

July 2022 Calendar of Events Baton Rouge Region

NOTE: PLEASE TAKE THE TIME TO UPDATE YOUR INFORMATION WITH GO: EMAIL ADDRESS, NEW TELEPHONE NUMBER, ADDRESS CHANGE, ETC.

JULY 1 (FRIDAY) ROAD TRIP: THE NATIONAL WWII MUSEUM IN NEW ORLEANS

The National WWII Museum tells the story of the American experience in *the war that changed the world*—why it was fought, how it was won, and what it means today—so that all generations will understand the price of freedom and be inspired by what they learn.

Beyond All Boundaries is a 4D journey through the war that changed the world. The movie is narrated by Tom Hanks. Elements of Beyond All Boundaries may aggravate certain medical conditions. These elements include loud noises, flashing lights, fog effects, and sudden chair movements.

Lunch on your own at one of the restaurants located on the museum campus. Your choices are The American Sector Restaurant and Bar or Jeri Nims Soda Shop.

Depart from Ochsner Cancer Center 8:30am

Approximate time to return 4:00pm

Based on 45 passengers

RSVP REQUIRED

\$57.00 pp

JULY 12 (TUESDAY) GET GOING: COFFEE CALL

3132 College Dr F, Baton Rouge, LA 70808

This New Orleans style coffeehouse features coffees, teas, hot chocolate and an incredible rendition of New Orleans' signature pastry, the beignet. Coffee Call has been a gathering place for friends and family, students, and professionals for over 30 years for breakfast, lunch, and coffee specialties anytime of the day. Let's meet for coffee and beignets! Breakfast on your own.

9:00 am RSVP REQUIRED Personal Transportation

JULY 13 (WEDNESDAY) IN THE KNOW: MEAL PREP HACKS

Presented by: Rebecca Guidroz, RDN, LDN, Lifestyle and Wellness Dietician

Ochsner Medical Center 17000 Medical Center Drive Baton Rouge LA 70816 Hospital Classroom Rebecca is a Lifestyle and Wellness Dietician, and she will discuss with us how to hack your way to easier mealtimes with simple steps. Meal prepping is a great way to help you save time, money, and calories. 9:00 am - 10:00 am RSVP REQUIRED Personal Transportation

JULY 21 (THURSDAY) MOVIE REVIEW: WHERE THE CRAWDADS SING

AMC Theater 16040 Hatteras Ave, Baton Rouge, LA 70816

A woman who raised herself in the marshes of the deep South becomes a suspect in the murder of a man she was once involved with. The movie was filmed in Houma LA

Pay at the theater - Admission Ticket - \$6.92 pp (includes tax)

10:00 am

Snack Pack - \$5.50 pp (includes tax)

Personal Transportation

JULY 26 (TUESDAY) CULINARY RUN

Albasha Greek & Lebanese Restaurant

4520 Sherwood Forest Blvd Suite 102 BR LA 70816

We will meet at the restaurant to simply enjoy a great lunch and great company. Lunch on your own.

11:00 am

RSVP REQUIRED

Personal Transportation



Alzheimer Walk October 2022 Who is interested in forming a GO team with me? Call or email me.

UPCOMING EVENTS:

AUGUST 12, 2022 - CREOLE QUEEN PADDLEWHEEL HISTORICAL CRUISE

This cruise is narrated by a local historian who takes guests on a journey through the story of the city as we sail downriver to the Jean Lafitte National Historical Park and the historic Chalmette Battlefield. Lunch will be served buffet style.

\$70.00 pp

SEPTEMBER 8, 2022 - COURT OF TWO SISTERS AND VUE ORLEANS

\$80.00 pp

We will have brunch at the Court of Two Sisters. Get ready to enjoy the spectacular Vue Orleans 360° observation deck and interactive experience high above the Mississippi River and the many exhibits offered.

OCTOBER 6, 2022 - GO FALL FESTIVAL

All four GO regions will come together to enjoy a catered lunch at the LSU Ag Center Botanical Gardens in Baton Rouge. Wayne Busby, musician, will provide the entertainment. There will be a tour of the gardens, games, and giveaways throughout the event. More information to come!



Gift your friend or family member with a GO gift certificate.

**Fees must be received within 7 days of making the reservation to confirm your seat. If not received, your seat will be filled by another member. Please check availability with the GO office before mailing a check and send separate checks for events. All trips are non-refundable. Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel.

YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.

*Need help with the Cloud? Contact the office to make an appointment! *

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