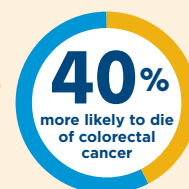


# Are you 45 or older? Let's talk about COLORECTAL HEALTH



## KNOW THE FACTS ABOUT COLORECTAL CANCER

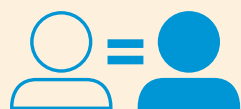
**Black Americans** have the highest rates of colon and rectal cancer in the U.S. They are **40% more likely to die** from it.



**Native Americans** have the second highest rates of colon and rectal cancer in the U.S.

**In Asian Americans**, colon and rectal cancer is one of the top two cancers.

### LIFETIME RISK OF COLORECTAL CANCER



When diagnosed at an early stage, survival rates are similar across all racial and ethnic groups.

## COLORECTAL CANCER SCREENING OPTIONS



### At Home Tests

Cologuard® (Multi-target stool DNA test)  
FIT/FOBT (Fecal Immunochemical Test or Fecal Occult Blood Test)  
Good for adults at average risk, not high risk.  
No prep required – just collect a stool sample at home.  
**Results may require a colonoscopy.**



### In-Office Colonoscopy

Done under sedation in your doctor's facility.  
Doctor uses a scope to look at the interior of the colon.  
Best for all adults – average and high risk.  
Requires bowel prep with fasting and laxatives.  
**Finds and addresses issues during the colonoscopy.**

**Ask your provider which screening is right for you.**

## DON'T BECOME A STATISTIC. GET SCREENED.



**The earlier colon or rectal cancer is detected, the more successful treatment is likely to be.** Talk to your provider today about scheduling the right screening for you.