September 4 (Wednesday): **GO MONTHLY GROUP MEETING “LUNCH WITH ALICE”**

Theme: New Orleans Saints – Wear your Black & Gold! • Menu: Hamburger Steak, Mashed Potatoes, Green Peas, Garlic Rolls, Salad, and Ice Cream with Crème de Menthe. NO menu substitutions. New Orleans Ladies Ballroom, 1771 Stumpf Blvd, **Terrytown**. Doors open at 10:15 a.m. Lunch served at 12:15.

**FOOD BANK DONATIONS & COUPONS FOR TROOPS WILL BE ACCEPTED. “NIGHT BEFORE, PUT IT BY THE DOOR!!”**

11:00am to 2:00pm  
Limit of 160 attendees

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September 5 (Thursday): **CITY PARK’S THURSDAYS AT TWILIGHT BUS TRIP**

**Ladies of Soul**: Naydja Cajoe, Rachelle Cook, and Sharon Martin will sing Motown, jazz, rhythm & blues, and familiar New Orleans tunes. Bus departs at 3:30pm. Meet in front of the River Room at Ochsner Medical Center-West Bank, 2500 Belle Chasse Blvd, **GRETNA**. Park in the 3rd parking lot.

3:30pm to 8:45pm  
Limit of 30 attendees

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September 12 (Thursday): **LUNCH AND LEARN**

Elisecia Brown FNP-BC will give a presentation on the topic of *How Technology is Changing Health Care* at the Ochsner Medical Center-West Bank, River Room, 2500 Belle Chasse Blvd, **GRETNA**. Doors open at 9:30am. Meal served at 11:15am.

10:00am to 12:00pm  
Limit of 50 attendees

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September 12 (Thursday): **CITY PARK’S THURSDAYS AT TWILIGHT BUS TRIP**

Wanda Rouzan and a Taste of New Orleans: One of the Crescent City’s premier musical ambassadors, Wanda Rouzan and her band have toured the United States and the world. Bus departs at 3:30pm. Meet in front of the River Room at Ochsner Medical Center-West Bank, 2500 Belle Chasse Blvd, **GRETNA**. Park in the 3rd parking lot.

3:30pm to 8:45pm  
Limit of 30 attendees

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September 18 (Wednesday): **PITOT HOUSE & WILLIE MAE’S SCOTCH HOUSE BUS TRIP**

Built in 1799 on Bayou St. John, the Pitot House is one of the few West Indies style houses left in Louisiana. Lunch is on your own at Willie Mae’s. Ms. Willie Mae Seaton was honored with the prestigious James Beard Award for “America’s Classic Restaurant for the Southern Region.” The restaurant, established in 1957, was also recognized by the Food Network and the Travel Channel as “America’s Best Fried Chicken”. Bus departs at 9:00am. Meet in front of the River Room at Ochsner Medical Center-West Bank, 2500 Belle Chasse Blvd, **GRETNA**. Park in the 3rd parking lot.

9:00am to 4:00pm  
Limit of 30 attendees

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October 2 (Wednesday): **MONTHLY GROUP MEETING “LUNCH WITH ALICE”**

Theme: Halloween: Costume Contest • Menu: Fried Fish, Macaroni & Cheese, Green Beans, Bread, Cole Slaw, & Bread Pudding. NO menu substitutions. New Orleans Ladies Ballroom, 1771 Stumpf Blvd, **Terrytown**. Doors open at 10:15 a.m. Lunch served at 12:15.

**FOOD BANK DONATIONS & COUPONS FOR TROOPS WILL BE ACCEPTED. “NIGHT BEFORE, PUT IT BY THE DOOR!!”**

11:00am to 2:00pm  
Limit of 160 attendees
EVENT REGISTRATION for new events*** BEGINS August 19 – 10:00 a.m. the cloud!

October 13 (Sunday): **THE ROCKY HORROR SHOW**  
In this cult classic, sweethearts Brad and Janet, stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocker biker and a creepy butler. Through elaborate dancers and rock songs, Frank-K-Furter unveils his latest creation: a muscular man named “Rocky.”  
**This is a self-drive event. Westwego Performing Arts Theatre (reserved seating), 177A Sala Avenue, WESTWEGO, 2:00pm.**

**CHRISTMAS TOUR ROAD TRIP**
Highlights in **Georgia** include Calloway Gardens, Sibley Center, and Fantasy in Lights. In **Asheville, North Carolina**, highlights include a Candlelight Tour, Winery Tour, and Christmas Luncheon at the Biltmore Hotel. Next, travel through the Appalachian Mountains to the Oglebay Resort in **Wheeling, West Virginia** to enjoy a Christmas Dinner, Caroling, a tour of the 1846 decorated Mansion, Glass Museum, Centre Market, and the Winter Fantasy in Lights. In **Kentucky**, tour Louisville Stoneware Company and make an ornament and visit the Louisville Slugger Museum & Factory.  
**$150 deposit. Final Payment due Sept. 9, 2019**  
Price per person: Single $1998, Double $1584, Triple, $1348, Quad $1258  
Make payments to Trips Unlimited (504-340-8747 or 800-542-8785).

**MARK YOUR CALENDAR: UPCOMING EVENTS**
October 10 (Thursday) Lunch and Learn  
October 10 (Thursday) Thursdays at Twilight: New Orleans Mystics  
October 11 (Friday) Bayou Haven in Slidell  
December 6 (Thursday) GO MONTHLY GROUP MEETING (PLEASE NOTE DAY CHANGE)

**ANNOUNCEMENTS:**
**Coupons for Troops** - Military families stationed overseas buy their groceries from the commissary on base. They will accept coupons up to six months after the expiration date. They must state "Manufacturer's Coupon" on them. Food, baby supplies and household items are needed.  
**Go to [https://ochsner.force.com](https://ochsner.force.com) to register for events and pay with credit card online. Walk in’s, check or credit card payments are taken in the office. A separate check must be written for each event. Add the name of the event on the check and do not send an address label or a stamped envelope. RESERVATIONS ACCEPTED ON A FIRST COME, FIRST SERVE BASIS.**  
**All trips are non-refundable. Every attempt will be made to sell your seat to someone on the waiting list if you need to cancel.**

****Need help with the Cloud? Contact our office to make an appointment! ****

**Dear Members,**

**Thanks for all your prayers and gifts. Your generosity has been overwhelming. Words cannot express the gratitude that I have for the things that you do.**

**Sincerely,**

Alice Nelson-Jones

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**Sign up on the Cloud – [https://ochsner.force.com](https://ochsner.force.com)**
View all GO regions’ activities  
Register for events online  
Pay for events online  
Receive a text/email confirming registration  
Be placed on a wait list if events are full  
Pay online for membership renewals

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