



JULY 2026 REGISTRATION - NORTH SHORE REGION
*****EVENT REGISTRATION BEGINS TUESDAY, JUNE 16 AT 8:00am**
REGISTRATION REQUIRED FOR ALL EVENTS!
Golden Opportunity, Celebrating 26 Years of Healthy Lifestyles

Office Use Only:

Date: _____

Initials: _____

NAME: _____ **PHONE:** _____ **DATE:** _____

STREET ADDRESS _____ **CITY:** _____ **STATE** _____ **ZIP** _____

Important Notes: If you wish to register for an event requiring a fee and are paying by check, please include the check with this registration form. If you prefer to pay with a credit card, the Program Coordinator will contact you within 7 days of your registration date to get the credit card number for payment.

Please note all fees are non-refundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

*****EVERY TUESDAY: CHAIR YOGA**

July 7: attend July 14: attend July 21: attend July 28: attend

*****EVERY THURSDAY: CHAIR BODY PUMP**

July 2: attend July 9: attend July 16: attend July 23: attend July 30: attend

*****JULY 1 (WEDNESDAY): LIGHTS, CAMERA, ACTION – SURPRISE MOVIE DAY - COVINGTON**

attend add to wait list

*****JULY 8 (WEDNESDAY): THE GOLDEN BOOKMARK SOCIETY BOOK CLUB - COVINGTON**

attend add to wait list

*****JULY 10 (FRIDAY): ADVOCATING FOR SENIORS IN HEALTHCARE - SLIDELL**

attend add to wait list

*****JULY 10 (FRIDAY): ADVOCATING FOR SENIORS IN HEALTHCARE - COVINGTON**

attend add to wait list

*****JULY 15 (WEDNESDAY): DAY TRIP - NETS, NIBBLES, AND NOSTALGIA**

attend add to wait list pay by check # _____ pay by credit card \$125pp

*****JULY 21 (TUESDAY): BIG SCREEN BONANZA – “MOANA” IN HAMMOND**

attend add to wait list pay by check # _____ pay by credit card \$13pp

*****JULY 23 (THURSDAY): JACKPOT JOY - POKENO DAY FUN - COVINGTON**

attend add to wait list

*****JULY 28 (TUESDAY): STRIKES, SPARES, AND SMILES – PARADISE BOWLING ALLY**

attend add to wait list pay by check # _____ pay by credit card \$15pp

*****JULY 29 (WEDNESDAY): LIFE IN THE A-ZONE – PEGGY SWEENEY- MCDONALD**

attend add to wait list

**When paying by credit card, the Program Coordinator will call you for a credit card number within 7 days of registering.*

**North Shore Registrations should be mailed to:
Ochsner 65Plus Clinic – Golden Opportunity – 1581 N. Highway 190 – Covington, LA 70433**

****Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.****

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.