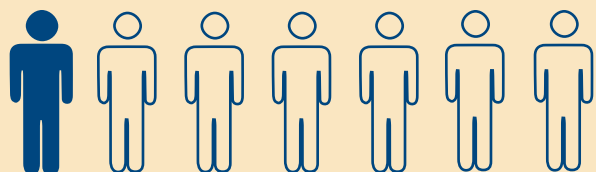


DID YOU KNOW?



1 in 7

American adults will be diagnosed with chronic kidney disease (CKD)

MAIN CAUSES OF CKD



High Blood Pressure (Hypertension)



High Blood Sugar (Diabetes)

RISK FACTORS



- Family history of kidney disease
- Personal history of hypertension
- Personal history of diabetes
- Personal history of kidney stones
- Personal history of urinary tract infections (UTIs)

★ ASK YOUR DOCTOR ABOUT THESE RESOURCES:



Kidney Education

Gain a clear understanding of chronic kidney disease, explore your treatment options and learn proven ways to protect your kidney health.



Kidney-Friendly Nutrition

Partner with a registered dietitian to discover the foods that support strong, healthy kidneys.



Kidney Physical Therapy

Build strength, improve mobility and enhance your quality of life.



Kidney Therapy and Support Services

Connect with licensed clinical social workers and dedicated support services.



Scan the QR code to access Ochsner's **Guide to Living Well with Kidney Disease**