



**FEBRUARY 2026 REGISTRATION - SOUTH SHORE REGION**  
**\*\*\*EVENT REGISTRATION BEGINS JANUARY 12 at 8:00am**  
**REGISTRATION REQUIRED FOR ALL EVENTS!**



NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ DATE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Important Notes:** If you wish to register for an event requiring a fee, please check availability before submitting a check.  
 Please note all fees are nonrefundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

**\*\*\* MONDAY & WEDNESDAY: HEALTH , WELLNESS AND MOVEMENT AS MEDICINE**

February 2:  attend      February 4:  attend      February 9:  attend      February 11:  attend  
 February 23:  attend      February 25:  attend

**\*\*\* FEBRUARY 3 (TUESDAY): DAY TRIP – DINNER AT MANDINA’S RESTAURANT AND ELLIS MARSALIS CENTER FOR MUSIC PRESENTING SHARON MARTIN IN CONCERT**

attend       add to wait list       pay by check # \_\_\_\_\_       pay by credit card (call in)      \$50pp

**\*\*\* FEBRUARY 4 (WEDNESDAY): MOVE BABY MOVE WITH AARON PALMER**

attend       add to wait list

**\*\*\* FEBRUARY 10 (TUESDAY): DAY TRIP – MARDI GRAS MASK MAKING, COSTUMING & KING CAKE**

attend       add to wait list       pay by check # \_\_\_\_\_       pay by credit card (call in)      \$75pp

**\*\*\* FEBRUARY 20 (TUESDAY): A TAVOLA RESTAURANT & WINE BAR**

attend       add to wait list

**\*\*\* FEBRUARY 24 (TUESDAY): TECHNOLOGY TUESDAY – ZOOM EXPLORERS**

attend       add to wait list

**\*\*\* FEBRUARY 24 (TUESDAY): BIRTHDAY & ANNIVERSARY CELEBRATION**

attend       add to wait list

**\*\*\* FEBRUARY 27 (FRIDAY): BOOK CLUB BREAKFAST AT CAFÉ LATTE DA**

attend       add to wait list

**South Shore Registrations should be mailed to:  
 Ochsner 65Plus Clinic – Golden Opportunity – 7060 Veterans Memorial Blvd. – Metairie, LA 70003**

**\*\*Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.****

**All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.**