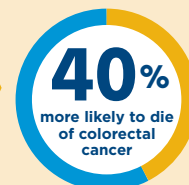


# Are you 45 or older? Let's talk about COLORECTAL HEALTH



## COLORECTAL CANCER IS CURABLE IF CAUGHT EARLY!

**Black Americans** have the highest rates of colon and rectal cancer in the U.S. They are 40% more likely to die from it.

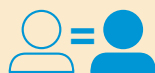


Colorectal cancer affects **Younger Adults**, with rates rising nearly 3% per year among people under 50.

**Native Americans** have the second highest rates of colon and rectal cancer in the U.S.

In **Asian Americans**, colon and rectal cancer is one of the top two cancers.

### LIFETIME RISK OF COLORECTAL CANCER



When caught early, survival rates are similar across all racial and ethnic groups.

## COLORECTAL CANCER SCREENING OPTIONS



### Outpatient Colonoscopy

*The only screening test that can find  
AND remove precancerous polyps  
during the same exam*



- **Best test for all adults** - average and high-risk.
- Doctor will examine your colon with a small, flexible camera.
- You will be sedated for comfort.
- Prepare for procedure with a temporary diet change, fasting, and bowel cleansing solution.



### At Home Tests

- FIT (Fecal Immunochemical Test or Fecal Occult Blood Test), Cologuard® (Multi-target stool DNA test) or CT colonography
- Good for adults at average risk, not high risk
- No prep required – collect a stool sample at home.

**Results may require a colonoscopy.**

**Ask your provider which screening is right for you.**

## DON'T BECOME A STATISTIC. GET SCREENED.



**The earlier colon or rectal cancer is detected, the more successful treatment can be.** Talk to your provider today about scheduling the right screening for you.