Take Care of Your Heart During COVID-19

If you have a heart condition, DON’T DELAY routine care.

Getting Care is Critical

☑️ You’ll get better faster.
☑️ You’ll limit damage to your health.

Heart attacks and strokes don’t stop during a pandemic. Don’t ignore these symptoms:

Heart Attack Symptoms
- Chest pain
- Difficulty breathing
- Discomfort in chest, arms, back, neck, shoulder or jaw

Stroke Symptoms
- Numbness, weakness or loss of movement in your face, leg or arm, especially on one side
- Confusion, trouble speaking or understanding
- Loss of balance

CALL YOUR CARDIOLOGIST
If you have a heart condition and have questions or concerns about your health, we encourage you to make an appointment.

To book an in-person appointment or to schedule a virtual visit, please call 504-842-4135 or message your provider using MyOchsner.

CALL 911
If you think you are having a heart attack or stroke.

With new safety and screening measures in place, rest assured that Ochsner is here to continue caring for you and your family. To learn more about the new safety procedures, visit ochsner.org/safe.

Source: CardioSmart
American College of Cardiology

Ochsner Health