Ochsner
Golden Opportunity

DECEMBER 2026 REGISTRATION - SOUTH SHORE REGION
*****EVENT REGISTRATION BEGINS NOVEMBER 16 at 8:00am**
REGISTRATION REQUIRED FOR ALL EVENTS!
Golden Opportunity, Celebrating 26 Years of Healthy Lifestyles

Office Use Only:
Date:_____
Initials:_____

NAME: _____**PHONE:** _____**DATE**_____

STREET ADDRESS _____ **CITY:** _____**STATE** _____ **ZIP**_____

Important Notes: If you wish to register for an event requiring a fee, please check availability before submitting a check.
Please note all fees are non-refundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

***MONDAYS & WEDNESDAYS: MOVEMENT AS MEDICINE

December 2: □ attend December 7 : □ attend Decemeber 9: □ attend December 14: □ attend
December 16: □ attend December 21 : □ attend Decemeber 23: □ attend December 28: □ attend
December 30: □ attend

*** DECEMBER 9 (WEDNESDAY): DAY TRIP – A TASTE OF JAPAN – LUNCH AT YATAI - NOCHI

□ attend □ add to wait list □ pay by check #_____ □ pay by credit card (call in) $35pp

***DECEMBER 10 (THURSDAY): HOLIDAY WELLNESS

□ attend □ add to wait list

***DECEMBER 11 (FRIDAY): DAY TRIP - HOLIDAY BRUNCH & FESTIVE SHOPPING

□ attend □ add to wait list □ pay by check #_____ □ pay by credit card (call in) $100pp

***DECEMBER 15 (TUESDAY): SOUTH SHORE LIMERS CHRISTMAS SPARKLE PARTY

□ attend □ add to wait list □ pay by check #_____ □ pay by credit card (call in) $25pp

***DECEMBER 17 (THURSDAY): BOOK CLUB BREAKFAST

□ attend □ add to wait list

***DECEMBER 18 (FRIDAY): DAY TRIP – CHRISTMAS IN THE AIR SHOW AT BEAU RIVAGE

□ attend □ add to wait list □ pay by check #_____ □ pay by credit card (call in) $135pp

***DECEMBER 22 (TUESDAY); SOUTH SHORE 2027 PROGRAMMING PLANNING SESSIONS

Morning Session: □ attend □ add to wait list
Afternoon Session: □ attend □ add to wait list

South Shore Registrations should be mailed to:
Ochsner 65Plus Clinic – Golden Opportunity – 7060 Veterans Memorial Blvd. – Metairie, LA 70003

Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.