

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ DATE: \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**Important Notes:** If you wish to register for an event requiring a fee, please check availability before submitting a check.

Please note all fees are nonrefundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

**\*\*\*EVERY MONDAY: BALANCE / STABILITY AND STRENGTH**

January 5: ☐ attend      January 12: ☐ attend      January 26: ☐ attend

**\*\*\*EVERY WEDNESDAY: BALANCE / STABILITY AND STRENGTH**

January 7: ☐ attend      January 14: ☐ attend      January 21: ☐ attend      January 28: ☐ attend

**\*\*\*JANUARY 6 (TUESDAY): 2026 CALENDAR PLANNING MEETING**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 9 (FRIDAY): 2026/2027 EXTENDED TRAVEL MEETING**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 13 (TUESDAY): TECHNOLOGY TUESDAY**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 16 (FRIDAY): MONTHLY BIRTHDAY & ANNIVERSARY CELEBRATION**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 20 (TUESDAY): ZEA ROTISSERIE & BAR (KENNER LOCATION)**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 23 (FRIDAY): SETTING SMART GOALS**

☐ attend      ☐ add to wait list

**\*\*\*JANUARY 24 (SATURDAY): SAENGER THEATRE – HADESTOWN**

☐ attend      ☐ add to wait list      ☐ pay by check # \_\_\_\_\_      ☐ pay by credit card (call in)      \$135pp

**\*\*\*JANUARY 30 (FRIDAY): BOOK CLUB BREAKFAST AT CAFÉ LATTE DA**

☐ attend      ☐ add to wait list

**South Shore Registrations should be mailed to:**  
**Ochsner 65Plus Clinic – Golden Opportunity – 7060 Veterans Memorial Blvd. – Metairie, LA 70003**

**\*\*Fees must be received within 7 days of making the reservation to confirm your seat. If not received, another member will fill your seat. We accept cash, check, or credit card payments. Please check availability with the GO office before mailing a check and send separate checks for events. **RSVP IS REQUIRED FOR ALL EVENTS.****

**All trips are non-refundable.** Every attempt will be made to sell your seat to someone on the wait list if you need to cancel. **YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** Members must use transportation services provided by GO for day trips, road trips, and extended trips. GO is unable to accommodate trip modification requests by GO members.