

May Events Registration Day: April 8, 2019

We cannot register you before registration day. Registration begins @ 9:00 a.m. online at <https://ochsner.force.com>, in our office or by phone. You must register for paid and non-paid events. If you do not have access to a computer, we can register you for events. If you can't come into our office on registration day, call, leave a message stating your name, phone # and events you want to register for and mail in your payment. Payments by check must be received no later than 7 days from the date you register. A separate check must be written for each event. **If payment is not received in 7 days from the date you registered, your registration will be cancelled & those on the waiting list will be given the opportunity to attend. Please do not sign up for the same event twice, (yourself and another person).**

April 12th: Lighthouse Louisiana Tour (Vision & Hearing)/Superior Seafood & Oyster Bar (Lunch on your own) – Main Campus

\$7.00 per person (bus transportation only) Departure: 8:00 a.m. – Ochsner River Road

May 2nd: Members' Monthly Meeting – Main Campus and Kenner

10:00 a.m. – 11:30 a.m. – Lejeune Conference Room – 2nd Floor after exiting the parking garage elevator

May 7th: Members' Monthly Potluck – Main Campus (Each participating member must bring a prepared or store purchased dish or dessert to share with members during the event)

12:00 p.m. – 1:30 p.m. – Caldwell Conference Room - 2nd Floor after exiting the parking garage elevator

May 8th: Shopping & Lunch (On Your Own) – Downtown Ocean Springs, MS

\$23.00 per person (includes transportation only)

Departure: 8:30 a.m. – Ochsner Kenner

Departure: 9:00 a.m. – Ochsner River Road

May 14th: Monthly Potluck/Monthly Meeting – LaPlace – (Each participating member must bring a prepared or store purchased dish or dessert to share with members during the event)

12:00 p.m. – 1:30 p.m. – Ochsner LaPlace – 300 Rue de Santé, 3rd floor

May 21st: Seminar – “Conversations Change Lives”

Presented by: Kathy Jo Carstarphen, MD, MPH

10:00 a.m. – 11:30 a.m. – Center for Primary Care & Wellness - Camellia Conference Room

May 25th: Greek Festival – Holy Trinity Greek Orthodox Cathedral

\$7.00 per person (transportation only) Admission \$8.00 payable at the gate

Wear comfortable shoes and clothing. Bring your folding chair.

Departure: 9:00 a.m. Ochsner Kenner

Departure: 9:30 a.m. Ochsner River Road

Return: 3:00 p.m. Ochsner River Road

Return: 3:30 p.m. Ochsner Kenner

SEE REVERSE FOR UPCOMING EVENTS

All GO events are subject to change. Ochsner Golden Opportunity has the right to adjust events without formal notice. All events are non-refundable (includes the \$7.00 Ochsner bus fee) except when someone is on the waiting list to take your place. Golden Opportunity has to guarantee payment to vendors for most events.

UPCOMING EVENTS FOR 2019

5th Men's Health Expo – June 15, 2019 (flyer will be distributed with June Calendar)

Canadian Rockies – August 6-14, 2019

Grand Canyon – September - 23 -26, 2019

Branson – October 21-26, 2019

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New Office Hours:
8:30 a.m. – 4:00 p.m.
(Lunch 12:30 p.m. – 1:30
p.m.)

Brent House Reservations: Call Brent House Reservations (504-835-5411) for discounted room rates for Golden Opportunity current members.

<http://www.ochsner.org/health-resources/golden-opportunity-a-50-lifestyle-program> -
to view all Regions' Calendars of Events and to download an application

(GO) Dedicated Phone Line - A dedicated telephone line has been set up with the Ochsner Scheduling Department for Golden Opportunity Members only, to expedite scheduling of medical appointments, please don't call with questions regarding GO events, call the GO Office. The telephone number is: 504-842-6538. Please use the dedicated line for scheduling appointments; it has helped members to get an accessible appointment.