

DECEMBER 2025 REGISTRATION - SOUTH SHORE REGION ***EVENT REGISTRATION BEGINS NOVEMBER 10 at 8:00am **REGISTRATION REQUIRED FOR ALL EVENTS!**

∀Ochsner

Golden Opportunity, Celebrating 25 Years of Healthy Lifestyles

NAME:			PHONE:	DATE	
STREET ADDRESS		C	ITY:	STATE	ZIP
1. If an event require 2. Ochsner GO has	wish to register for an event ronrefundable. es payment by check please s the right to limit all program as subject to change and GO ha	submit separate checks for excivity participation to membe	vents unless other ers only.		
*** <u>DECEMBER</u>	1 (MONDAY): VID □ add to wait list	EO CHAIR PILATE	ES WITH SA	ANDRA	
- attoria	add to Wait not				
*** <u>DECEMBER</u> attend	R 2 (TUESDAY): TE □ add to wait lis		SDAY - CEL	<u>.L PHONE PHOTO A</u>	<u>LBUMS</u>
***DECEMBER	3 (WEDNESDAY):	DAY TRIP - REVI	EILLON DIN	INER & ST. LOUIS (ATHEDRAL
<u>CONCERT</u> □ attend	□ add to wait list	□ pay by check #_		□ pay by credit card (c	all in) \$115pp
*** DECEMBE	R 5 (FRIDAY): VIDE	O STRENGTH & S	STRETCH V	VITH SANDRA	
□ attend	□ add to wait list				
***DECEMBER	16 (TUESDAY): B	OOK CLUB BREA	KFAST AT	CAFFE LATTE DA	
	□ add to wait list				
		: VIDEO STRENG	TH & STRE	TCH WITH SANDRA	<u>\</u>
□ attend	□ add to wait list				
	18 (THURSDAY):	DAY TRIP - TEA A	AT THE WIN	IDSOR COURT & HO	OTEL LOBBY
<u>HOPPING</u> □ attend	□ add to wait list □	pay by check #		pay by credit card (call	in) \$130pp
***DECEMBER	22 (MONDAY): VI	DEO CHAIR PILA	TES WITH S	SANDRA	
□ attend	□ add to wait list				

**Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. RSVP IS REQUIRED FOR ALL EVENTS.

Ochsner 65Plus Clinic - Golden Opportunity - 7060 Veterans Memorial Blvd. - Metairie, LA 70003

South Shore Registrations should be mailed to:

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED. Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.