

NOVEMBER 2025 REGISTRATION - NORTH SHORE REGION ***EVENT REGISTRATION BEGINS OCTOBER 13TH at 8:00am REGISTRATION REQUIRED FOR ALL EVENTS!

65+

Golden Opportunity, Celebrating 25 Years of Healthy Lifestyles

NAME		PHONE	DATE_	
STREET ADDRESS		CITY	STATE;	ZIP
orefer to pay with a credit can payment. Please note all fees 1. If an event requires p 2. Ochsner GO has the	n to register for an event requiring a fee and d, the Program Coordinator will contact you ware nonrefundable. Dayment by check please submit separate charght to limit all program activity participation bject to change and GO has the right to adjusted.	within 7 days of your registration da necks for events unless otherwise so n to members only.	te to obtain the credit ca	
***EVERY TUESDA				
November 4: □ at	tend November 11: □ attend	November 18: □ attend	November 25:	attend
***EVERY THURSI	DAY: CHAIR BODY PUMP			
November 6 □ at	tend November 13: □ attend	November 20: □ attend		
***NOVEMBER 4 (TUESDAY): PONCHATOULA E	BREAKFAST AT PAUL'S	AND A STROLL	
*** <u>NOVEMBER 7 (</u> attend 9:30a	FRIDAY): SLIDELL COFFEE A m	ND A STROLL		
	SATURDAY): DAY TRIP - DES			ou being
□ attend	□ add to wait list □ pay by ch ckup Slidell 10:00am	eck # □ pay Pickup Covington 1	y by credit card 0:30am	\$46pp
*** <u>NOVEMBER 11</u> attend 11:00	(TUESDAY): FRIENDS OF THE am	E HARBOR CENTER SE	NIOR LUCHEON.	
*** <u>NOVEMBER 12</u> □ attend 1:00p	(WEDNESDAY): POKENO ANI	D PILGRAMS		
A BEAUTIFUL I *When paying by cred	(THURSDAY): DAY TRIP - AN NOISE THE NEIL DIAMOND MUdit card, the Program Coordinator will	<u> USICAL</u>		
<i>registered.</i> □ attend Picku	□ add to wait list □ pay by cl p Covington 4:00pm	neck # □ pay Pickup Slidell 4:30pm	by credit card	\$190pp
***NOVEMBER 20	(THURSDAY): GOLDEN GEN am	TLEMEN'S BREAKFAST	AT THE TOASTE	ED YOLK

**Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. RSVP IS REQUIRED FOR ALL EVENTS.

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.