: +2 units 201-250: +4 units 251-300: +6 units 301-350: +8 units Above 350: +10 units	☐ 150-200: +1 unit 201-250: +2 units 251-300: +3 units 301-350: +4 units Above 350: +5 units	☐ 180-230: +2 units 231-280: +4 units 281-330: +6 units 331-380: +8 units Above 380: +10 units	☐ 180-230: +1 unit 231-280: +2 units 281-330: +3 units 331-380: +4 units Above 380: +5 units
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