

SEPTEMBER 2025 REGISTRATION - SOUTH SHORE REGION
*****EVENT REGISTRATION BEGINS AUGUST 11 at 8:00am**
REGISTRATION REQUIRED FOR ALL EVENTS!
Golden Opportunity, Celebrating 25 Years of Healthy Lifestyles

NAME: _____ PHONE: _____ DATE: _____

STREET ADDRESS _____ CITY: _____ STATE _____ ZIP _____

Important Notes: If you wish to register for an event requiring a fee, please check availability before submitting a check.

Please note all fees are nonrefundable.

1. If an event requires payment by check please submit separate checks for events unless otherwise stated.
2. Ochsner GO has the right to limit all program activity participation to members only.
3. All GO events are subject to change and GO has the right to adjust events without formal notice.

***** SEPTEMBER 2 (TUESDAY) BALANCE AND STABILITY EXERCISES TO PREVENT FALLS**

☐ attend ☐ add to wait list

*****SEPTEMBER 4 (THURSDAY): WEST BATON ROUGE MUSEUM & GRANDMOTHER MARGUERITE'S TRUNK**

☐ attend ☐ add to wait list pay by check # _____ ☐ pay by credit card (call in) \$115pp

*****SEPTEMBER 9 (TUESDAY): GETTING READY FOR MEDICARE**

☐ attend ☐ add to wait list

*****SEPTEMBER 9 (TUESDAY): - HEARING HEALTH AND SCREENINGS**

☐ attend ☐ add to wait list

*****SEPTEMBER 11 (THURSDAY): ORMAND MANOR RESTAURANT**

☐ attend ☐ add to wait list

*****SEPTEMBER 12 (FRIDAY): HEARING LOSS AND DEMENTIA – EXPLORING THE CONNECTION**

☐ attend ☐ add to wait list

*****SEPTEMBER 14 (SUNDAY): WAITRESS MUSICAL AT JEFFERSON PERFORMING ARTS CENTER**

☐ attend ☐ add to wait list ☐ pay by check # _____ ☐ pay by credit card (call in) \$50pp

*****SEPTEMBER 25 (THURSDAY): BOOK CLUB BREAKFAST AT CAFFE LATTE DA**

☐ attend ☐ add to wait list

*****SEPTEMBER 30 (TUESDAY) DAY TRIP – ART & ANTIQUES, FRAGRANCE & FLAVORS**

☐ attend ☐ add to wait list ☐ pay by check # _____ ☐ pay by credit card (call in) \$190pp

ANNOUNCEMENTS:

Fees must be received within 7 days of making the reservation to confirm your seat. If not received, you will forfeit your reservation. **All trips are non-refundable.** Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel. **REGISTRATION IS REQUIRED FOR ALL EVENTS. YOU ARE NOT SCHEDULED FOR THE EVENT UNTIL PAYMENT IS RECEIVED.** We accept cash, check, or credit card payments.

South Shore Registrations should be mailed to:

Ochsner 65Plus Clinic – Golden Opportunity – 7060 Veterans Memorial Blvd. – Metairie, LA 70003