



MAY 2026 REGISTRATION - SOUTH SHORE REGION
*****EVENT REGISTRATION BEGINS APRIL 13 at 8:00am**
REGISTRATION REQUIRED FOR ALL EVENTS!
Golden Opportunity, Celebrating 26 Years of Healthy Lifestyles

NAME: _____ PHONE: _____ DATE _____

STREET ADDRESS _____ CITY: _____ STATE _____
 ZIP _____

Important Notes: If you wish to register for an event requiring a fee, please check availability before submitting a check.
 Please note all fees are non-refundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

*****MONDAY & WEDNESDAY: HEALTH, WELLNESS, AND MOVEMENT**

May 4: attend May 6: attend May 13: attend May 18: attend May 20: attend
 May 25: attend May 27: attend

*****MAY 4 (MONDAY): SKINCARE LUNCH & LEARN**

attend add to wait list

*****MAY 5 (TUESDAY): HABANERO'S RESTAURANT - CINCO DE MAYO – VIVA LA FIESTA**

attend add to wait list

*****MAY 11 (MONDAY): INSPIRING HEALTHY LIVES - CHEF NINO**

attend add to wait list

*****MAY 14 (THURSDAY): DAY TRIP – FISHING VILLAGES, FORGOTTEN CULTURES, AND COASTAL CUISINE ALONG THE GREAT MISSISSIPPI**

attend add to wait list pay by check _____ pay by credit card (call in) \$135pp

*****MAY 15 (FRIDAY): SOUTH SHORE “LIMERS” SOCIAL**

attend add to wait list

*****MAY 29 (FRIDAY): BOOK CLUB BREAKFAST AT CAFFÉ LATTE DA**

attend add to wait list

South Shore Registrations should be mailed to:
Ochsner 65Plus Clinic – Golden Opportunity – 7060 Veterans Memorial Blvd. – Metairie, LA 70003

****Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.****

All trips are non-refundable. Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.