

Eat Fit Ambassador Application



What to expect with Eat Fit Ambassador Role

- Outreach for new restaurants for Eat Fit
- Working with chefs/restaurants to gather recipe info
- Nutritional analysis of the recipes
- Photographing Eat Fit dishes
- Health Fairs
- Nutrition presentations at community events, schools, churches, businesses, etc.
- Assist with research + gathering props for TV segments/newspaper + magazine articles

Please Note: Much of the work is project-based, meaning you'll coordinate meetings with restaurants and conduct nutrition analysis on your own time; not a 9 to 5 day where you have to be on-site with us the full day. Hours vary widely; we may have events in early morning, late evenings, and weekends.

About You

Name:

E-Mail:

Phone:

Address:

How did you learn about Eat Fit?

Tell us a bit about why you want to be a part of Eat Fit and why you are a good fit to work with the Eat Fit team:

Which region are you interested in working in?

NOLA

Northshore

BR

Acadiana

Monroe

Shreveport

Scheduling:

Dates available to intern for Eat Fit:

- Start
- End

Number of hours available per week:

Available nights and weekends?

Any days/times you're not available?

Do you have a car?

Personal Stuff:

Are you comfortable interacting with people?

Talking to large groups?

Are you active on social media?

Any special skills or talents relevant to Eat Fit that you want us to know about?

Background + Education:

School + Year Graduated:

Major Long-term educational + professional goals:

Are you planning to be employed during the Eat Fit internship?

If so, where + what hours:

Previous work, volunteer, or intern experience:

Will this internship gain credit hours towards a degree?

If so, please provide your school's requirements, including number of hours required.

Miscellaneous Stuff:

Do you have a favorite Eat Fit restaurant + dish?

Outside of nutrition/health, what are you passionate about?

References:

Name + contact info for 1 to 2 references.